

# 'Tyaktena Bhunjithā'

– Give More. Take Less –



## Sustainability Report 2022–23



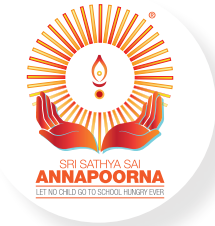


# *‘Tyaktena Bhunjithā’*

– Give More. Take Less –



## Sustainability Report 2022–23



“It’s up to us, those who were privileged to have education, shelter, a good job, good income and security, to help others in need. This is the way we can build better societies.”

- Sadguru Sri Madhusudan Sai



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# FOUNDER'S MESSAGE

## **'sahavīryam karavāvahai' – May We Work Together!**

The world today is divided between haves and have-nots more deeply than ever before. On one side, the world has never been as rich as it is today with world GDP around 100 trillion dollars and expected to double in another 25 years or so; on the other side, still basic necessities of life like food, water and shelter elude over 700 million people. The consumption-driven economies dominated by haves while contributing to the global growth, are also creating fissures that are hard to fill for the languishing have-nots. Less than 30% of women are represented in the global workforce and more than 250 million children are out of school, to highlight a few.

This apart, the world GDP growth also poses a threat to natural resources and the planet at large. We use up natural resources and dump waste at a rate that exceeds the Earth's capacity by around 75%. The world's oceans will be emptied for seafood if we keep going as we do today. The world's rain forests will be gone in less than 100 years if the rate of deforestation continues. The average global temperature is constantly increasing, leading to change in weather patterns and extinction of species and many more such issues are in the offing.

### **What is the solution?**

Firstly, putting planet before progress and secondly, placing people above profits is the way forward. Development that is sustainable comes from giving more than what we take from nature, thus replenishing natural resources faster for our shared future. At the same time, development must focus to ensure equitable growth for all by bridging the gap between the haves and have-nots. While the first one ensures sustainability of the planet and its inhabitants by addressing climate change issues, the second one ensures sustainability of human societies through harmony and social justice.

### **How can it be done?**

Only through the active participation of all sections of the society across the globe, can this be achieved. Governments alone, especially those of the developing world which need to grow to provide for their people, cannot achieve it. They need the participation of the civic bodies and the people at large. I call it the tripod model of - *Sarkār, Samāḡ and Samsthā* – Government, Society and Social Organisations.

Here at our Organisation, we are consciously working to create a sustainable future for all by addressing 7 of the 17 SDGs, as described in this report. From education, food, energy, health, poverty alleviation and gender parity—in our own way, we are reaching out to the needy at the grassroots.

We invite you to join hands with us to achieve the SDG targets, one village, one town and one country at a time, and it all begins here with us working towards it together – *sahavīryam karavāvahai* as our scriptures teach us.

**Sadguru Sri Madhusudan Sai**

Humanitarian and Philanthropist spearheading the global mission of  
free nutrition, free education and free healthcare

# SUSTAINABILITY GOVERNANCE

Governance is a matter of awareness, commitment and concern. Being aware of our aspirations, committed to our values and concern for all goes a long way in empowering others and in the bargain our own selves.

Sustainability, being a value by itself, helps in manifold ways when it is governed with values. To govern and bring best practices—an internal Advisory Board consisting of members who have themselves committed to the values of sustainability was constituted.

## OBJECTIVES OF THE ADVISORY BOARD

- Providing strategic assistance to develop sustainable practices
- Documenting, monitoring and reporting best practices of sustainability
- Extending support through guidance and directions in various facets of operations

## THE ADVISORY BOARD

- **Sadguru Sri Madhusudan Sai**  
Chair
- **Ms Bhuvana Santhanam**  
CEO - Global Outreach, Prashanthi Balamandira Trust
- **Dr Satish Babu MD MRCP CCST (London)**  
Endocrinologist and Associate Professor  
Sri Madhusudan Sai Institute of Medical Sciences and Research
- **Mr Anand Kumar Kadali**  
Trustee and Secretary, Sri Sathya Sai Annapoorna Trust

# THOUGHTS FROM OUR ADVISORY BOARD



## **Sadguru Sri Madhusudan Sai**

*"When Mahatma Gandhi was asked by an impatient journalist to summarise his philosophy of life in just three words, he quoted these three words from the Īśopanisad and said, 'tena tyaktena bhuñjīthā' – consume with sacrifice. When we sacrifice first and consume later when we give more and take less, we become sustainable as a society, as a planet, and as a human race."*



## **Ms Bhuvana Santhanam**

*"Driving positive change and integrating sustainable practices into our culture, operations, and decision-making processes, is part of our sustainability strategy. We believe that this can help us operate more efficiently by reducing waste, optimising resource use, and lowering costs. We are here to identify, learn and adapt for continuous improvement in well-rounded solutions and plan of action."*



## **Dr Satish Babu**

*"'vaidyo nārāyaṇo hariḥ' – a doctor is equivalent to God. But in our healthcare institutions, the patients are equivalent to God. The ultimate goal of all our efforts must be to ensure that every mother, every child, every adult who walks into our hospitals, goes back not only cured in the body, but healed in their hearts of all the past rejection and pain, radiate more love, joy, and gratitude, thereby contributing to the society in a positive way."*



## **Mr Anand Kumar Kadali**

*"Collaborations through external stakeholders to foster partnerships and garner support for sustainability efforts, has been the way we have operated to advance sustainability goals and maintain a cohesive approach. By encouraging innovative approaches to sustainability, exploring new avenues, and practices that align with the our goals is our continuous effort."*

# OUR HUMAN CAPITAL: EMBEDDING SUSTAINABILITY IN OUR PEOPLE

With an aim to consistently enhance our sustainability efforts, we align our teams across the verticals to help them incorporate sustainability into their everyday functions. We are committed to make a positive difference in the society through our initiatives, and the component of compassionate acts in all that we do every day is the foundation of our approach.

Sri Madhusudan Sai encourages all to embrace and embody the idea of kindness and compassion in the spirit of 'One World One Family', to ensure happy, healthy and sustainable lives for all. This idea of mutual understanding, care, concern and sacrifice is the idea of a family. And, if we can think of the whole world as one family, then these are the ideals that need to be followed by all. This one world that we all share as eight billion people living in 200+ countries, must be one home to all, where all have equal rights and opportunities to live and grow together as one family.

We abide by the Ten Principles enshrined in the United Nations Global Compact which are derived from - Principles of the United Nations Global Compact are derived from: the Universal Declaration of Human Rights, the International Labour Organization's Declaration on Fundamental Principles and Rights at Work, the Rio Declaration on Environment and Development, and the United Nations Convention Against Corruption. The Ten Principles fall under four broad areas - Human Rights, Labour, Environment and Anti-Corruption.



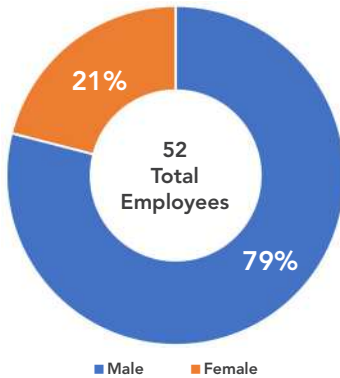
## THE HEADCOUNT AS AT 31 MARCH 2023

### NUTRITION

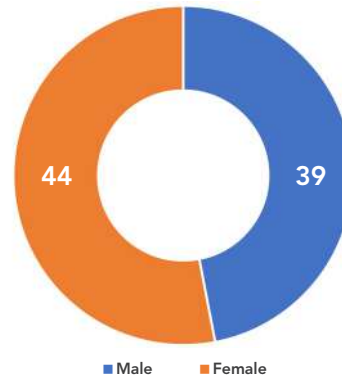
#### SRI SATHYA SAI ANNAPOORNA TRUST

Headcount	Male	Female	Total
Total Employees	41	11	52
Total Volunteers	439	236	675

HEADCOUNT BY GENDER



AVERAGE AGE BY GENDER

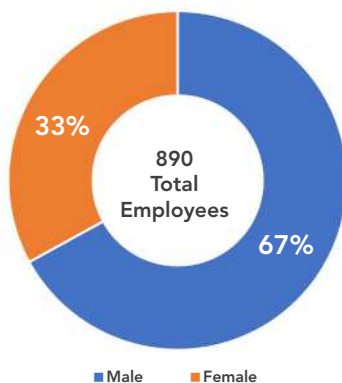


### EDUCATION

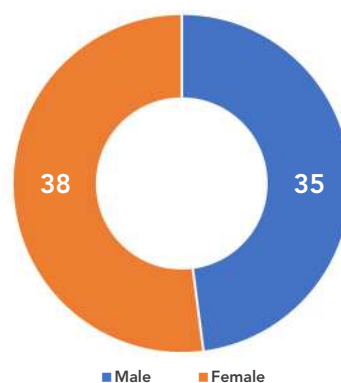
#### PRASHANTHI BALAMANDIRA TRUST

Headcount	Male	Female	Total
Total Employees	594	296	890
Total Teaching Staff	186	82	268
Total Non-teaching Staff	408	214	622
Total Volunteers	50	25	75

HEADCOUNT BY GENDER



AVERAGE AGE BY GENDER

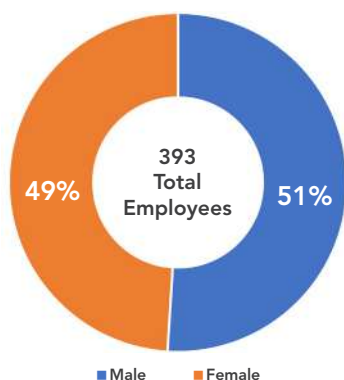


\* Headcount includes all Educational Campuses

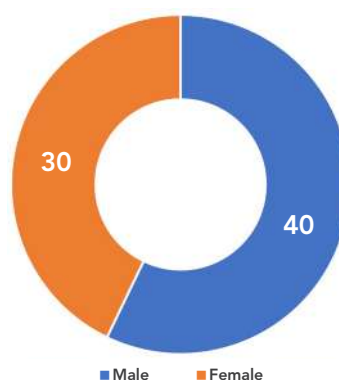
## SRI MADHUSUDAN SAI INSTITUTE OF MEDICAL SCIENCES AND RESEARCH

Headcount	Male	Female	Total
Total Employees	201	192	393
Total Doctors (Non-Teaching)	49	23	72
Total Doctors (Teaching - Professor/Asst. Professor)	12	18	30
Total Nurses and Paramedics	56	109	165
Total Others	84	42	126
Total Volunteers	10	11	21

HEADCOUNT BY GENDER



AVERAGE AGE BY GENDER



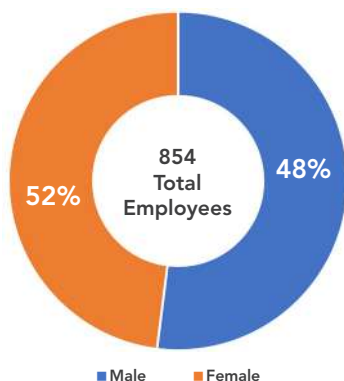
\* Headcount includes teaching hospital - Sri Sathya Sai Sarla Memorial Hospital

## HEALTHCARE

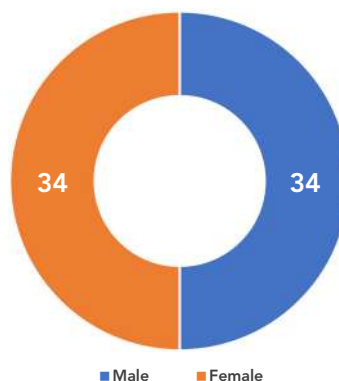
### SRI SATHYA SAI SANJEEVANI HOSPITALS

Headcount	Male	Female	Total
Total Employees	414	440	854
Total Volunteers	7	12	19

HEADCOUNT BY GENDER



AVERAGE AGE BY GENDER

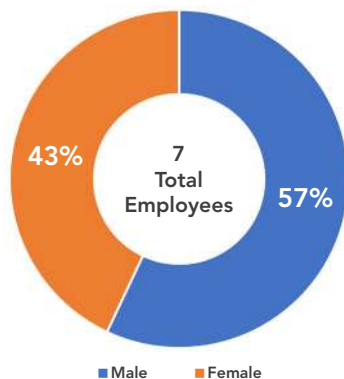




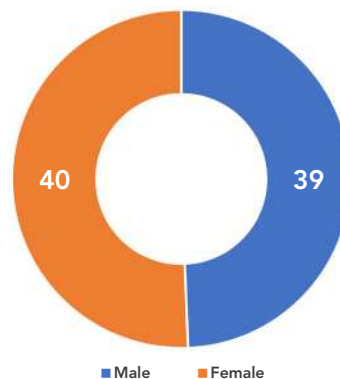
## SRI SATHYA SAI SANJEEVANI RESEARCH FOUNDATION

Headcount	Male	Female	Total
Total Employees	4	3	7

HEADCOUNT BY GENDER



AVERAGE AGE BY GENDER

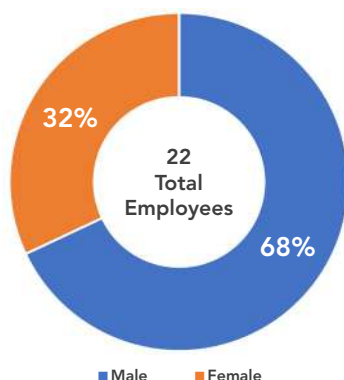


The Foundation employs only full-time staff

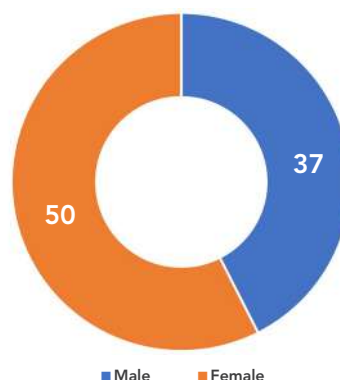
## SRI SATHYA SAI AROGYA VAHINI TRUST

Headcount	Male	Female	Total
Total Employees	15	7	22
Total Staff	8	2	10
Total Doctor	7	5	12
Total Volunteers	52	26	83

HEADCOUNT BY GENDER



AVERAGE AGE BY GENDER



# OUR STAKEHOLDER ENGAGEMENT

## Stakeholder Engagement

Our stakeholder engagement is varied, ranging from informal dialogues to specific collaborations and partnerships. As an important element of our equality and human rights approach, we engage in ongoing and strategic dialogues.

Sri Madhusudan Sai says, *"In a world that is rapidly getting polarised, politically, socially, economically, and between the haves and have nots where the divide is growing by the day, there is a great need for partnership; to work together with everyone from all sections of society, or what I call - the tripartite model of Sarkār (Government), Samāj (Society at large which includes corporates), and Samsthā (social service organisations which work at all times for the welfare of the last and least). It is important to find ways to find the right kind of partners in every aspect."*

Our stakeholders include our students, patients, employees, corporate associations and industry initiatives, vendors, CSR partners, philanthropists, like-minded individuals, and governments. We constantly listen to their valuable insights and incorporate them in our day to day activities.



## ABOUT THIS REPORT

### Reporting Period and Scope

Our Sustainability Report 2022-2023 elucidates our activities for the calendar year ending March 31, 2023. We operate consciously across the three verticals through the various Trusts and Foundations in India, with a commitment to provide value across every facet of activity, and our sustainability objectives are aligned to this value proposition.

### Our Promise

We are here to continually seek ways to identify gaps and work towards a more equitable society which will live with dignity and confidence.

We believe that collective action is the way forward, and it is imperative for three stakeholders to come together - *Samāj* (Society), *Sarkār* (Government) and *Samsthā* (Institutions). This has been our way of working, and the impactful outcomes speak for themselves. Through collaborations and partnerships, we have also taken up the task to create a more socially responsible society, while not compromising on safety, security, integrity and ethics.

# NUTRITION

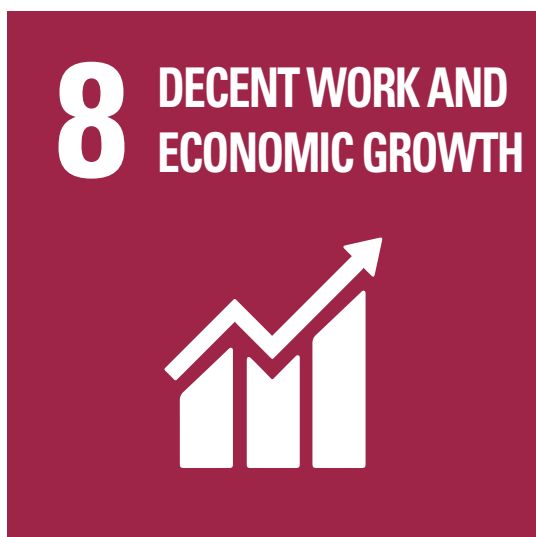


*Let*  
**NO**  
**CHILD**  
**GO TO**  
**SCHOOL**  
**HUNGRY**  
**EVER!**

# NOURISHING CHILDREN WITH A BALANCED NUTRITION FOR A FLOURISHING FUTURE

Annapoorna Trust's Morning Nutrition programme offers *anna* or food to make children *pūrṇa* – wholesome and perfect. Healthy, perfect, and happy children make a happy world.

## UN SDGs ALIGNED



## PATRONS SPEAK



### **Dr Shalini Rajneesh – Additional Chief Secretary at Planning Department - Government of Karnataka**

*"Previously while working in the Education department, a formal Memorandum Of Understanding (MoU) with the Karnataka State Government was signed with Sri Sathya Sai Annapoorna Trust, which permitted the implementation of Annapoorna Morning Nutrition Programme. This has made me extremely happy since the tasty and highly nutritious SaiSure health mix augments the milk (Ksheera Bhagya Scheme) provided by the government in the schools as part of their mid-day meals, making it a wholesome drink for the children. SaiSure has provided nutritional value to the child's development and enabled them to grow physically & mentally while receiving formal education. Along with Sathya Sai Annapoorna Trust, Anganwadi and local self-help groups have come forward in spreading awareness of proper usage of SaiSure product among pregnant women, toddlers, and children. This is an enabler for healthier society."*



### **Mr A Balasubramanian – Managing Director and Chief Executive Officer, Aditya Birla Sun Life AMC Limited**

*"The way the Annapoorna Morning Nutrition Programme started and the way it has progressed in the last few years is something amazing to note. Clearly, this programme is benefitting school-going children in a big way. Hence, participation from the larger community across all levels of society, will be of extreme importance to take this initiative to greater heights for spreading more generosity and well-being."*



### **Dr Tamilisai Soundararajan – Governor of Telangana and Lieutenant Governor of Puducherry**

*"I believe nutritional food is required for children to study well and score good marks. According to research, children of well-to-do families get food that is rich in nutrients in the right proportion, but this is not available for every other child. Especially for those who are poverty-stricken, this nutritional powder (SaiSure) would be beneficial in providing the necessary vitamins for the child's development. This is the prime reason for us to come forward to take up this initiative. The New National Education policy takes forward education, culture & health together. I also wish to extend this initiative to pregnant women in the coming days."*



# BRIDGING THE GAP

## EMPOWERING CHILDREN THROUGH BREAKFAST



### Vision

Gramodharan, Gramaparivartan (Rural Upliftment, Rural Transformation)



### Mission

To invest in the needy and the rural through 'anna' (nutrition), 'akṣara' (education) and 'ārogya' (health), leading to the transformation of children, parents, community and volunteers



### Values

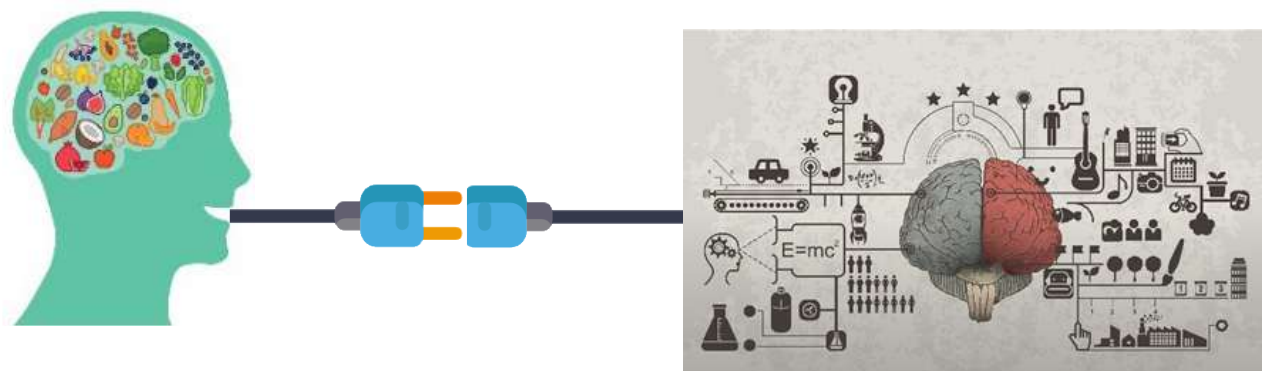
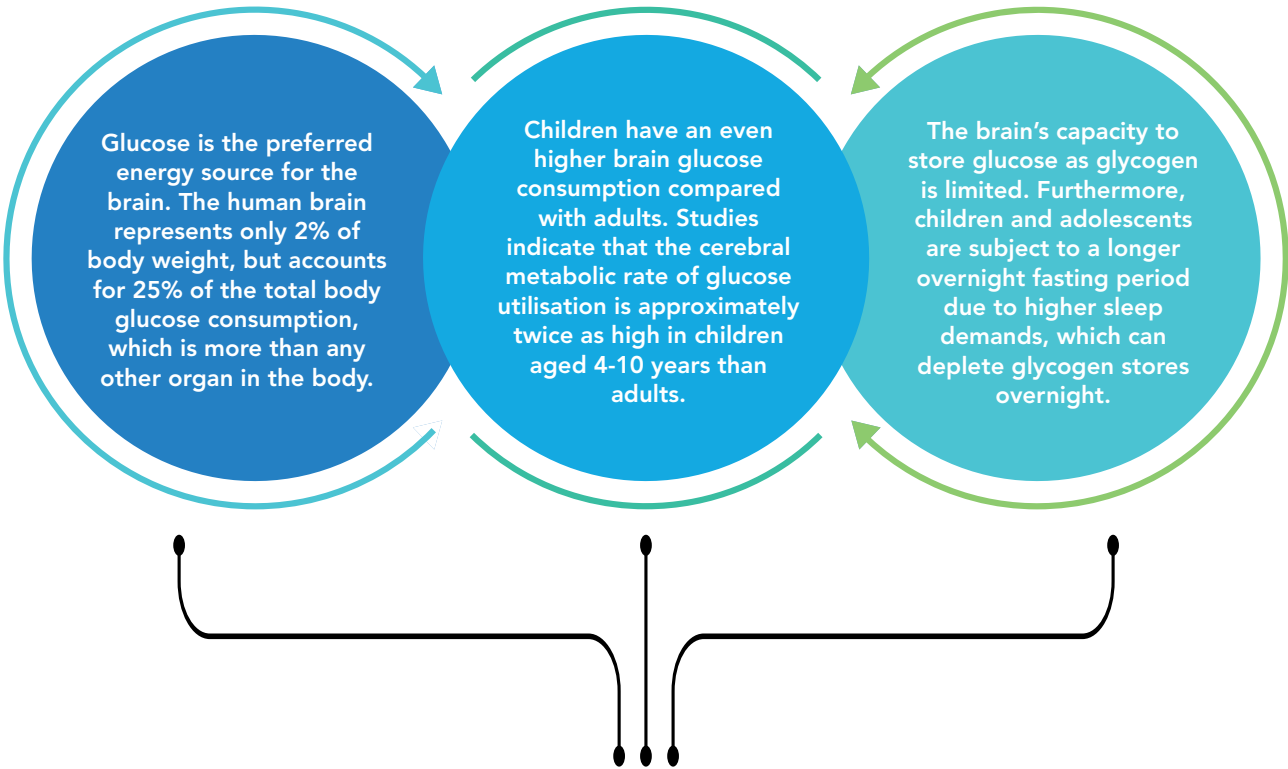
- ★ Team work: Love, Humility, Compassion, Commitment
- ★ Discipline: Process, Accountability, Quantitative Analysis, Impact, Outcomes
- ★ Transformation: Selfless service to humanity

### Objectives

- ★ To provide holistic healthcare interventions for the needy
- ★ To provide supplementary educational services to children and teachers
- ★ To network with individuals, institutions and industries
- ★ To provide volunteering opportunities for self-transformation
- ★ To align with the UN Sustainable Development goals and contribute towards healthy societies



# BREAKFAST AND THE BRAIN



**Therefore, Morning Nutrition is vital in providing adequate energy for the brain for school-going children.**



# FUELING THE FUTURE



## Did you know?

It is found that children who regularly eat breakfast have approximately 20-60% higher in nutrient levels (carbohydrates, lipids, proteins, water, vitamins, and minerals) as compared to children who do not consume breakfast.

# DOES EVERY CHILD OF OURS START THE DAY NOURISHED?

Unfortunately, not all children in India eat breakfast every morning. The issue of food insecurity and inadequate nutrition is prevalent in certain areas and among specific socio-economic groups in India. Various factors that contribute to this are:

- ★ Poverty
- ★ Lack of access to nutritious food
- ★ Cultural practices
- ★ Educational disparities

Despite state and central governments introducing schemes such as a mid-day meal programme to address this problem, much still needs to be done.

## All India Level

Child Nutrition indicators show a slight improvement in the following areas:

- ★ Stunting has reduced from 38.4% to 35.5%
- ★ Wasting has reduced from 21.0% to 19.3%
- ★ Underweight prevalence has reduced from 35.8% to 32.1%
- ★ In all phase-II States/UTs the situation has improved in respect of child nutrition. Still, the change is not significant as drastic changes in respect of these indicators are unlikely in a short span period
- ★ The share of overweight children has increased from 2.1% to 3.4%

Source: <https://pib.gov.in/PressReleasePage.aspx?PRID=1806601>



# INTRODUCTION TO SRI SATHYA SAI ANNAPOORNA TRUST

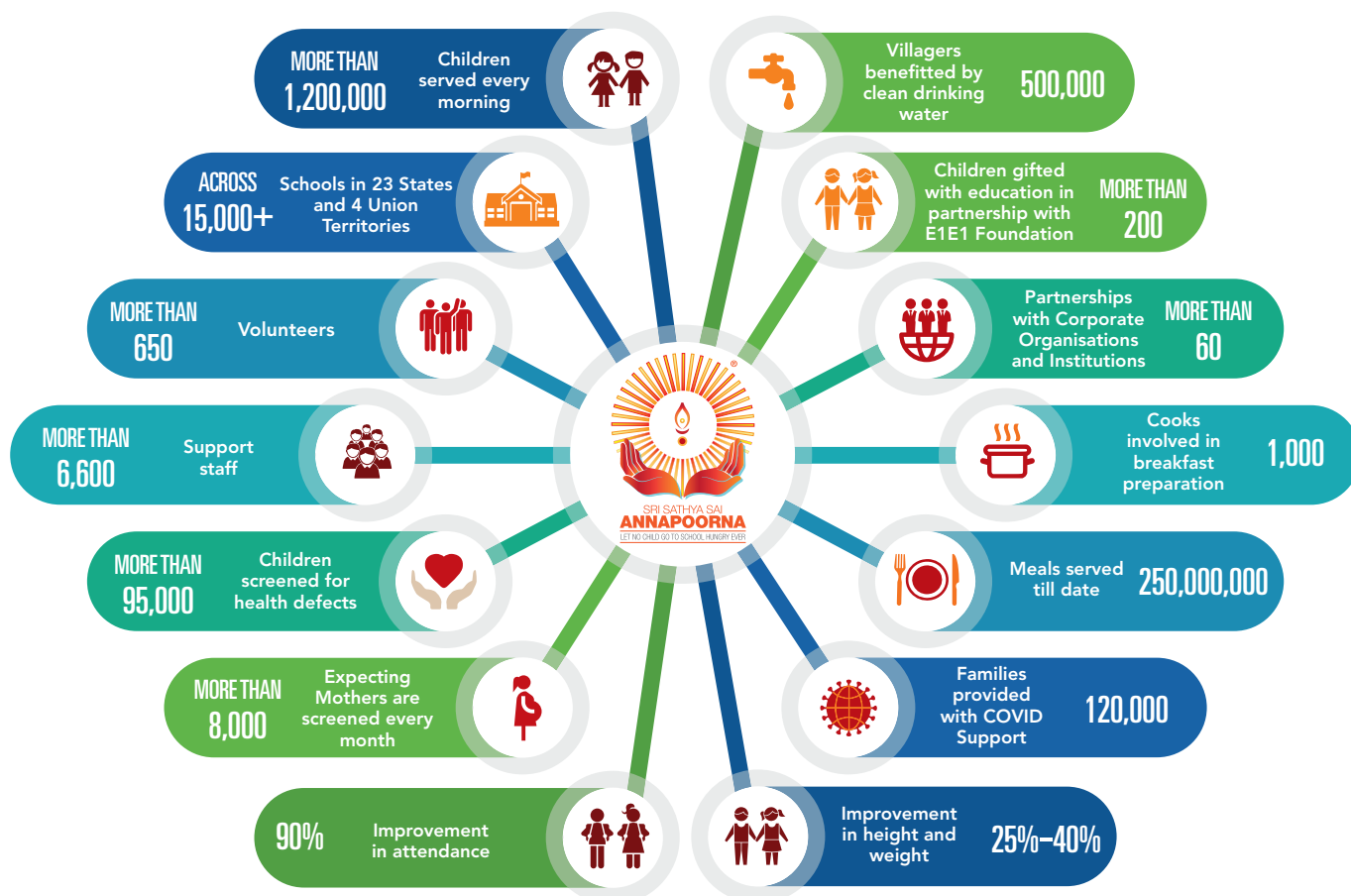


A charitable trust that was formed in November 2015 to pool resources for serving breakfast to school-going children at Government Schools in rural India and the disadvantaged sections of society. An initiative that started in **July 2012** with a handful of volunteers slowly and steadily expanded to a platform where more than **650 volunteers** have come together with the joy of serving children morning nutritious meals every day.

Breakfast plays a crucial role in a student's physical and mental well-being, academic performance, mood regulation, and overall development. Making breakfast a priority ensures students have the necessary energy and nutrients to excel academically and lead a healthy lifestyle.



# ANNAPOORNA TRUST'S OVERVIEW – COVERAGE SUMMARY



Statistics as of March 2023

## Modus Operandi

- ★ Annapoorna Trust operates through a decentralised model where the operations are taken care of locally by the government school's authorities and teachers
- ★ The local vendors of the concerned region are approached and leveraged for the supply of raw materials
- ★ Meals are prepared in the kitchen of the schools itself thereby removing the barrier of transport
- ★ The Annapoorna Trust formulates and executes policy decisions, maintains quality checks on food served, selects local vendors and cooks, interacts with volunteers, teachers, students, and school authorities, conducts regular health screening, works with village elders, gram panchayats, and local authorities
- ★ Largely volunteer-driven Organisation, where men and women from various walks of life come together for the benefit of society's children, most of whom are work probono





# BREAKFAST'S BOUNTY – IMPACT

The Annapoorna Trust has identified demonstrable positive effects of breakfast on previously undernourished children.

Healthy children are the building blocks of a healthy future in India. By serving a balanced and filling breakfast, we seek to meet the nutrition gap in children from rural India and disadvantaged sections of the society.



# CASE STUDY

## Breakfast Programme for Government School Students with Support from Narayana Health CSR and in Collaboration with Sri Sathya Sai Annapoorna Trust

In collaboration with Narayana Health CSR, Sri Sathya Sai Annapoorna Trust launched a morning breakfast program for government school children in rural areas. The collaboration embraced in schools in Vinayak Nagar namely, Ramohalli, Kethohalli, Subramanyapalya, and Chikkelluru, Bangalore (Karnataka).

### **NARAYANA HEALTH OVERVIEW:**

Narayana Health is headquartered in Bengaluru, India, and operates a network of hospitals across the country. The group now features over 5,859 operational beds through a combination of greenfield projects and acquisitions. Narayana Health brand is firmly embedded in its mission to deliver high-quality, affordable healthcare services to the broader population by leveraging economies of scale, skilled doctors, and an efficient business model.

### **STUDENTS BACKGROUND:**

The morning breakfast programme was introduced to 360 students, of which 178 are locals in the village and 182 were migrated students from different districts and States of India. Parents of these students work at construction sites, nurseries, and small industries. They draw daily wages to support their family; most live in rented houses. Due to the nature of work and salaries received, both parents must work to make ends meet. As such, parents cannot prepare breakfast for their children before they go to school. This caused many children to attend school without breakfast.

### **MEDICAL EXAMINATION:**

Narayana Health and Annapoorna Trust conducted basic health screening for the children. The health screening was done to test each child's height, weight, mid-arm circumference, and haemoglobin levels. A baseline and endline survey was done for each of the 360 students.

Baseline and Endline Survey Results for Body Mass Index and Haemoglobin

### **BODY MASS INDEX:**

Normal BMI Level 18.5 to 24.9, Overweight 25 to 29.9, underweight 12 to 18.4 and Obese 30 above

**Baseline Survey:** Out of 360 students screened, 87.7% (303 students) (below 18 BMI) were found to be underweight, 10.8 % (53 students) (18.5 to 24.9 BMI) normal weight, and 1.5 % (4 students) (25 to 29.9 BMI) overweight.

**Endline Survey:** Out of 360 students screened, 68.8% (248 students) (Below 18 BMI) were found to be Underweight, 30% (108 students) (18.5 to 24.9 BMI) Normal weight and 1.5% (4 students) (25 to 29.9 BMI) Overweight Students.

### **HAEMOGLOBIN:**

The normal haemoglobin for men is 12 to 17.5 gm/dl; for women, it is 12.0 to 16 gm/dl

**Baseline Survey:** Out of 360 employees screened, 62.5 % (225 students) (12 g/dl to 17) were found to have normal haemoglobin levels, 35.3% (127 students) 9 g/dl to 11.9 g/dl were found to be mild levels of anaemia. 1.7 % (6 students) (7 g/dl to 8.9 g/dl) were found to be a moderate level of anaemia. 0.5% (2 students) (below 7 g/dl) were found to be severe of anaemia.

**Endline Survey:** Out of 360 employees screened, 76.1 % (274 students) (12 g/dl to 17) were found to have normal haemoglobin levels, 22.2% (80 students) (9 g/dl to 11.9 g/dl) were found to be mild levels of anaemia. 1.1 % (4 students) (7 g/dl to 8.9 g/dl) were found to be a moderate level of anaemia. 0.5% (2 students) (below 7 g/dl) were found to be severe of anaemia.

### **CONCLUSION**

After seven months of the breakfast programme, it is shown that the number of students who are underweight there was a marked improvement.



# **SaiSure** NUTRITION - A BEACON OF HOPE TO MAKE INDIA MALNUTRITION-FREE

**Background:** Exactly five years ago, when the Organisation started a preventive care programme for expecting mothers and children, malnourishment was the key finding. Expecting mothers in their sixth or seventh month of their pregnancy weighed hardly 35-36 kgs. How could such mothers ever deliver healthy babies, was the thought. We learnt that our society was skewed in ensuring access to good nutrition for mothers and children in needy and underprivileged pockets. Majority of those living in rural India, somehow manage to get one or two square meals a day and fill their tummies with mostly carbohydrates. Essentials like protein, fats and other micro nutrients like Iron, Folic Acid, Calcium, etc are generally missing. This is where good quality nutritional supplements play an important role in bridging the nutritional gaps of our population at scale. In urban areas, the market is filled with a variety of nutraceutical products for every age group and the prices range between 500 - 1,500 INR per kg, making it unaffordable for the bottom of the pyramid market. The stark contrast in accessibility and affordability to nutritional supplements had to be addressed.

**An Audacious Dream:** A dream to ensure that every malnourished mother, child receives tasty, healthy, high quality nutritional supplements absolutely free of cost, was the vision of Sadguru Sri Madhusudan Sai. An innovative Multi Nutrient Supplement for expecting mothers, toddlers and children came into being - SaiSure. The difference between SaiSure in comparison to other supplements was that sugar was replaced with jaggery and millets were used extensively in the formulations. The goal was to ensure every child and mother gets 40-60% of key micronutrients in one serving.

**Today:** SaiSure is being served to almost 1.2 million beneficiaries in 15,000 schools and PHC's across the country. In line with the International Year of Millets, Ragi, Jaggery, Extruded Multi-millets are used as ingredients in all the formulations.

- ★ **SaiSure is FSSAI Licensed, FDA-approved, WHO-GMP-certified** manufacturing facility with the highest quality standards. The compositions have been **approved by CFTRI, Mysore and the State Food Laboratory, Bengaluru**

## **Distribution Platforms:**



- ★ **Annapoorna Morning Nutrition Programme** (at Government Schools)



- ★ **Divine Mother and Child Health Program** (at Primary Health Centres)

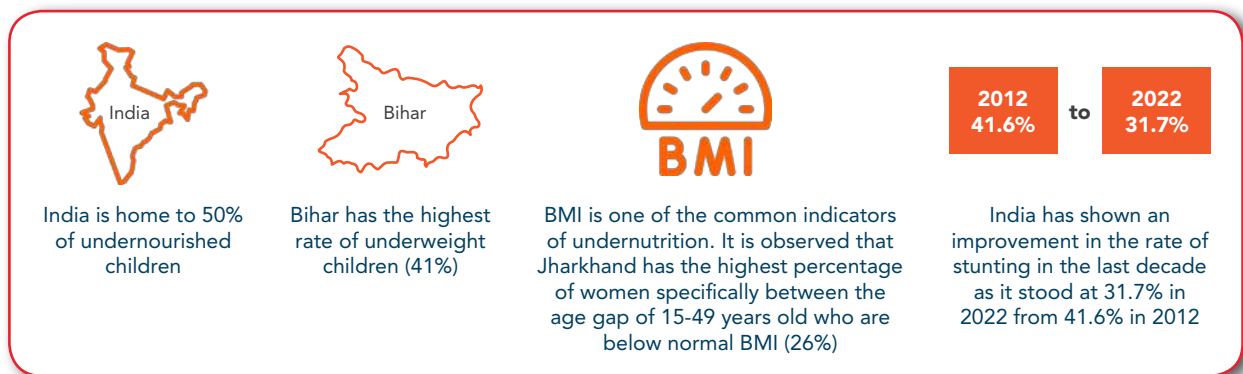




## Why it Matters?

The three main indicators of underweight and undernourishment levels as prescribed by WHO are:

1. Wasting - Children who are extremely underweight for their age and height can be a threat to their health and life.
2. Stunting - A child who is too short for his or her age due to chronic or recurrent malnutrition. The main cause for child mortality and delayed cognitive development.
3. Overweight - This is a complex overweight disorder when your children are above healthy weight and height.



Many have addressed the issue of nutritional gaps and have initiated several innovative programmes however they are directed towards solving the problem of hunger. The need of the hour is to also focus on the problem of hidden hunger and its effects on the mass.





# THE DEBUT OF SAISURE NUTRACEUTICAL MANUFACTURING FACILITY

A trailblazing six-floor nutraceutical manufacturing facility for 'SaiSure', was inaugurated at Sathya Sai Grama, Muddenahalli in the Chikkaballapur district of Karnataka, on 14 January 2023.



SaiSure Nutraceutical Manufacturing Facility Muddenahalli, Karnataka

## Fifth Floor - belt-Conveyer and Infeed hopper

Raw materials are received for weighing. Feeding of raw materials in the In Feed section.



## Fourth Floor - Sifting and Weighing

Sifting of raw materials where the fine particles are separated and dropped in the weight hopper.



## Third Floor - Ribbon Blender

Raw materials like jaggery, Millets, Milk powder, Vitamins and Minerals are homogenously blended in the Ribbon Blender. The machine is supported by Air Vents to ensure zero pollution.



## Second Floor - Metal Detection

The blended material passes through patented metal sensor to detect and reject the foreign metallic objects in the production line.



## First Floor - Diverter

Blended finished products is diverted to two different packing line for Pouch and Jar





### SaiSure for Expecting Mothers

- ◆ Cardamom flavoured ready to drink product with milk powder
- ◆ Blended with macronutrients and micronutrients including DHA (Omega-3 fatty acid, Docosahexaenoic acid)
- ◆ Enhances healthy pregnancy, foetal growth and development

**Beneficiaries:** Over 5,000 expecting mothers on a monthly basis in about 60 Primary Health Centres (PHCs).



### SaiSure for Toddlers

- ◆ Malt-based apple and orange flavoured multi-grain product
- ◆ Blended with vital nutrients for children of six months to two years
- ◆ SaiSure for Toddlers along with SaiSure for expecting mothers will ensure the critical first 1,000 days of nutrition in the life of a child

**Beneficiaries:** About 1,500 toddlers.

## *SaiSure* NUTRITION SUPPLEMENT



### SaiSure for Pre-Schoolers

- ◆ Multi-grain chocolate flavoured product with vitamins and minerals
- ◆ For children from two years to six years

**Beneficiaries:** 3,180 Pre-schoolers



### SaiSure for Children

- ◆ Malt-based composition in chocolate and almond
- ◆ For children and adolescents from six to sixteen years
- ◆ Designed to meet 50% of the Recommended Dietary Allowance (RDA) of most of the micronutrients
- ◆ Integrated with Government Milk Scheme Programmes

**Beneficiaries:** Over 440,000 Children (10 grams of SaiSure is mixed with 150 ml of milk)

### Impact Study

A study of 95 random samples out of 700 children, after a duration of three month showed:

- ★ Average Haemoglobin levels of the children improved from 11.6 to 12.3
- ★ Average percentage improvement was 6.1% over the three-month period



# OUR STAKEHOLDER MATRIX



	Who are They?	Our Engagement
<i>Samsthā</i> (Institutions)	Volunteers	Over 650 Annapoorna Trust volunteers, speaking different languages, from different spheres of personal and professional life united in the cause of serving children and finding their joy through this service. More than 1.2 million children are receiving morning nutrition on all school days.
<i>Samāj</i> (Society)	Children, Parents, Vendors, Famers, Villages, Local Communities	Annapoorna Trust's main artery is the children whom they serve. Treating every child as their own, Annapoorna Trust continues to do all its capacity to embrace every child struggling to get the most important morning meal of the day. Working professionals, homemakers, entrepreneurs, teachers, doctors, and retired professionals from the society, along with over 6,600 support staff, bring in the much-needed diversity and participation in the programme.
	Corporate Partners (CSR)	Support from more than 60 Corporate Organisations and Institutions. Corporate partners extend their services willingly as part of their contribution towards a shared social responsibility. Corporates either expend their employee time, supply chain management services or provide financial sponsorships. Several institutions have also come forward to spread the word and create awareness, help in networking with State government officials, etc.
<i>Sarkār</i> (Government)	Government	Government schools in the village have a kitchen and staff for midday meals. Annapoorna Trust collaborates and partners with several State Government bodies to leverage existing infrastructure so that the required morning nutrition can be delivered and served in the school itself.

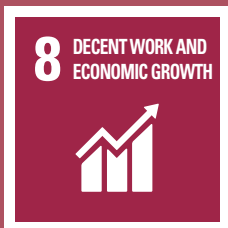
# OUR COMMITMENTS



Eradicating hunger in school-going children, especially across society's needy and underprivileged sections.



Regular health screening conducted for people in rural villages and necessary nutrition supplements are provided.



Products and services of local vendors and cooks have helped a great deal in their income generation.



Collaborating with like-minded individuals and organisations working towards the nation building through the sustainable path.



# THE IMPLEMENTATION

2 ZERO  
HUNGER



**BUILDING A FUTURE THAT  
VIEWS 'HEALTH AS THE  
FIRST WEALTH'**

## Why It Matters?

Creating a world free from hunger is vital and helps in building societies with reduced rates of malnutrition, stunted growth, and related health issues, thereby improving the overall well-being. It is also the first step in ensuring that the basic human right of food and nutrition is addressed. Hunger is intertwined with poverty, and access to food provides the requisite energy to learn and work.

## What We Do?

Meals are served to school going children with the aim to eradicate hunger and malnutrition in India with a customised menu that will suit the regional palate to ensure children are familiar with the cuisine and enjoy their meal.

The breakfast programme has provided **250 million meals** to date. Currently, the programme feeds more than **1,200,000 children** every morning at schools, five days per week across **15,000+ schools in 23 States and 4 Union Territories**.

A notable improvement in height and weight of 25%-40% was achieved.



### 3 GOOD HEALTH AND WELL-BEING



## ENRICHING MODEL TO NOURISH MIND, BODY AND SOUL

### Why it Matters?

Having good health is the foundation for a fulfilling and meaningful life. Individuals with good physical and mental health are more likely to lead productive lives, pursue their aspirations, and experience a higher quality of life. By prioritising health, individuals can enjoy greater longevity, vitality, and overall well-being.

### What We Do?

Apart from the morning nutrition programme, the Trust engaged in other programmes in order to bring about holistic rural upliftment. Such as:

- ★ Health Screening Camps – more than **95,000 children** were screened for health defects, and more than **8,000 expecting mothers** were screened every month. This helped in reducing all forms of malnutrition including stunting and wasting in children and addressing the nutritional needs of toddlers, pre-schoolers, children, and pregnant and lactating women.
- ★ Supporting further education of children – **More than 200 children** were presented with education in partnership with E1E1 Foundation (Sister Foundation).
- ★ For children's mental health - True education should enrich the heart and nourish the soul through story-telling, group singing and other such interactive activities. The importance of secular and universal human values of truth, righteousness, peace, non-violence and love were taught. Computer skills, spoken English lessons, environment awareness were also imparted after school.





## 8 DECENT WORK AND ECONOMIC GROWTH



### CATALYSING JOB CREATION AND SUSTAINABLE ECONOMIC GROWTH

#### Why It Matters?

It is vital for poverty reduction, social stability, environmental stability and long-term prosperity. This contributes to the overall well-being and progress of individuals, communities, and nation.

#### Poverty Reduction

Job creation is one of the most effective ways to lift people from poverty. When individuals have access to stable employment, they can earn a steady income, which provides them with the means to meet their basic needs, such as food, shelter, and healthcare. As more people are employed and earn a living wage, the overall poverty rate in a society decreases, leading to improved living standards for many.

#### Social Stability

Unemployment and underemployment often lead to social unrest and dissatisfaction. A lack of economic opportunities can create a sense of hopelessness and frustration among the population. Promoting job creation can foster social stability and reduce the potential for conflicts arising from economic disparities.

#### Environmental Stability

Sustainable economic growth emphasises responsible and environmentally friendly practices. Encouraging organisations to adopt sustainable approaches can reduce environmental impact and help mitigate climate change. Creating jobs and promoting eco-friendly practices can preserve the environment for future generations.



## Long-Term Prosperity

Sustainable economic growth ensures that resources are used wisely and that economic development is not at the expense of future generations. It fosters innovation, research, and development, leading to advancements in technology, infrastructure, and various industries. Long-term prosperity enables societies to invest in education, healthcare, and social services, thus creating a positive cycle of progress and development.

## Overall Well-being

Job creation goes beyond mere economic benefits. Having meaningful employment enhances the overall well-being and mental health of individuals. It provides a sense of purpose, self-esteem, and belonging, leading to happier and healthier communities.

## What We Do?

### Poverty Reduction

Annapoorna Trust's provision of morning nutrition to school-going children in rural government schools is a significant step towards poverty reduction. By addressing hunger, improving health, and promoting education, the Trust empowered children with the tools they needed to break free from the shackles of poverty and build a brighter future for themselves and their communities. Improved health and nutrition, increased school attendance, enhanced cognitive development, alleviating financial burden, community well-being and social equality and inclusion were a few of the impactful outcomes.

### Social Stability

By addressing hunger in the form of nutritious meals for school-going children, the Trust addressed hunger and malnutrition, which are significant drivers of social instability. When people, especially children, are deprived of basic necessities like food, it can lead to frustration, desperation, and social unrest. The Trust's efforts in alleviating hunger contributed to a more stable and peaceful environment. Community cohesion, reducing inequality, addressing hunger and poverty, encouraging education, empowering women, positive role modeling, and fostering trust and confidence were some noteworthy outcomes of the Trust's work.





## Environmental Stability

The Trust emphasised the importance of providing nutritious meals to children. In doing so, it promoted the use of locally sourced, seasonal, and sustainable food options. Emphasising sustainable food practices reduces the carbon footprint associated with transporting and producing food, leading to a smaller environmental impact.

The Trust operated with the goal to minimise food waste. By carefully planning the quantity of meals needed and managing leftovers efficiently, the Trust helped reduce food wastage, a significant environmental concern.

(The Trust's work also involved in engaging with the community, including students, teachers, and volunteers. Through awareness campaigns and educational programmes, the Trust spread messages about environmental conservation and the importance of sustainability. Such efforts contributed to building an environmentally conscious mindset among beneficiaries and the community at large.)

## Long-Term Prosperity

Annapoorna Trust invests in research and data analysis to enhance the effectiveness of these programmes. Collecting and analysing data on nutrition, education, and overall impact helped make informed decisions and improved the efficiency of its initiatives. Embracing technology led to better monitoring, evaluation, and communication for the Trust. Implementing digital platforms for data management, fundraising, and donor engagement were streamlined operations and this also improved transparency.

## Overall Well-being

To create lasting change, the Trust engaged in advocacy and awareness campaigns to highlight the importance of nutrition for underprivileged children. Raising public awareness and increasing the understanding of the issues related to nutrition is the key to overall well-being.



Saisure drink provided to children as a part of Morning Nutrition Programme

## 17 PARTNERSHIPS FOR THE GOALS



### BUILDING STRONG ALLIANCES

#### Why It Matters?

It harnesses collective knowledge and resources, addresses interconnected challenges, scales up impact, promotes knowledge sharing and learning, enhances credibility and influence, and fosters inclusivity and diversity. By working together, organisations can achieve greater impact and advance towards a more sustainable and equitable future.

A nation with a strong and growing economy is better equipped to address various challenges effectively. Sustainable economic growth generates revenue for the government, which can be invested in critical areas such as education, healthcare, and infrastructure. This, in turn, fosters a more vibrant and competitive society.

#### What We Do?

Annapoorna Trust engaged in advocacy efforts to influence nutrition, education, and poverty reduction policies. By collaborating with other organisations and stakeholders, the Trust advocated for the importance of nutritious meals in government schools and the need for comprehensive social welfare programmes.

The Trust established strong partnerships with government agencies and ministries to scale up national impact. Rigorous impact assessments and research to demonstrate the effectiveness of Annapoorna Trust's programmes were also done.

Other strategies like scaling up reach, knowledge sharing and training, public-private partnerships, utilising technology and innovation, media and public awareness, policy research and development, and networking with International Organisations are on-going efforts. By combining all the above strategies and continuously adapting to changing circumstances, Annapoorna Trust is creating national-level progress in poverty reduction, education, and sustainable development.

#### The Launch of Breakfast Programmes

Post-pandemic, the Trust officials and volunteers started focusing their scale of operations on the expansion of The Morning Nutrition Programme to newer territories and relaunched existing morning nutrition programmes across the country.



## Jharkhand

Period	Morning Nutrition Programme - Jharkhand
09 JUL 2022	Launch of SaiSure Multi Nutrient Health Mix to Government School Children in Ranchi
15 JUL 2022	Launch of SaiSure Multi Nutrient Health Mix to Government School Children in Jamshedpur

## North East

Period	Morning Nutrition Programme, North East
26 OCT 2022	Launch of SaiSure Health Mix, Mizoram

## Andhra Pradesh

Period	Morning Nutrition Programme, Andhra Pradesh
20 JUL 2022	SaiSure and Kellogg's Project launch, Satyavedu
28 JUL 2022	Launch of Morning Nutrition in Yerragondapalem and Markapuram Mandals, Prakasam
09 SEP 2022	Launch of Morning Nutrition – "Raagi Cereals Health Mix" Giddalur Constituency, Prakasam
13 SEP 2022	Launch of Morning Nutrition – "Raagi Cereals Health Mix" Sarvepalli Constituency, Nellore
21 OCT 2022	Morning Nutrition Launch, Punganur Constituency
09 NOV 2022	Morning Nutrition Launch, Addanki Mandal
11 NOV 2022	Morning Nutrition Launch, Sullurpet

## Karnataka

Period	Morning Nutrition Programme, Karnataka
06 JUN 2022	SaiSure and Kellogg's Project launch Gowribidanur
15 JUN 2022	SaiSure Multi Nutrient Health Mix launch in Government Schools Doddaballapur
15 JUN 2022	Morning Nutrition Launch Bengaluru Rural, Devanahalli
04 JUL 2022	SaiSure Health Mix Launch Ramagondanahalli School in Bengaluru East in Association with Whitefield Ready
28 JUL 2022	Launch of Morning Nutrition Programme Rural Bengaluru in Association with Narayana Health
01 AUG 2022	SaiSure Relaunch, Chikkaballapur
17 SEP 2022	Launch of SaiSure Morning Nutrition Programme under Amrutha Grama Yojana Scheme in Yadgir, Raichur, and Kalaburagi Districts
18 SEP 2022	Launch of SaiSure Health Mix, Ramanagara
03 OCT 2022	Relaunch of SaiSure Multi Nutrient Health Mix Distribution, Tumkur
14 NOV 2022	Launch of 'SaiSure Multi Nutrient Health Mix' in Peenya, Bengaluru, in Collaboration with Rotary Club Platinum City
01 DEC 2022	Launch of SaiSure at Bhatkal, Uttara Kannada
19 DEC 2022	Relaunch of SaiSure Multi Nutrient Health Mix, Mandya

## Uttar Pradesh

Period	Morning Nutrition Programme, Uttar Pradesh
28 JUN 2022	Launch of SaiSure Morning Nutrition, Ayodhya



# Telangana

Period	Morning Nutrition Programme, Telangana
06 APR 2022	Launch of Morning Nutrition, Alwal
21 APR 2022	Launch of Annapoorna Breakfast, Jillalguda
02 JUL 2022	Launch of Free Morning Nutrition with "Feeding India"
08 JUL 2022	Morning Nutrition Launch at Kagaznagar Mandal, Kumuram Bheem Asifabad
01 AUG 2022	Launch of Morning Nutrition, Nizamabad
03 AUG 2022	Relaunch of Morning Nutrition Programme for Govt. School Children, Districts of Telangana
29 AUG 2022	Morning Nutrition Launch at Anantharam, Jagtial
29 AUG 2022	Morning Nutrition Launch at ZPHS School Mustabad, Rajanna Sircilla
15 SEP 2022	Morning Nutrition Launch, Nagar Kurnool
20 SEP 2022	Launch of Morning Nutrition, Jangaon
20 SEP 2022	Launch of SaiSure Health Mix and Raagi Cereals Health Mix to Severe Acute Malnutrition (SAM) & Moderate Acute Malnutrition (MAM) Pre-School Children, Bhongir
18 OCT 2022	Morning Nutrition Launch, Mancherla
27 OCT 2022	Morning Nutrition Launch in Garshakurti Village, Karimnagar
14 NOV 2022	Morning Nutrition Expansion, Jangaon
24 NOV 2022	Morning Nutrition Expansion, Jagtial
03 DEC 2022	Morning Nutrition Expansion Jagtial, Kodimial Mandal
05 DEC 2022	Launch of Morning Nutrition, Peddapalli
06 DEC 2022	Morning Nutrition in Collaboration with Amazon Web Services, Ranga Reddy
07 JAN 2023	Morning Nutrition Launch in Kagaznagar Mandal, Kumuram Bheem, Asifabad

## Puducherry

Period	Morning Nutrition Programme, Puducherry
23 JUN 2022	Launch of SaiSure Morning Nutrition in Puducherry for Govt. School Children

## Tamil Nadu

Period	Morning Nutrition Programme, Tamil Nadu
12 APR 2022	Annapoorna Morning Nutrition Launch, Salem
11 AUG 2022	Morning Nutrition Relaunch at Ambattur Chennai in Collaboration with DaniRasa Foundation
16 NOV 2022	SaiSure Morning Nutrition Launch Nallur Block, Cuddalore
28 NOV 2022	Morning Nutrition Launch, Hosur

## Goa

Period	Morning Nutrition Programme, Goa
26 SEP 2022	Launch of Morning Nutrition



# Maharashtra

Period	Morning Nutrition Programme, Maharashtra
04 APR 2022	SaiSure Morning Nutrition Launch, Murtizapur
02 JUL 2022	Morning Nutrition Launch at Nagansur, Akkalkot
21 JUL 2022	SaiSure Multi Nutrient Health Mix Launch, Amravati
20 AUG 2022	SaiSure Launch at Zilpi Village, Amravathi
20 SEP 2022	SaiSure Multi Nutrient Health Mix Launch, Yavatmal
20-21 SEP 2022	SaiSure Morning Nutrition launch, Washim and Buldhana





# EDUCATION

## SECONDARY AND HIGHER SECONDARY EDUCATION



## HIGHER EDUCATION

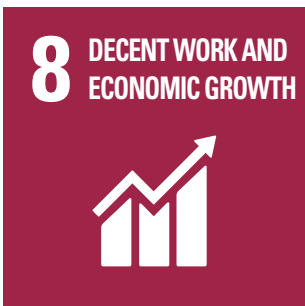


## OTHERS



# A VALUES-BASED EDUCATION MODEL ALONE SUSTAINS

SDGs **ALIGNED** - At a glance



## LEADERS SPEAK



**Mr Narendra Modi –  
Hon'ble Prime Minister, Government of India**

*"Sathya Sai Grama has given a wonderful model of service to this land of Bharath. The selfless service activities of Nutrition, Education and Healthcare that are being done from this place are truly appreciable. The inauguration of the free medical college gives additional strength and enthusiasm to their already existing service projects. Sri Madhusudan Sai Institute of Medical Sciences and Research will produce Doctors and Allied Healthcare Providers who will submit themselves for the service of the Nation. 'Amrut Kaal' can be achieved only through one way – consistent efforts by each one of you, and this is what is happening from this place."*



**Dr Mohan Ji Bhagwat –  
Sarsanghchalak of the Rashtriya Swayamsevak Sangh**

*"The act of offering education completely free of cost to needy children has truly impacted the lives of these children beyond their imagination. The motive behind using individual excellence to bring about collective excellence is the goodness behind this University. Transformation is the need of the hour— the kind of transformation that shall change the face of Bharath is what I am witnessing here."*



**Her Excellency Ms Jacqueline Mukangira -  
High Commissioner, Republic of Rwanda**

*"My heartfelt gratitude to Sadguru Sri Madhusudan Sai for what he is doing for the world. He is the hope for the hopeless; the voice for the voiceless. His message of love, hope, compassion, happiness and unity will change this world. He is an inspiration to the world and a great mentor for all the young students studying at these institutions. I invite him to my country of Rwanda – a land of thousand hills and mountain guerrillas."*

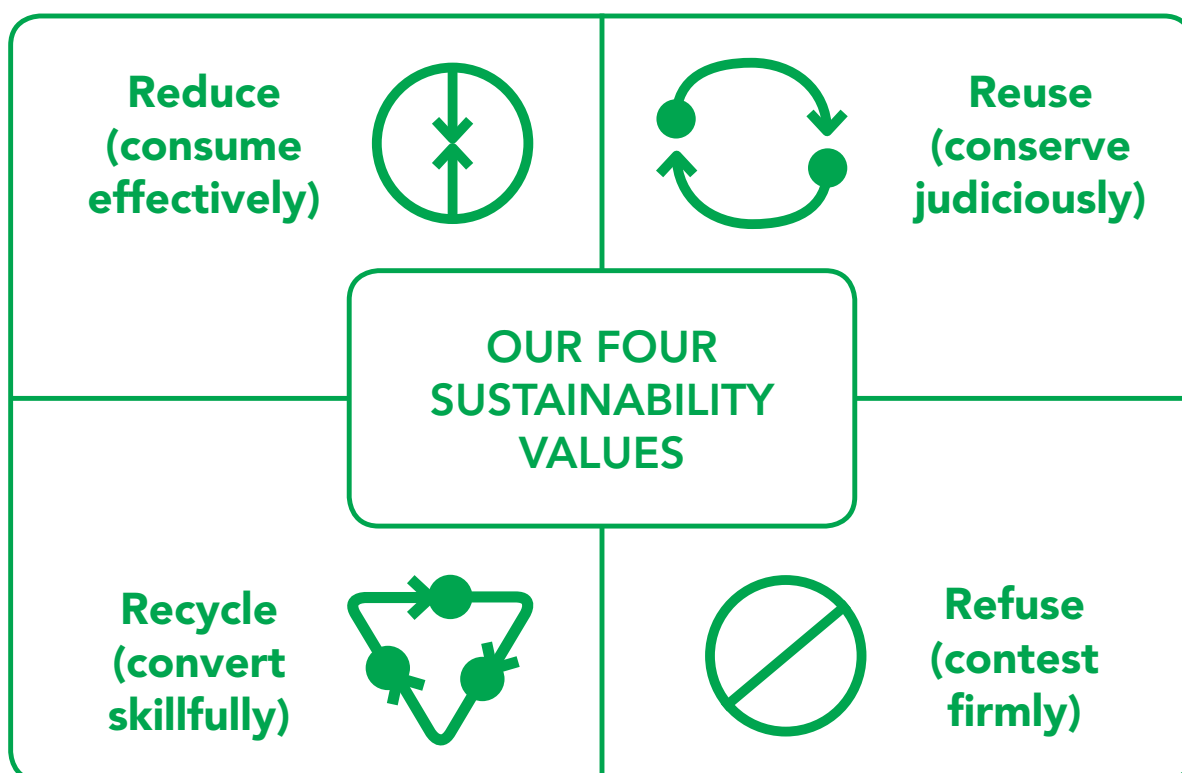


# BRIDGING THE GAP

## EDUCATING THE HEART TO CREATE SUSTAINABLE SOCIETIES

*"Educating the mind without educating the heart is no education at all."*  
– Aristotle

Sri Sathya Sai Loka Seva Gurukulam Group of Institutions has vowed to nurture 'sustainability' as a 'human value' in the curriculum. For this sake, the Institution has laid down an ideal way of life which rewires the very approach to sustainability through the heart.



## SPIRITUAL EDUCATION - THE ULTIMATE ANTIDOTE

In the words of the Founder – Sri Madhusudan Sai

*"aparā vidya (worldly knowledge) helps one eke out a living, but it is only parā vidya (spiritual knowledge) that bestows on one immortality. Vedas (ancient Indian scriptures) are a treasure trove of the aparā and parā vidya"*

In the words of the Mentor – Sri Sathya Sai Baba

*"Education must award self-confidence, the courage to depend on one's own strength.*

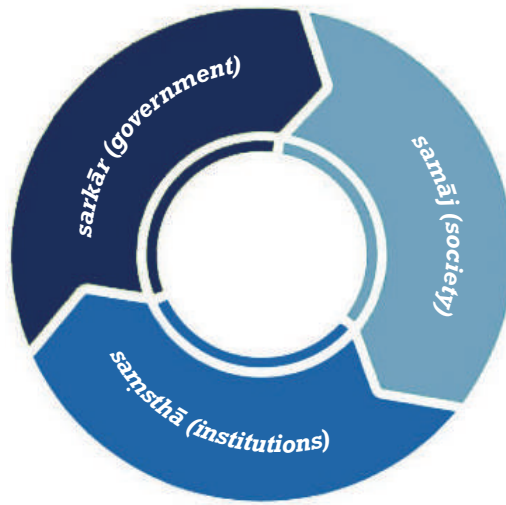
*The end of knowledge is wisdom;*

*The end of culture is perfection;*

*The end of wisdom is freedom;*

*The end of education is character; and character consists of eagerness to renounce one's selfish greed."*

# OUR STAKEHOLDER MATRIX



	Who are They?	Our Engagement
Samsthā (Institutions)	Students and Staff (teaching and non-teaching)	<p>Community living where all students and staff live together, develops a bonding that is genuine and lasting. In this space of acceptance and meaningful relationships—learning, praying and playing happens.</p> <p>A disciplined routine, gives time for everything for students and staff – which includes time for ‘self-care’ in the morning through prayers, meditation, exercises and yoga; time for ‘learning’ which includes both secular and spiritual knowledge; time for ‘playing’ which includes all the extra-curricular activities like music, fine arts and sports; time for ‘praying’ to reflect, meditate and calm down; time for ‘reading and studies’ to revise the lessons learnt, ponder, understand and gain knowledge; time to ‘bed’ after a fulfilling day.</p>
	Other Educational Institutions	Collaboration with Institutions such as Banaras Hindu University, Maharishi European Research University (MERO) at Netherlands, National Innovation Foundation for enhancing and developing an inclusive and innovative ecosystem through academic and research cooperation.
Samāj (Society)	Parents, Villages, Local Communities	Empowering through employment; through their skills, knowledge, products and labour; through good will and community participation—and all of these without any monetary stress on them is our contribution to them. A give and take relationship, though it seems, the ‘receiving’ from them, also ‘gives’ them in a way by strengthening their dignity and well-being.
	CSR	We believe that much more can be accomplished with close collaboration with corporate CSR teams, where more impact can be achieved with stakeholder value creation which leads to scale.



	Who are They?	Our Engagement
Sarkār (Government)	Government – State, National and International	<p>Liaison with the local Government for identifying land, purchase and permissions.</p> <p>Collaboration with the other state Governments for values-based education strategies, and training teachers to impact values-based education.</p> <p>International collaborations for conducting global education conferences, seminars and the like, for global thoughts and perspectives to come together to take united action on revolutionising the arena of 'education' as a powerful tool of transformation.</p>



From driving economic growth to curbing climate change, the **right kind of education** is the key. According to the Global Business Coalition for Education (January 2023) a quarter of a billion young people are out of school and another 600 million are in school, but barely learning the basics, undermining efforts to achieve Sustainable Development Goal 4, quality and inclusive education for all. The better education a society receives, the more productive, innovative and informed they are likely to become, thereby arresting generational cycles of poverty. Today, education needs to be looked at as more of a social and moral imperative.

# OUR COMMITMENTS



Ending Poverty in all its forms



Improving nutritional levels of school-going children to increase their efficiency and cognitive abilities



Ensuring good health and creating awareness of healthy lifestyle



Empowering individuals through knowledge, skills and spirituality



Moulding girls into commanding and independent individuals



Ensuring access to affordable, reliable and sustainable modern energy for all



Promoting regional employment and economic growth in hinterlands



Removing the barrier of inequality within societies



Preserving the serene nature and geographies

# THE IMPLEMENTATION

**1** NO  
POVERTY



## ERADICATING POVERTY AT GRASSROOTS LEVEL

### Why It Matters?

Education serves as a game-changer in eradicating poverty from the very fabric of the society. Imparting holistic values-based education will not only aid the impoverished to become economically stable but also transform them into noble citizens of this planet.

### What We Do?

The educational institutions under Prashanthi Balamandira Trust which includes secondary to doctoral programmes, impart free values-based academia along with spiritual knowledge and 50+ life skills to all the students.



**3,800 boys and girls** are being imparted free values-based education



**1,200 boys and girls** are being imparted free values-based education



**70% of the total students** come from a rural background  
**60% of the students** are from Below Poverty Line (BPL)



**24 students** hailing from impoverished backgrounds are receiving free education in nursing course



**More than 50% of students** are First Generation Literates



**More than 75% of students** come from the remotest rural corners of the country



13 July 2022

### The First Convocation of the Sri Sathya Sai University for Human Excellence

Sri Sathya Sai University for Human Excellence celebrated its first convocation in the presence of Dr Mohan Ji Bhagwat, Sarsanghchalak of the Rashtriya Swayamsevak Sangh.

- ★ 93 Students Graduated
- ★ Out of 93, 48 students were first generation literates
- ★ Out of 16 gold medallists, 12 students were first generation literates
- ★ Out of eight undergraduate gold medals, seven medals were bagged by the girls
- ★ Six eminent personalities were awarded with honorary doctorate for their exemplary contribution in their chosen fields

### HONORARY DOCTORATE



Dr C Sreenivas



Dr Kasturirangan



Dr R Chidambaram



Dr Sunil Gavaskar



Ms Purnima Devi Barman



Pandit M Venkatesh Kumar



## PG GOLD MEDALLISTS



Akilan S R



Battu Bhargava Sai



Gadi Pardhasaradhi



Nagabharana N



Naveen Kumar R A



Nikethan T C



Shanthagoud P Biradar



## UG GOLD MEDALLISTS



C R Sushmitha



Devendra D N



Divyashree G M



Korrapati Chandana



Nagashri N



Sai Mahima U



Sanjana B S



Vithya Mari M

# SUSTAINING EDUCATION THROUGH HEALTHY NUTRITION



**NO PERSON MUST GO HUNGRY TO BED EVER**

## Why It Matters?

When it comes to the overall holistic well-being of an individual and society at large, nutrition to body, mind and soul is considered to be the crucial factor in achieving positive, galloping development. Out of the three, providing nutrition to the body is to be prioritised as the foremost factor, without which human anatomy would collapse. Meeting this fundamental need at the earliest is the focus.

## What We Do?

1. Students at all educational institutions including the University are nourished with three nutritious, well-balanced hot meals a day, tailored by certified nutritionists. In addition, milk with a multi-nutrient mix (an in-house formulation), fruits and nutrient-rich snacks are also served.



**3,800 students**



**1,200 students**

2. Most of the students studying at the Institution were not exposed to proper three-square meal a day up to 10 years of age. To cope for the many years they could not access nutrition in a wholesome way, the residential campuses ensure that proper nutrition reaches every student without fail consistently throughout the year.
3. Special nourishment for adolescent girls to cater to their biological needs is given necessary attention.

# SUSTAINING EDUCATION INSPITE OF ECONOMY

## 3 GOOD HEALTH AND WELL-BEING



**HEALTH IS AN INVESTMENT,  
NOT AN EXPENSE**

### Why It Matters?

A common saying says, 'Health is true wealth' which actually is an undeniable truth. The biggest asset a human being can possess is good and healthy life irrespective of age barriers. Lack of health is undoubtedly a tall barrier in the fructification of the visions envisaged by an individual.

### What We Do?

1. Monthly/Quarterly check-ups and screenings are conducted in all the educational campuses to monitor and to ensure preventive healthcare.
2. Special medical attention and care for girl children are extended during the growth spurt occurring at the time of puberty and throughout their stay.
3. Creating awareness and educating the students on reproductive health.
4. Promoting mental health and well-being is one of the primary factors of health that is looked into, by means of spiritual and moral injunctions and way of life, in a nurturing environment.



# SUSTAINING EDUCATION THROUGH QUALITY

## 4 QUALITY EDUCATION



**ENSURE INCLUSIVE AND  
EQUITABLE QUALITY  
EDUCATION AND PROMOTE  
LIFELONG LEARNING  
OPPORTUNITIES FOR ALL**

*'Give a man a fish, and you feed him for a day; teach him how to fish, and you feed him for a lifetime'*

### Why It Matters?

Education is the medium to shape the character of an individual and develop a morally strong existence of oneself in society. This makes education a crucial, unavoidable part of every single life irrespective of any barriers whatsoever. Education, not just leading to sheer economic advancement, but 'Man Making Education' is the need-of-the-hour and must be sought after.

### What We Do?

1. Imparting values-based education from Grade 06 to doctoral studies, to both boys and girls, along with courses in nursing absolutely free of any cost.
2. Exposure to competitions and other activities beyond academia, contribute to personal, intellectual, emotional, and social growth of students. It can enrich one's life in profound ways as it allows for self-expression and the exploration of creativity. Learning from insights into diverse cultures, helps students appreciate the richness of human heritage which also aids in cognitive skills such as critical thinking, problem-solving, pattern recognition, and spatial reasoning.

The annual inter-university youth festival hosted by Gulbarga University (Karnataka) from 27-31 January 2023, attracted around 28 universities from the Association of Indian Universities. With over 1,100 participating students, it marked the first-ever representation of Sri Sathya Sai University for Human Excellence as a part of the university league.





Students from the Music Department excelled in five events, securing prizes in four categories namely:

- ★ First place in Western Instrumental Solo
- ★ Second place in Indian Group Singing
- ★ Third place in Classical Vocal Solo
- ★ Fourth place in Classical Percussion Solo

Additionally, the University earned the runner-up position in the **Overall Music Category** championship, gaining recognition for its cultural and musical expertise.

### 3. National Level Youth Festival

The students from Sri Sathya Sai University for Human Excellence achieved remarkable success at the National Level Youth Festival by winning.

- ★ Gold in Indian Classical Group Singing and Western Instrumental Solo
- ★ Bronze in Classical Hindustani Vocal

### 4. Sri Sathya Sai Loka Seva Gurukulam

To rejuvenate and enliven the traditional heritage of India and propagate it to all parts of the world Sri Sathya Sai Loka Seva Veda Gurukulam was established. Currently, **14 students** are undergoing rigorous training in Vedic studies with a blend of academic subjects. Students are admitted by performing upanayana or thread ceremony, which signifies the initiation of a young boy into the study of scriptures and his journey towards higher knowledge.



The Department of Nursing and Department of Allied Health Sciences - School of Healthcare Science at the Sri Sathya Sai University for Human Excellence

- Date of inauguration - 30 October 2022.
- Innagurated by - World-renowned Greek-Swiss paediatric cardiovascular surgeon – Dr Afksendiyos Kalangos.
- Number of students first batch (2022-23).

 - 3

 - 17

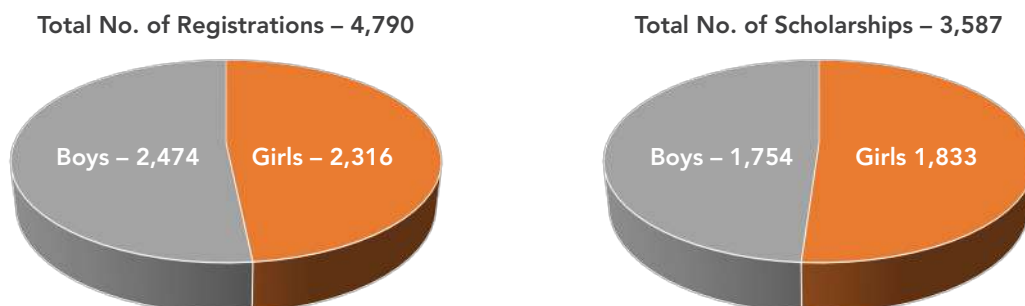




# BHARATH RASHTRA NIRMAN VIDYARTHI NIDHI - NATIONAL SCHOLARSHIP



April 2022 to March 2023: Grade One to Grade Six



## Background: Why BRNVN?

This initiative was primarily instituted by to arrest school dropouts at primary schools, especially to help children from impoverished and disturbed households, who would otherwise be forced to join the labour force at a very early age and exposed to exploitation from anti-social elements. While most of these children go to Government/Trust run/aided-schools which are free of cost – many incidental expenses, which the families find challenging, are taken care through this unique initiative.

## Partnership with Rashtriya Seva Bharati (RSB):

BRNVN is executed by the Prashanthi Balamandira Trust in partnership with Rashtriya Seva Bharati, which is a federation of social service organisations, with dedicated ground-level volunteers across the country. RSB volunteers take care of - student selection, monitoring progress and mentoring the most-needy children to enrol into the Sri Sathya Sai Loka Seva Gurukulam Group of Institutions, from Grade Six onwards, while also serving as well-wishers to the family. Most importantly, the dedicated RSB volunteer is a very positive influence on the family and shaping the future of the needy child.

## Pilot Implementation in Karnataka:

During the pilot implementation stage, 'RSB Volunteers & Children under BRNVN' are present across 31 Districts & 210 Taluks (out of total 240 Taluks). 31 needy children (9 Girls and 22 Boys) joined the various Gurukulam campuses in Grade Six, for free values-based education. They now have the opportunity to study all the way until postgraduation without any encumbrances.

## Demographics:

95% of the selected children are studying in Government Schools in villages, small towns and *seva basadis* (slums), with majority of the parents being daily wagers, migratory workers, and poor farmers. Nearly 50% children have single parent or are from disturbed family backgrounds.

## Mechanism of BRNVN Scholarship – Modus Operandi:

Volunteers are selected and registered by RSB seniors in every Taluk, who identify needy children and register them on the BRNVN Web APP. After scrutiny of mandatory documents, children are approved for scholarship by PBT.

Volunteers visit the child's home/school regularly and track the monthly attendance and progress on the APP. Scholarship is transferred online to the family's account. Annually, children are moved to the next grade in the BRNVN APP, after ascertaining marks/grade and the new study certificate.

# INDIA'S FIRST COMPLETELY FREE PRIVATE RURAL MEDICAL COLLEGE - SRI MADHUSUDAN SAI INSTITUTE OF MEDICAL SCIENCES AND RESEARCH



Honourable Prime Minister of India,  
Mr Narendra Modi inaugurated on  
25 March 2023

**Vision:** In the Rural; Of the Rural; For the Rural - This first-of-its-kind medical college shall nurture medical doctors with ability, nobility, and stability who shall dedicate themselves to serve the underserved, particularly in rural India, where their need is the most.

## Objectives

- ★ To mold rural youth into capable and compassionate healthcare professionals
- ★ Improving access to quality healthcare in rural areas
- ★ Preventing exclusion of first-generation learners and disadvantaged students from rural areas, by creating opportunities for them to pursue medical education and become healthcare professionals
- ★ Positively impacting the healthcare equity and overall well-being of the rural population
- ★ Developing sustainable and cost-effective models for providing medical education and healthcare services in underserved areas, by collaborating with CSR partners, network of the like-minded individuals, Government Schemes like Ayushman Bharat Yojana...etc.

**Capital Expenditure:** 400 Crores



# SUSTAINING EDUCATION THROUGH EQUAL OPPORTUNITIES FOR ALL

5 GENDER  
EQUALITY



## ACHIEVE GENDER EQUALITY AND EMPOWER ALL WOMEN AND GIRLS

### Why It Matters?

In the contemporary world, every individual irrespective of gender must be treated equally and provided with equal opportunities, if not more.

### What We Do?

1. **Empowering girls through Martial Arts:** Sri Sathya Sai University for Human Excellence continues to empower women by offering them a unique opportunity to learn a Korean martial art form – Taekwondo and Krav Maga an Israeli self-defense system.

**Impact FY 2022-23:** On 06 February 2023, the girls' students achieved a significant milestone by receiving the White and Yellow belts in Taekwondo

**Impact FY 2022-23:** On 20 December 2022, the girls' students accomplished a noteworthy feat by earning Yellow belts in Krav Maga

2. **Educating girls:** Establishing campuses in hinterlands where women education remains a dream. Breaking the chain of enslaving women and empowering them through quality education.

3 out of 10 are girls  
**Impact FY 2022-23:** 47% of students pursuing higher education are girls  
More than 50% of girls are first generation literates



# SUSTAINING EDUCATION THROUGH ENERGY

## 7 AFFORDABLE AND CLEAN ENERGY



**ENSURE ACCESS TO AFFORDABLE, RELIABLE, SUSTAINABLE AND MODERN ENERGY FOR ALL**

### Why It Matters?

All economies are reliant on fossil fuels for energy generation i.e., electricity. Excessive fuel combustion has led to a drastic change in the climate leading to the 'Global Warming'. In need of electricity which is accessible, affordable, reliable and sustainable, clean energy is the only future.

### What We Do?

#### Details of Solar power generation for 2022-23

1. Solar-Powered Campus with 690 KWp capacity, saving 916 metric tons of CO<sub>2</sub> emission every year have been set up. This saves about 40% of the electricity consumption. This will further expand to include every Campus of the Sri Sathya Sai Loka Seva Gurukulam Group of Institutions.
2. The use of energy-efficient lighting and ventilated buildings reduces carbon footprint.
3. More than 50,000 saplings were planted across Campuses.



Solar Panels established in our campuses for efficient use of energy



# SUSTAINING EDUCATION BY EMPOWERING THE COMMUNITY AROUND IT

## 8 DECENT WORK AND ECONOMIC GROWTH



PROMOTE SUSTAINED, INCLUSIVE AND SUSTAINABLE ECONOMIC GROWTH, FULL AND PRODUCTIVE EMPLOYMENT AND DECENT WORK FOR ALL

No One To Be Left Behind

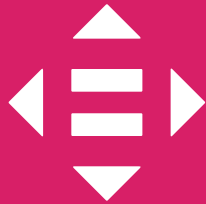
What We Do?

1. Local vendors, parents of the students, and the community around the School Campuses are economically empowered by providing them with suitable employment opportunities and decent remuneration.
2. Especially, parents of students from extremely difficult backgrounds are embraced by the institution. Employment, housing, food, electricity and water is provided absolutely free of cost to them.



# SUSTAINING EDUCATION THROUGH INCLUSION ACROSS GEOGRAPHIES

**10** REDUCED  
INEQUALITIES



## REDUCE INEQUALITY WITHIN AND AMONG COUNTRIES

### Why It Matters?

Prevalence of barriers such as caste, creed, gender, and income, has indeed hampered the development of the nation. Only a system that contributes to the idea of common welfare looking beyond the barriers shall revive this world from splintering.

### What We Do?

Reducing inequality through education is a powerful and effective approach that can have far-reaching positive impacts on individuals, communities, and societies as a whole. At the Institution, it is proven that education not only equips individuals with knowledge and skills but also empowers them to overcome socio-economic disparities and mindsets. Staying relevant is paramount in today's rapidly changing world, and education equips individuals with the ability to learn and adapt. Girls who receive an education are less likely to marry early and experience gender-based violence.

- ★ **47%** of college students are girls
- ★ **83 girls** are being trained under the internship programme
- ★ **75%** of seats are reserved for children coming from the rural strata of the society





# SUSTAINING EDUCATION THROUGH ENVIRONMENT

## 11 SUSTAINABLE CITIES AND COMMUNITIES



**MAKE CITIES AND HUMAN SETTLEMENTS INCLUSIVE, SAFE, RESILIENT AND SUSTAINABLE**

### Why It Matters?

By 2050, two-thirds of all humanity—6.5 billion people—will be urban. Making cities sustainable means creating career and business opportunities, safe and affordable housing, and building resilient societies and economies.

### What We Do?

1. The Campuses are set up in naturalistic settings in green sprawling spaces, away from the hustle bustle of the cities to provide students with an environment that is cordial and in consonance with their true inner nature of beauty and peace.
2. The Campus buildings are constructed in a resilient way using local materials, and as representations of the local culture and architectural heritage.
3. The values for sustainability are imbued into the students by way of their very life at the Campuses that fosters harmonious community living which nurtures love, caring for others, sharing and equality.



# NEW STRIDES IN SUSTAINABILITY

## MEMORANDUM OF UNDERSTANDING WITH MAHARISHI EUROPEAN RESEARCH UNIVERSITY MERU

**05 February 2022**

**Memorandum of Understanding with Maharishi European Research University (MERU) at Netherlands and Maharishi University for Latin America and Caribbean**

MOU with Maharishi European Research University (MERU) at Netherlands and Maharishi University for Latin America and Caribbean was signed on the auspicious vasant pacami day on 5 February 2022, by the Sri Sathya Sai University for Human Excellence. This was intended towards the establishment of *ved bhumi* connect project which shall facilitate the exchange, research and teaching of *vedic* technologies for the progress, prosperity and harmony of the entire world. Joint research shall be conducted to study *vedic* sounds and its healing effects on the physical, mental, and emotional planes of human existence.

## MEMORANDUM OF UNDERSTANDING WITH NATIONAL INNOVATION FOUNDATION

**07 April 2022**

**Memorandum of Understanding with National Innovation Foundation, Gandhinagar**

On 07 April 2022, National Innovation Foundation, Gandhinagar and Sri Sathya Sai University for Human Excellence entered into a MOU to develop an inclusive and innovative ecosystem through academic and research co-operation between the two institutions. The broad objective of the MOU was to identify and address unmet social needs through grassroots innovations.

The co-operation and contribution with respect to the various aspects that were outlined in the MOU shall be steered by the Innovation and Incubation Centre of Sri Sathya Sai University for Human Excellence, by virtue of its shared ideals to support grass-root innovations that are socially beneficial.

## MEMORANDUM OF UNDERSTANDING WITH BANARAS HINDU UNIVERSITY (BHU)

**18 August 2022**

**Memorandum of Understanding with Banaras Hindu University, Varanasi**

Sri Sathya Sai University for Human Excellence signed a MOU with Banaras Hindu University (BHU). Promoting the study of Indian scriptures and Sanskrit language as a means to spread the glory of Indian culture and heritage is the main purpose of the MOU. The NEP seeks to promote global citizenry with Indian roots, and for this purpose both the institutions shall do their bit to impart the knowledge of Indian systems without any discrimination.

A Centre for Vedantic Studies will be established by the Sri Sathya Sai University for Human Excellence with the help of Banaras Hindu University. It was also proposed to institute an award to recognise and felicitate those contributing to the field of vedas and vedanta, and initiate a scholarship scheme to support economically weak students pursuing their higher education in Indic Studies at Banaras Hindu University.





## 13 July 2022

Sri Adi Shankara Vedanta Shodha Kendra was established as the Institute for Vedantic Studies and Research for promoting the study and research of the *advaitic* philosophy of Sri Adi Shankara and disseminating it to all, with the sole aim of uniting the whole of mankind in the subtle, simple and sublime truth of oneness.

This also serves as the governing body of the Sri Sathya Sai Loka Seva Veda Gurukulam, which is currently conferring *veda śikṣana* in the traditional *gurukula* system.

## 20 & 21 July 2022

A 'Global Conference on Vedic Ideas for a Better Society' was organised by the Sri Sathya Sai University for Human Excellence (SSSUHE) in conjunction with Vedic Vigyan Kendra of Banaras Hindu University, Maharishi European Research University (MERU), Netherlands, with the support of the Ministry of AYUSH.

Discovering *vedic* thoughts and relating it to the contemporary needs of the society was the outcome of the Conference.



## 23 November 2022

Memorandum of Understanding was exchanged between Sri Jayadeva Institute of Cardiovascular Sciences and Research, Sri Sathya Sai Sanjeevani Hospitals and Sri Sathya Sai University for Human Excellence to promote research and help advance the clinical aspects of cardiovascular diseases.

## 03 & 04 January 2023

International Conference on Multidisciplinary Research was conducted by the Eastern University in Sri Lanka conjointly with Sri Sathya Sai University for Human Excellence to promote multi-disciplinary research to create healthy and sustainable lives for all.







## 23 November 2022

A New National Education Initiative, 'Bharath Rashtra Nirman Vidyarthi Nidhi' was launched to improve the enrolment and quality of primary school education. As of February 2023, the scheme has covered the entire state of Karnataka, benefiting **4,500+ students from Grade 01 to 05**, by joining hands with Rashtriya Sewa Bharati.

## 17 & 18 July 2022

An international conference on Post-Pandemic Reforms in Medical Education for Accessible and Affordable Rural Healthcare was organised to lead the way to national and international reforms in format, curriculum, structure, funding, evaluation, and access to quality medical education.



## 23 & 24 July 2022

A Global Conference on Uniting Religions through Spiritual Wisdom was hosted by Sri Sathya Sai University for Human Excellence. The Conference presented a refreshing approach to religion and to imbibe values from it for everyday living.

## 22 November 2022

The second edition of the Bharath Sangeeta Sammelan 2022 was hosted by the Sri Sathya Sai University for Human Excellence. 'Music as a unifying force' was the theme of the conference and focussed on spurring out innovative solutions and unique ways to make it palatable to the current and next generation.



## 27 - 31 January 2023

HKU University of the Arts Utrecht and International Rhythm Course exchanges 'Letter of Interest' with Sri Sathya Sai University for Human Excellence. This collaboration has created a bridge to exchange knowledge and practical experience in arts education and arts research, and unravel several untouched dimensions in the field of Arts.

## STUDENTS' SHARE



### **Penugonda Vishnu Priya**

Second Year, Bachelors of Science (Maths and Chemistry)  
Sri Sathya Sai University for Human Excellence (Girls Campus), Nallakadirenahalli, Chikkaballapur, Karnataka

This University has not just trained my mind, but has also nurtured my heart with moral values and ethics. It has changed my life's perspective. I have understood that life is not about getting, but it is about giving. Spiritual education along with secular education, has helped me balance the need to learn skills and acquire knowledge, along with developing a sense of sacrifice and qualities of selflessness, love, and self-confidence.



### **Kotoju Aishwarya**

Second Year Pre-University, PEED (Physical Education, Economics and Data Entry)  
Sri Sathya Sai Prasanthi Niketanam Junior College for Women, Siddipet, Telangana

Many times, we do not know what it is that makes us feel joy and fulfilment. I was a timid girl from a remote village of Telangana. When I joined this Institution, it opened the gates to explore a new me. It nurtured my talent of dancing, by helping me learn classical dance. This in turn improved my self-confidence and impacted positively on my academics too. Economics is my favourite subject and I desire to become an Economics lecturer. Dance on one side and Economics on the other, and both for serving the future generation is my dream.



### **Rajesh Menon**

Second Year, Master of Science (Physics)  
Sri Sathya Sai University for Human Excellence,  
Muddenahalli

Educational process at the Sri Sathya Sai University for Human Excellence has kindled the flame of knowledge seeking for serving others. The University, being one of its kind in the rural hinterlands of the country, has determined to work for rural development by breaking new ground and promoting indigenous innovative solutions for the issues of a common man. For this purpose, the University has established an Innovation and Incubation Centre for thinking about solutions for today's problems and implementing them for the benefit of the country men.

*"Nobility without ability is useless, and ability without nobility is dangerous",* says Sadguru Sri Madhusudan Sai. Thus, the University is keen on moulding students with both nobility and ability. I have been empowered with the best quality values-based education at this University—with empowerment comes along responsibility, the responsibility to empower many more, which I am glad to shoulder.



### **Jeevan Sai Prabhuram**

Third Year, Bachelor of Arts (Music - Carnatic Vocals)  
Sri Sathya Sai University for Human Excellence,  
Muddenahalli

Ever since my childhood, I have been deeply enamoured by music and wanted to pursue music as my life's passion. In 2017, when I expressed my innermost yearning to Sadguru Sri Madhusudan Sai, he allowed me to take up music as my full-time study and *sādhana*. A degree course in music was introduced in our institution and this served my interest well. I am more contented than ever before, as I wake up every day to learn music and sing for the divine. It's not only about music; our University helps students pursuing any field of knowledge to enrich their learning and achieve perfection in their particular field of interest.





# HEALTHCARE



**SRI SATHYA SAI  
SANJEEVANI HOSPITAL**

## UNI-SPECIALTY

**Sri Sathya Sai Sanjeevani  
Centres for Child Heart Care**



**SRI SATHYA SAI SARLA  
MEMORIAL HOSPITAL**

## MULTI-SPECIALTY

**Sri Sathya Sai Sarla Memorial Hospital**



**DIVINE MOTHER &  
CHILD HEALTH PROGRAM**

## MOTHER AND CHILD

**Divine Mother & Child  
Health Program**



**Sri Sathya Sai Sanjeevani  
Mother and Child Hospitals**

## OTHERS



## UN SDGs ALIGNED

Connecting from one heart to the other through the medium of love, compassion and passionate healthcare.





## PATRONS SPEAK



**Mr Kapil Dev –  
(Legendary Indian Cricketer)**

*"The service being rendered in this hospital is unbelievable and that too for the last 10 years. I congratulate the doctors, medical staff, and staff for their exemplary work. I advise all mothers to take care of their children so that they carry forward the legacy of Sathya Sai Sanjeevani. I am hopeful that Sai Sanjeevani will become a role model not only for India but for the future of the whole world."*



**Mr Ramesh Bais –  
(Hon'ble Governor of Maharashtra)**

*"On the occasion of the 5th-anniversary celebrations of Sri Sathya Sai Sanjeevani Research Foundation, I express my heartfelt best wishes. You need a good heart to take care of an ailing heart. It is important to bring awareness about CHD in society to reduce mortality. Our primary goal should be the prevention of CHD. Pregnant mothers should be given adequate nutrition and free from harmful addictions like tobacco. It gives me immense pleasure to know that Sanjeevani is engaged in research on CHD, and I congratulate all contributing scientists and clinicians."*



**Dr Salvatore Agati –  
(Director and HOD of Paediatric Cardiac Surgery –  
Bambino Gesù Pediatric Hospital, Rome, Italy)**

*"I have come to Sai Sanjeevani not to teach but to learn about a new way of medical care. A doctor should be ready to embrace change rather than resist it. Medical conditions need to be tackled not only by a surgical approach but also by a multi-disciplinary approach with compassion as their foundation."*



# BRIDGING THE GAP

## HEALTH - A PASSION TO SERVE COMMUNITIES AND NEEDY

In the words of the Greek Physician Hippocrates, “Wherever the art of medicine is loved, there is also a love of humanity.” India was a nation that practiced compassionate healthcare, considered an art, and those who performed this divine art were verily considered ‘GOD’ in our tradition – *vaidyo narayano harihi*. Thus arises the need to develop the correct understanding of health and healthcare. Health is the state of being where the mind, body, and soul are harmonious. Healthcare is the passion to cure anything that hampers this natural state of an individual with the thought that the one who treats and is being treated is verily the form of God.

Deeply rooted in ancient Indian philosophy, and true to the art of compassionate healthcare, the various healthcare initiatives works on a futuristic goal keeping ‘children’ as the focus.

Aligned with the various **UN Sustainable Development**, the chain of Hospitals directs their focus on addressing all major health priorities: reproductive, maternal, newborn, child and adolescent health; communicable and non-communicable diseases; universal health coverage; and access to all to safe, effective, quality and affordable medicines and vaccines and removing ‘affordability’ from healthcare, providing services absolutely free of cost.





# HEALTHCARE - AN OVERVIEW

## 1. SRI SATHYA SAI SANJEEVANI CENTRES FOR CHILD HEART CARE

Sri Sathya Sai Sanjeevani Centre for Child Heart Care are a chain of Hospitals that treat children Totally Free of Cost restoring dignity to a child's life and gifting a healthy heart. This journey of reaching tender hearts began with the establishment of the first dedicated Centres for Child Heart Care Atal Nagar (prev. Naya Raipur), Chhattisgarh in November 2012, and today spearheads over 5 centres across the country, excelling in the field of Child Heart Care.



Baghola, Palwal, Haryana



Kharghar, Navi Mumbai, Maharashtra



Nava Raipur Atal Nagar, Chhattisgarh

## 2. SRI SATHYA SAI SARLA MEMORIAL HOSPITALS

The Sri Sathya Sai Sarla Memorial Hospital is a multispeciality hospital with the idea of providing quality healthcare to all absolutely free-of-cost. Named after the late Mrs. Sarla Indulal Shah, who devoted her life to the service of humanity, the hospital has made quality healthcare available and accessible to all in need. Since its commencement in January 2018, the Sarla Memorial Hospital has been serving patients in various disciplines of General Medicine, Paediatrics, Obstetrics and Gynaecology, ENT, Dentistry, Pathology, Community Medicine, and Physiotherapy.



Muddenahalli Rd, Mavahalli, Karnataka

### 3. MOTHER AND CHILD



#### Sri Sathya Sai Sanjeevani Mother and Child Hospitals

The Sri Sathya Sai Sanjeevani Mother & Child Hospitals are dedicated Centres providing quality maternal and neonatal care to the rural underprivileged of the country. The first Totally Free of Cost Mother & Child Hospital commenced

in Nava Raipur (Chhattisgarh) in 2021. Upon the invitation of governmental, social and private sectors across states, four more Mother and Child Hospitals were set up in a span of 1 year in Palwal (Haryana), Yavatmal (Maharashtra), Raiwala (Uttarakhand) and Jamshedpur (Jharkhand).

### 4. OTHERS



#### a. Sri Sathya Sai Sanjeevani Research Foundation

Healthcare is complete when the understanding of its causes accompanies the treatment of disease. With this motive, 'Sri Sathya Sai Sanjeevani Research Foundation' has been established, dedicated to studying the causes of Congenital Heart Disease.



#### b. Sri Sathya Sai Aarogya Vahini Trust

The Sri Sathya Sai Aarogya Vahini – Mobile Hospital is pivoted to treating and providing quality healthcare at hinterland settlements and rural regions of West Bengal and other neighbouring States.



# OUR STAKEHOLDER MATRIX

## SRI SATHYA SAI SANJEEVANI HOSPITALS PAEDIATRIC CARDIAC CARE MOTHER AND CHILD CARE



	Who are They?	Our Engagement
Samsthā (Institutions)	Medical Professionals who drive the Paediatric Cardiac and Mother & Child Care Work at the Sri Sathya Sai Sanjeevani Institutions	The Sanjeevani Centres offer state-of-the-art infrastructure to have a “Give more, Never Done” approach towards medical care. Opportunities in the areas of academics, training and research to nurture an environment of innovation are provided
	Management, Administrative, Nursing, Paramedical and Support Departments at the Centres	The Employees are provided with an ecosystem and a safe workplace to bring out the best work culture. With love and compassion as the basic tenets of the Organisation, leaders and teams strive to reflect these values in every direction and activity. Equality at the workplace is the main driver for the institutions
Samāj (Society)	<ul style="list-style-type: none"> <li>★ All children with Congenital Heart Diseases accessing care at the Centres</li> <li>★ Expecting women who seek comprehensive maternal care</li> </ul>	Patient care drives all activities at the Institutions. Their experience in these Temples of Healing is of utmost importance. Apart from providing all essential care and services to accompanying attendants at the hospitals, dedicated patient care teams engage with patients during their difficult times through various services - information management, counselling, post-op care, travel assistance, etc., all driven by love.



	Who are They?	Our Engagement
Samāj (Society)	Local, National and International Vendors for the Capital and Operational requirements of the hospitals, including equipment medical consumables, stationery, laboratory and blood services, etc.	Vendor management is critical to efficient functioning. Dedicated Supply Chain teams drive procurement, and related activities to effectively align business operations to business strategies, including researching and sourcing vendors, obtaining quotes, negotiating contracts, managing vendor relationships, evaluating vendor performance and paying vendors
	Social organisations in the society with wide experience and a similar vision to further the national goal of 'Right to Healthy Motherhood and Healthy Childhood', including research, nurses training, rural development	Partnerships with all our Institutions and Individual who strengthen the work and enhance the Patient Experience at the Hospitals. Collaborations with various Institutions with shared visions to create a high-impact model thereby, touching more lives. Relationship managers for these partners are responsible for building, sustaining and growing relationships
	Corporate Social Responsibility teams of Corporates undertaking Healthcare as an area of Social Impact Focus	Corporates with shared visions are the key to a healthcare model aiming to provide large-scale quality services to society. Senior Trust teams drive CSR relationships with regard to donor finding, nurturing, grant proposals, grant implementation, and donor retention. Impact Management, Accountability, and Transparency drives the approach towards CSR Partners
Sarkār (Government)	Local, State, and National governments define health policies and drive sustainable initiatives towards Universal Health Coverage	Strong relationships with Governments, with a clear agenda of contributing to the Government's National Goals on Healthcare. From Active contribution at the Field level to informing policy-making, these relationships together forge partnerships to enable successful Universal health coverage in the country
	Health Programmes at the National and State Levels are aimed towards providing affordable quality care to All. These include Ayushman Bharat, Janani Suraksha Yojana, Rashtriya Bal Swasthya Karyakram, Jananin Suraksha Yojana, Chirayu Chhattisgarh, MJPJAY, etc. Also includes Training Accreditation bodies such as the National Board of Examinations, Maharashtra University of Health Sciences etc.	Hospitals are a part of national and state programmes, both programmatically and financially, to increase the quantum of Free Care being offered to the economically backward families of the society. These programmes work hand in hand with the hospitals to address these joint goals and increase the rural coverage of services

# OUR COMMITMENTS



Hurling out economy from the equation of quality healthcare, redeems the society out of the vicious cycle of poverty and lack of access to healthcare. High quality healthcare is made accessible to the poorest sections of the society absolutely free of cost.



Ensuring the well-being of mothers and children by constant monitoring of their health during antenatal and postnatal stages, and by giving the right kind of nutrition, health guidance and counselling.



Upgrading health education and healthcare skills is considered cardinal, and hence on-the-job fellowship programmes in numerous disciplines of paediatric cardiac care and nursing programmes are conducted.



Empowering all with equal opportunities without discrimination, with regards to employment, training and healthcare.



Minimising the environmental impact by increasing regulation around energy usage and generation.



Upholding the values of dignity of labour, mutual co-operation and respect, freedom with discipline, flexibility with accountability, helps create an ethos of harmony and trust, thereby keeping the morale and motivation of staff high.



Making conscious efforts towards building sustainable campuses where the use of resources is balanced with natural living and protection of the environment.





# THE IMPLEMENTATION

## SRI SATHYA SAI SANJEEVANI CENTRES FOR CHILD HEART CARE, AND MOTHER AND CHILD CARE



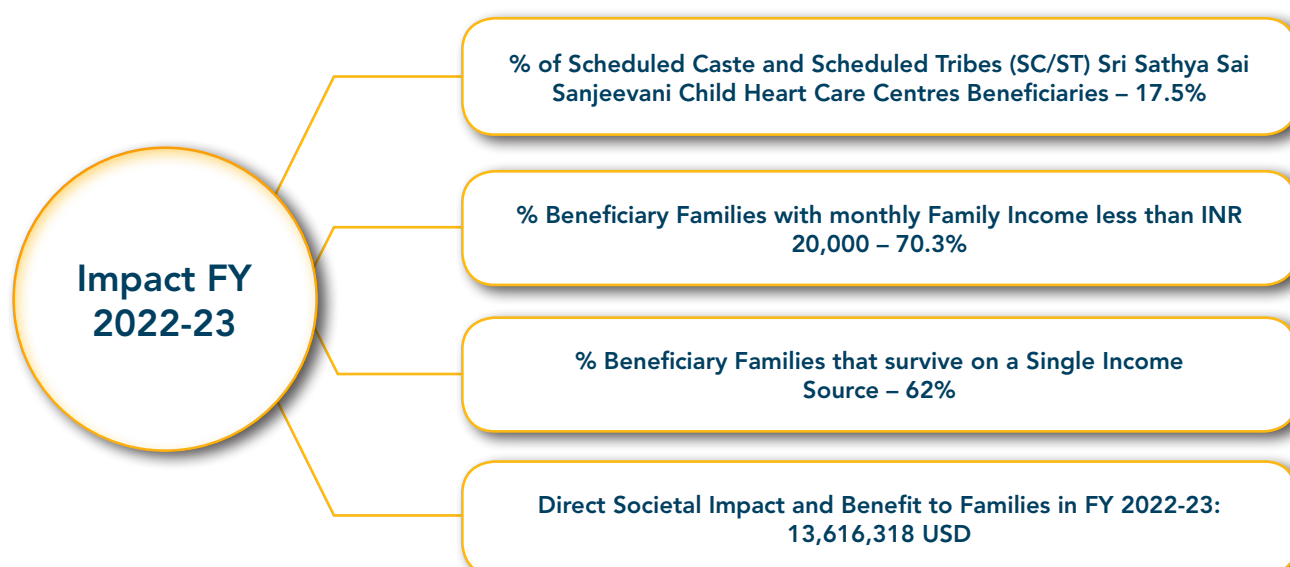
### Why It Matters?

#### Paediatric Heart Care

- ★ India is a country with a wide demographical and economic distribution, which has given rise to the concept of 'Affordability' in the field of healthcare
- ★ Factors such as poverty, poor health and lack of efficient medical facility has inserted discrimination and inadequate quality healthcare services thereby removing the greatest gift that healthcare bestows on mankind – 'The Gift of Healthy life'

### What We Do?

**Serving the Unserved** – The right to health is an inclusive right, extending not only to timely and appropriate health care, but to make it more universally accessible. The model aims to make quality secondary and tertiary care accessible to socio-economically backward and underprivileged families.



## Why It Matters?

### Mother and Child Care

Often deliveries and neonates requiring more complex care are required to be referred to higher centres, resulting in significantly high costs for the family. The estimated average cost of **C-sections in India is INR 70,000/USD 840** which could put significant economic stress on families eager to ensure quality care.

Due to the prevalence of malnutrition in the country, expecting mothers are often found in need of critical care and give birth to undernourished children, which hampers their health and well-being from the start.

### What We Do?

- ★ 2022-23 witnessed the commencement of three new Mother and Child Hospitals in Yavatmal (Maharashtra), Raiwala (Uttarakhand) and Jamshedpur (Jharkhand), providing totally Free of Cost healthcare to rural expecting women and neonates



### 3 GOOD HEALTH AND WELL-BEING



## PROMOTING PREVENTIVE AND AFFORDABLE HEALTHCARE TO ALL

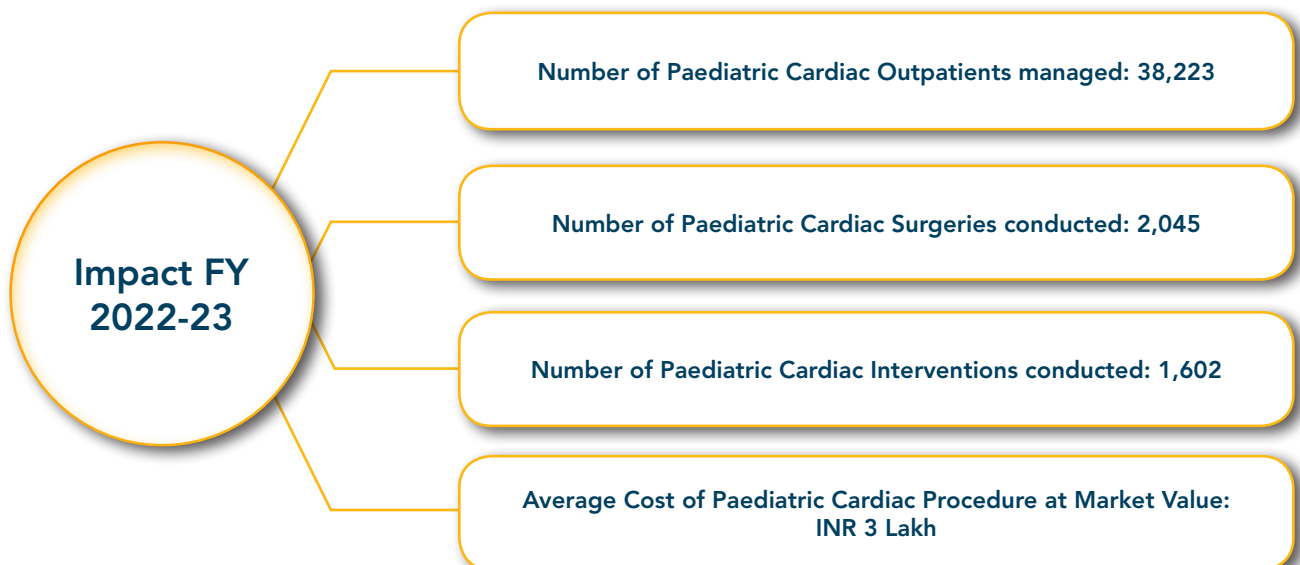
### Why It Matters?

#### Paediatric Heart Care

- ★ **Congenital Heart Disease** is the most common cause for infant mortality, accounting for around 3-10% of infant deaths, due to lack of quality health services. One CHD surgery is estimated to cost around USD 4,000 – 6,000 (INR 2.5 Lakh to INR 4.5 Lakh)
- ★ 70% children undergoing timely paediatric cardiac procedures lead a normal life with an average lifespan

### What We Do?

The Sri Sathya Sai Sanjeevani Centres for Child Heart Care entail and offer diagnostic, interventional cardiology services and surgical treatment of Congenital Heart Diseases, handling the entire repertoire of paediatric cardiac interventional and surgical procedures, including newborn and infant heart surgeries.



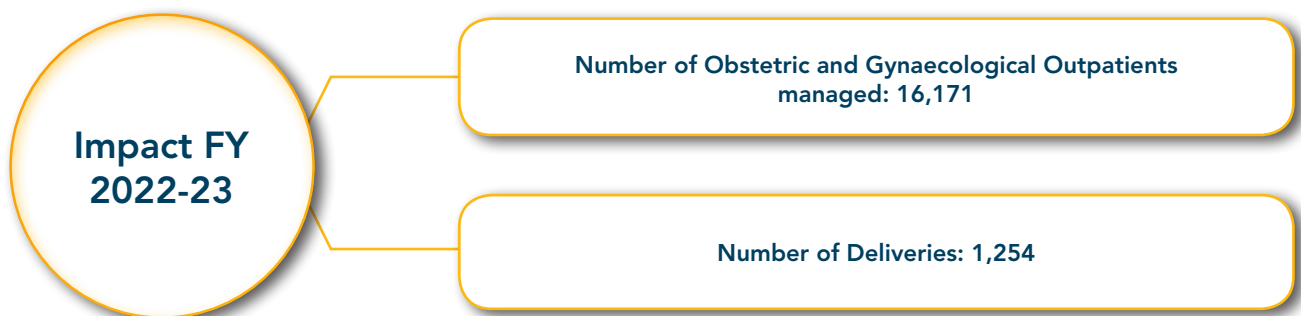
## Why It Matters?

### Mother and Child Care

The minute a woman becomes a mother, her entire purpose of life is focussed on nurturing her child. The first step to this beautiful journey of motherhood is to avail preventive quality healthcare, both for the mother and her child.

### What We Do?

The Centres strengthen the Government's Maternal Health Program by providing essential and comprehensive Obstetric Care including Antenatal Care, Gynaecology consultation, Ultrasonography, IPD Care, SNCU Care, micro-nutrient supplementation, Lab Tests & Counselling, Totally Free of Cost to expecting women.





## 4 QUALITY EDUCATION



## ENSURE INCLUSIVE AND EQUITABLE QUALITY EDUCATION AND PROMOTE LIFELONG LEARNING OPPORTUNITIES FOR ALL

### Why It Matters?

- ★ Envisioning a more holistic approach towards Congenital Heart Disease and Mother and Child Care, the Centres aim to build a national and global capacity of trained Paediatric Cardiac professionals through Centres for Learning Excellence
- ★ **The objective** is to conduct academic, training and skill development programmes for doctors, nurses and allied healthcare providers to develop skills and invaluable experience to address this national and global issue of Congenital Heart Disease and become able instruments in the service of society

### What We Do?

1. **Medical Fellowship Programmes – On-the-job Fellowship Programmes** (Institutional and courses accredited by the National Board of Examinations and Maharashtra University) are offered in the disciplines of Paediatric Cardiology, Paediatric Cardiac Anaesthesia and Intensive Care, Paediatric Cardiac Surgery and Public Health. The programmes are a balance of clinical, academic and research work.

Impact FY  
2022-23

**Eight Medical Fellows** commenced their Fellowship and **10 Post Graduates** participated in short-term Internship Programmes

2. **Paramedical Training Programmes** – Allied health professionals play a critical role in the healthcare team to optimize patient outcomes.

Impact FY  
2022-23

**Sri Sathya Sai Sanjeevani Centres** trained **50 physiotherapists** and **15 paramedical technicians** including ECHO Technicians, OT Technicians and Perfusionists

3. Sanjeevani Hospitals organised opportunities for the nurses to be trained within its own centres through customised training programmes, handholding and mentoring sessions, preparation for interviews and exposure visits to employer locations.

Impact FY  
2022-23

**Number of Nurses trained - 125**







**ACHIEVE GENDER EQUALITY  
AND EMPOWER ALL WOMEN  
AND GIRLS**

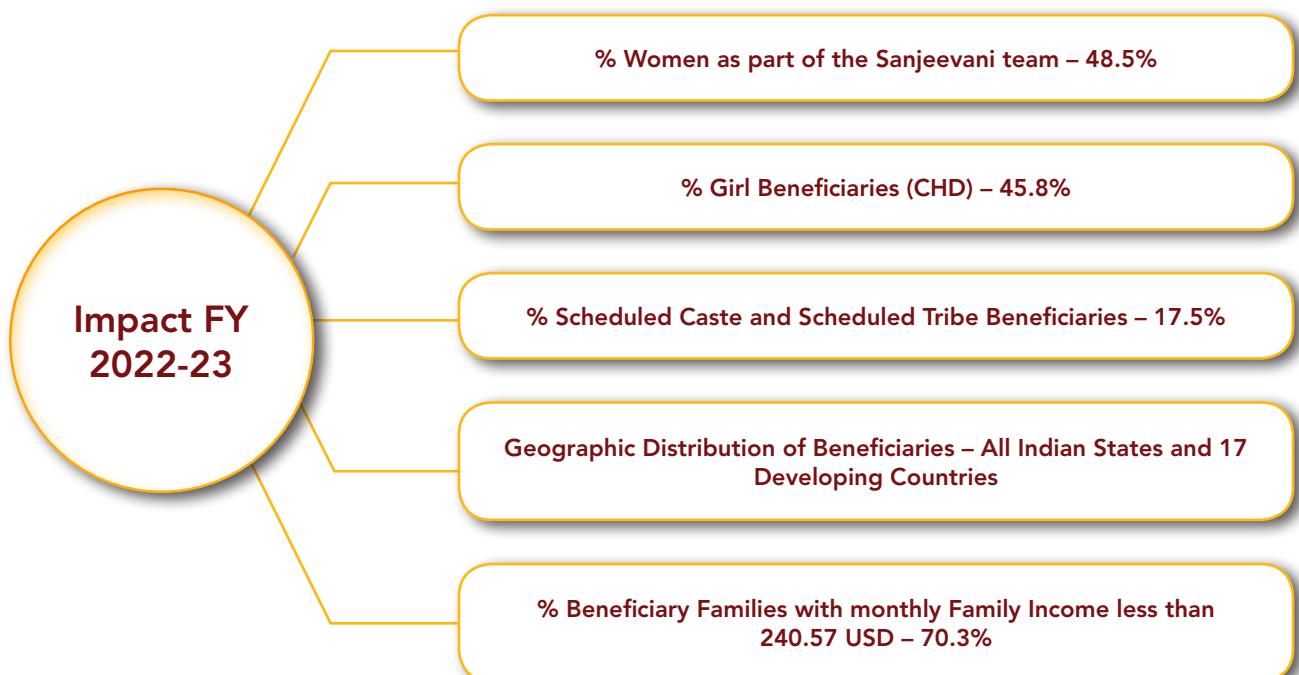


**REDUCE INCOME INEQUALITY  
WITHIN AND AMONG  
COUNTRIES**

### Why It Matters?

Right to equality is one of the five fundamental rights of every individual in our country. And the term equality refers to being indifferent to all and treating them all evenly. Every individual deserves to receive the best and Sanjeevani Hospitals work to uphold equality in all its endeavours.

### What We Do?



## 11 SUSTAINABLE CITIES AND COMMUNITIES



MAKE CITIES AND HUMAN SETTLEMENTS INCLUSIVE, SAFE, RESILIENT, AND SUSTAINABLE

## 15 LIFE ON LAND



PROTECT, RESTORE AND PROMOTE SUSTAINABLE USE OF TERRESTRIAL ECOSYSTEMS, SUSTAINABLY MANAGE FORESTS, COMBAT DESERTIFICATION, AND HALT AND REVERSE LAND DEGRADATION AND HALT BIODIVERSITY LOSS

### Why It Matters?

- ★ Population of India stands at 140.76 crores as of 2022 and about 37% belong to the middle-class economy. This steady rise in population and driving ambitions of middle-class workers have increased purchasing power but has become a threat to the resources of the country
- ★ Non-availability of agricultural land, shrinking lakes and reduced groundwater levels, increased air pollutants, migration of rural masses to the urban areas, etc., have necessitated the need to relook how existing practices have impacted the world today



## What We Do?

### 1. Afforestation:

- Pockets of land in the campuses are ear-marked for afforestation
- In Sri Sathya Sai Sanjeevani Hospital (Raipur, Chhattisgarh) close to 10% (three acres) of the land is utilised for the purpose of ecological engineering method known as Miyawaki

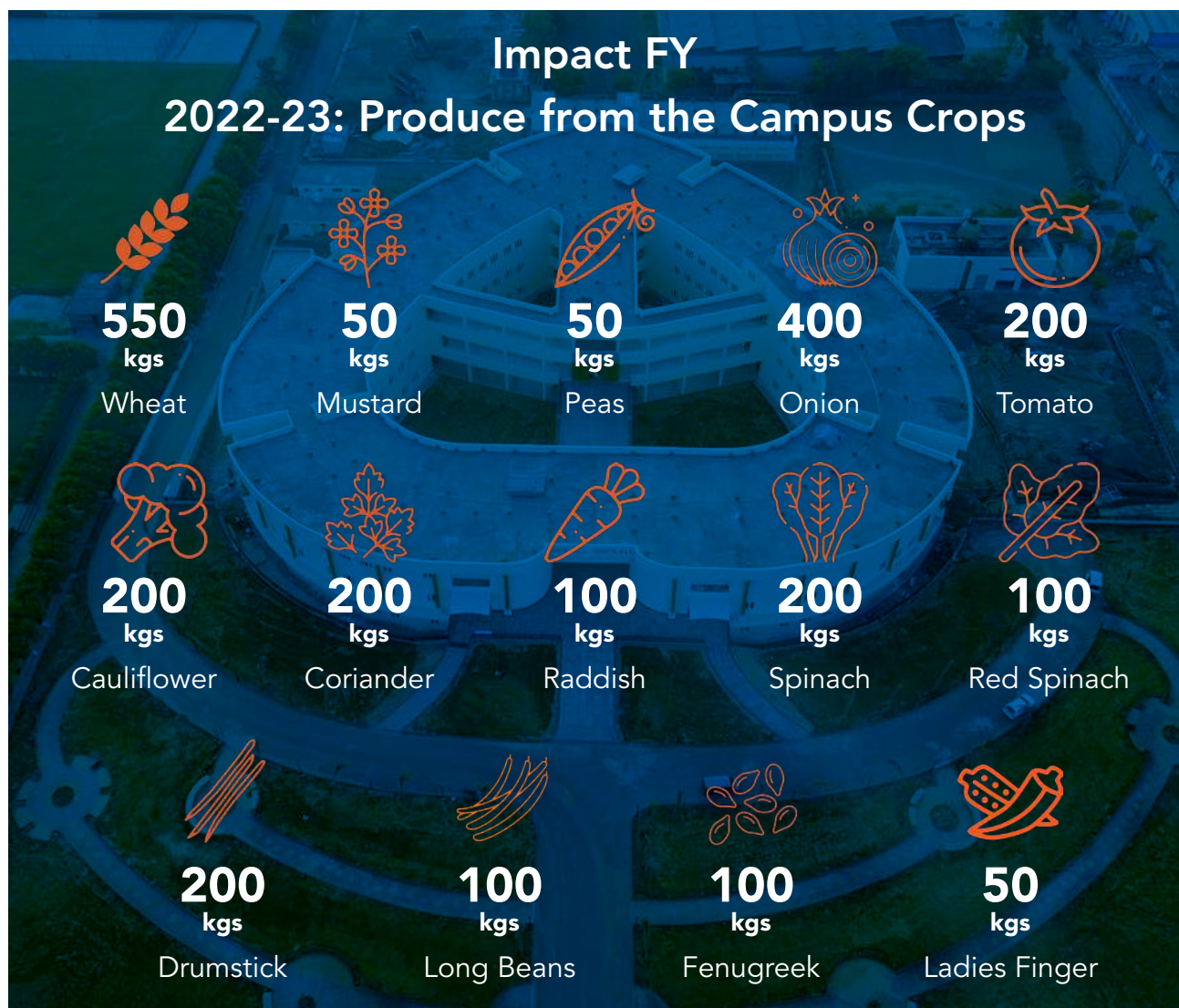
### 2. Dairy Farms:

- A2 type milk and milk products like Ghee and Paneer produced through indigenous cow breeds, and are used to prepare food for the children treated in the Hospitals
- Cow dung and urine are extensively used to rejuvenate the soil on the campus and the same is also distributed to the local farmers in the vicinity to improve their soil fertility

### 3. Agriculture:

- Pockets of land in the campus are used to grow vegetables, rice, fruits, etc., and the produce is consumed by residents on campus and patients

The entire campus is a picturesque view of green spaces, walkways and pleasant ecosystems for the patients and residents.





## 17 PARTNERSHIPS FOR THE GOALS



### JOINING HANDS FOR A BETTER FUTURE

#### Why It Matters?

- ★ Social collaboration enables like-minded individuals or groups to interact and share information to achieve common goals
- ★ Long-term collaborations with society form the core of sustainable initiatives



#### What We Do?

The Sri Sathya Sai Sanjeevani Hospitals for Child Heart Care, amalgamate with individuals, healthcare providers and institutions to unite and work towards uplifting the Nation.

- MoU with Benjamin Mkapa Hospital, Tanzania** - Sri Sathya Sai Sanjeevani Centres for Child Heart Care and The Benjamin Mkapa Hospital in Tanzania have entered into a Memorandum of Understanding (MoU) to enhance healthcare services for the underprivileged children in Tanzania who require life-saving surgery for Congenital Heart Disease.
- MoU with Government of Italy on 13 May 2022** was yet another momentous day for the Sri Sathya Sai Sanjeevani Hospital, Nava Raipur. A Memorandum of Understanding (MoU) was signed between Italy and India.
- MoU with Niloufer Hospital, Hyderabad** – Sri Sathya Sai Sanjeevani Centres for Child Heart Care signed an MoU with Niloufer Hospital, Hyderabad, a Centre of Excellence in Paediatric Care for the State of Telangana.
  - Sai Sanjeevani runs a CHD Screening Centre at Niloufer Hospital aimed at early screening, Echo Cardiography and timely referral for CHD patients seeking care at the Hospital



MoU With Benjamin Mkapa Hospital, Tanzania



D. **MoU with UNICEF, Chhattisgarh** - UNICEF and Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Nava Raipur, Chhattisgarh have joined hands for developing a model for Comprehensive Primary Health Care for Universal Health Coverage. The MoU was signed on 04 August 2022.

- **Vision:** establish Centres of Excellence for Paediatric Cardiac Sciences and Midwifery, jointly by Sri Sathya Sai Health and Education Trust, and UNICEF
- The safe motherhood Programme which is part of the MoU will provide preconception care including testing, counselling, and preventive treatment of eligible couples to ensure a healthy mother and baby
- As per the UNICEF will provide financial and technical assistance by leveraging national and international expertise. Sri Sathya Sai Health and Education Trust will implement the model with the support of the Public Health team along with specialists (gynaecologists/paediatricians), providing expert laboratory services and build capacities of various key stakeholders such as staff, front-line HCWs and adolescents through several training programmes



E. **MoU with State Rashtriya Bal Swasthya Karyakram (RBSK) – Uttarakhand, Uttar Pradesh and Odisha** - Sri Sathya Sai Sanjeevani Centres for Child Heart Care signed Memorandums of Understanding with the state RBSK teams of Uttarakhand, Uttar Pradesh and Odisha to be strengthen screening, diagnosis, referral and treatment for children with Congenital Heart Disease.

- Rashtriya Bal Swasthya Karyakram (RBSK) is an initiative of the Ministry of Health & Family Welfare, Government of India, aiming at early identification and early intervention for children from birth to 18 years to cover 4 'D's viz - Defects at birth, Deficiencies, Diseases, Development delays including disability.
- These MoUs shall enable Sri Sathya Sai Sanjeevani Centres for Child Heart Care to reach out to the most rural children and contribute to giving them the most precious Gift of Life





# TESTIMONIALS

## TOUCHING HEARTS - FROM ONE HEART TO THE OTHER!

### 1. The Brave Girl of Uttar Pradesh – Ms Anamika Singh

Ms Anamika, a nine-year-old girl from Uttar Pradesh, was diagnosed with Chronic Respiratory Disease (CRD) at the tender age of six months in Delhi. During her first year, a tragedy struck her family with the sudden demise of her father leaving a huge impact on them, both mentally and physically. Her elder brother began working in a dairy farm to support her mother – Mrs Rani Singh. It was strenuous and challenging for her mother to raise two children on her own, she turned to Anamika's uncle for help. As life began to improve, Mrs Singh noticed that Anamika suffered from recurrent cough and cold, and was facing difficulties while breathing. At the age of seven, Ms Anamika was diagnosed with Coronary Artery Disease (CID). After spending almost INR 250,000/USD 3,000 on medical expenses, the family walked through the portals of Sri Sathya Sai Sanjeevani Centre for Child Heart Care, where she underwent a Ventricular Septal Defect (VSD) and Patent Ductus Arteriosus (PDA) ligation absolutely free of cost, on 30 April 2022.

The mother heart was filled with relief, happiness and gratitude to see her child being gifted a normal life. She was at ease as her family was relieved from the huge burden of debts. Now the family wants to spend their savings on educating their little girl and show her the way to lead a bright future, which awaits her.

### 2. Barbados to Sathya Sai Sanjeevani - Driven by Destiny

Ms Alin, the first patient from Barbados (USA), received a new lease of life from Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Nava Raipur, Chhattisgarh. Initially, she was detected with heart issues in her childhood for which she got a consultation in one of the local hospitals in Barbados. Due to the lack of an efficient child heart care centre, her report was forwarded to the USA, where her surgery was estimated at USD 40,000 much beyond the family's affordability.

After much persuasion, the surgery was planned in 2019. The surgery was postponed to 2020, as the world witnessed the tremors caused by the COVID-19 pandemic.

Her family's consistent efforts to treat their child bore fruits on 12 January 2022, when finally, Ms Alin stepped into Sri Sathya Sai Sanjeevani Hospital and was treated absolutely free of cost by a successful team of doctors.

### 3. The Dual Hat of a Mother and a Father!

Just after two hours after their child's birth, the parents of Master Shiv Chauhan were shocked to find out that their little baby had a hole in his tiny heart. The mother, a housekeeper employed at a private hospital, was uncertain of how to provide for the child with her limited income.



On 24 January 2022, Master Shiv, four and a half years old, developed a medical complication and had to undergo an inguinal herniotomy. The child had the greatest trauma of his life, as immediately after his surgery, his mother passed away leaving behind three children under the care of now a single father with a limited income. The father sought help from Sri Sathya Sai Sanjeevani Hospital, where he brought his son, for a check-up. On 14 May 2022, he was diagnosed with Tetralogy of Fallot (TOF), following which Shiv underwent a successful intra-cardiac repair. During the counselling session, the father recounted his difficult journey to remain strong while facing the loss of his wife, discord in the family, and the biggest challenge of being a mother and father to three children in this crucial time. He expressed his gratitude to Sri Sathya Sai Sanjeevani Hospital as without this totally free treatment, he would have ended up in large debt. In the course of treating his son, and before approaching Sri Sathya Sai Sanjeevani Hospital, the father had already spent INR 50,000/USD 600 which was borrowed as a loan.

The Sanjeevani team salutes this father for his courage and strength in raising three children as a single parent during such traumatic times.

#### 4. Gratitude to an Army Man!

Rifleman (Indian Army Intelligence) Mr Ajay Pal Singh was posted in Shillong when his baby, who was merely 18-days-old, succumbed to complex Congenital Heart Disease (CHD).

After a year, Ms Kanika, the second child of Mr Pal was born and was also diagnosed with CHD during her fourth month. The baby suffered from breathlessness and unlike the other babies, struggled to put on weight over the next few months.

While Mr Pal went foraging for a good childcare facility, he discovered Sri Sathya Sai Sanjeevani Hospitals which were treating children absolutely free of all charges. He approached the teleconsultation services offered by the Sanjeevani hospitals and was convinced to treat his child at one of its Centres located at Palwal, Haryana.

After seeking medical leave, he attended OPD at the Hospital at Palwal, where his baby was diagnosed with a large Patent Ductus Arteriosus (PDA) with severe Pulmonary Arterial Hypertension (PAH). The child had extreme failure to thrive (weighing just four kilograms at nine months of age: birth weight of close to three kilograms). Mr Pal was given a counselling session on the dietary needs of the baby. Also, the large shunt needed early closure. His daughter was then admitted for surgical ligation of PDA.

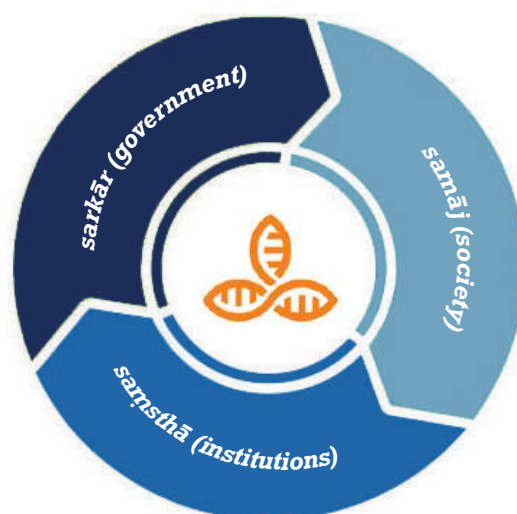
She underwent successful surgery at the age of 10 months. Ms Kanika got a new life! Indeed, carrying a legacy of strength like her Rifleman father, she fought CHD with the support of Sanjeevani Hospital.

*"Even my work is to take lives of the enemies of our Nation: at the border; but your work as a doctor is to give new life to a child after fighting the disease. Doctors are supreme than a soldier",* was Mr Pal's line to sum up the session.



# OUR STAKEHOLDER MATRIX

## SRI SATHYA SAI SANJEEVANI RESEARCH FOUNDATION



	Who are They?	Our Engagement
Samsthā (Institutions)	<b>Research Teams</b>  Medical Professionals who drive the Paediatric Cardiac Care Work at the Sri Sathya Sai Sanjeevani Institutions	Sanjeevani researcher is committed towards research to benefit society. The research ideas are moulded to deliver quality research with the ultimate goal of primary prevention of CHD and restoration of healthy childhood to one and all. Researchers have adequate experience, knowledge and zeal for research to think in a holistic way and pass their skills and knowledge to national scientific capacity building
	<b>Sri Sathya Sai Sanjeevani Hospital</b>  Provision of space for research, clinical expertise and manpower, administrative assistance	Provision of a safe workplace for research and a healthy ecosystem with the best work culture. Clinicians, nurses, and medical and paramedical staff wholeheartedly support the research activities in the best possible ways. Ethics Committee of the hospital reviews and guides the research projects



Students pursuing MSc Life Science visited Sri Sathya Sai Sanjeevani Research Foundation

	Who are They?	Our Engagement
Samāj (Society)	<p>Patients-all children with CHD accessing care at the Centres and their families</p>	<p>All our beneficiaries provide their invaluable biological samples voluntarily for research</p>
	<p><b>Vendors</b></p> <p>Local, National, and International vendors, for the capital and operation requirements</p>	<p>Vendor management is critical to efficient functioning. Dedicated supply chain teams drive procurement and related activities to effectively align business operations to business strategies, including researching and sourcing vendors, obtaining quotes, negotiating contracts, managing vendor relationships, evaluating vendor performance and paying vendors</p>
	<p><b>Institutional Partners</b></p> <p>National and International research and academic institutes of repute</p>	<p>Through institutional handshake, together we progress to deliver high-quality research</p>
	<p><b>CSR Partners</b></p> <p>Corporate Social Responsibility teams of Corporate consider Research as an area of Social Impact</p>	<p>Senior team drive at the Trust CSR relationships, with regards to donor finding, nurturing, grant proposals, grant implementation and donor retention. Impact management, accountability, and transparency drive our approach towards CSR partners. CSR initiatives are to improve research infrastructure and undertake new projects</p>
Sarkār (Government)	<p><b>Government</b></p> <p>National government funds time-bound research projects towards the self-sustainability of the research institute</p>	<p>We write to Government funding agencies like the Department of Biotechnology (DBT), ICMR (Indian Council of Medical Research), SERB (Science and Engineering Research Board), and DST (Department of Science and Technology) presenting our research idea and plan of work with timelines, thereby implementing peer reviewed and accepted quality research</p>
	<p><b>Government-sponsored Research Sites</b></p> <p>National bodies like DBT, and ICMR fund the complete establishment of Biorepositories which provides national recognition</p>	<p>We would be applying to National Government funding agencies to provide support for developing infrastructure, resources and manpower for the establishment of a National Biorepository for CHD research in the next year</p>



# OUR COMMITMENTS



Ending the callous chain of malnutrition and hidden hunger through research



Ensuring healthy lives and promote well-being for all at all



Guaranteeing inclusive and equitable quality education and promote lifelong learning opportunities for all



Championing gender equality and women empowerment



Partnering with like-minds to achieve the goals



# THE ACTION

## SRI SATHYA SAI SANJEEVANI RESEARCH FOUNDATION

**2 ZERO HUNGER**



### ENDING THE CALLOUS CHAIN OF MALNUTRITION AND HIDDEN HUNGER THROUGH RESEARCH

#### Why It Matters?

Extreme hunger and malnutrition are roadways to poor health. Maternal malnutrition this way can culminate into serious birth anomalies like CHD. Research is quintessential to understanding the mechanism of hidden hunger in order to restore societal good health and especially mother and child well-being.



#### What We Do?

##### Research on nutritional deficiencies in the periconceptual period

##### Allied publications so far:

1. Joshi RO, Chellappan S, Kukshal P Exploring the Role of Maternal Nutritional Epigenetics in Congenital Heart Disease. CurrDevNutr 2020; 4: nzaa166.
2. Joshi RO, Kukshal P, Chellappan S, Guhathakurta S. The study of expression levels of DNA methylation regulators in patients affected with congenital heart defects (CHDs). Birth Defects Research. 2022; 1–10.

### 3 GOOD HEALTH AND WELL-BEING



## PROMOTING PREVENTIVE AND AFFORDABLE HEALTHCARE TO ALL

### Why It Matters?

Right to healthy childhood is the birthright of each newborn. CHD is amongst the commonest birth anomalies with a significant effect on childhood mortality and morbidity. Primary prevention of this debilitating birth defect will contribute significantly towards societal upliftment.

### What We Do?

#### Research on potential causal factors for CHD

1. Case-control Association Study of Congenital Heart Disease from a Tertiary Paediatric Cardiac Centre from North India (accepted in BMC Pediatrics-2023).
2. Spectroscopic analysis of serum samples in Congenital Heart Diseases. Abstract published at IX International Conference on Perspectives in Vibrational Spectroscopy (ICOPVS-2022).
3. Oral health status and dental anomalies among children with congenital heart disease in contemporary times. Special Care in Dentistry. 2022 Dec 21.
4. Pseudoaneurysm following a neonatal coarctation repair; a dreadful complication. Asian Cardiovascular and Thoracic Annals 2021; 1–7.
5. Isolated left subclavian with a compensatory ductus in a child with Tetralogy of Fallot. Asian Cardiovascular and Thoracic Annals 2021; 0(0) 1–3.
6. Not a Misnomer but a True Rarity. World Journal of Paediatric and Congenital Heart Surgery; DOI: 10.1177/21501351211000367.
7. Transoesophageal Echocardiography Reveals a Missed Right Atrial Aneurysm in a Patient with Atrial Septal Defect and Mitral Valve Prolapse. J CardiovascEchogr. 2020 Jul-Sep;30(3):171-173.
8. Congenital Heart Defects and environmental factors: A snapshot of CHD cohort from a tertiary care centre in India.

# SRI SATHYA SAI SANJEEVANI BIOBANK



## Vision

To build a national biorepository for CHD in India to aid the research towards bringing down the incidence of CHD.



## Mission

1. To build an advanced national biobank facility for proficient sample storage and retrieval, and data registry.
2. To develop skilled manpower in biobanking through training.

**Aim:** To establish a Biobank for Congenital Heart Defects of potential national significance.

### Objectives:

1. To collect biological samples from CHD patients and healthy controls; their mother and father, and any other relatives if required, available and willing.
2. To compile the detailed case history and concurrent control information about various potential environmental causal factors contributing to CHD and organise into a data registry.
3. To explore various aspects of sample storage with potential scientific significance, for efficient QA-QC measures.
4. To avail temporary or permanent storage facility for biological samples coming through multicentric studies.
5. To step towards national capacity building in CHD research through training and services.
6. To contribute to spreading about the importance, need and science of Biobanking in India.

### Research:

Blood	Serum	Biopsies	Probands	Trios
738	666	277	292	207

## 4 QUALITY EDUCATION



## GUARANTEEING INCLUSIVE AND EQUITABLE QUALITY EDUCATION AND PROMOTE LIFELONG LEARNING OPPORTUNITIES FOR ALL

### Why It Matters?

Paediatric cardiac research is a relatively unexplored but budding area of research. The aetiology of CHD is complex and multifactorial and requires scientific capacity building for dedicated quality research aimed at reducing the incidence of the disease. Quality research education imparted to zealous candidates will not only serve this broad purpose but also will develop us as an institution of excellence

### What We Do?

#### 1. Short-term training programme

We offer short-term hands-on training programmes for students pursuing BSc/MSc/BTech/MTech degrees in Biological Sciences (Biochemistry/Microbiology/Life Science/Biotechnology/Bioinformatics) for 3-6 months at SSSSRF. The programmes cover various hands-on training in molecular biology techniques.

#### 2. Dissertation programme

Students pursuing MSc/MTech Degree in Biological Sciences (Biochemistry/Microbiology/Life Science/Biotechnology/Bioinformatics) who are interested in undertaking their dissertation work/training for 4-6 months get quality training and guidance at SSSSRF.

**Students trained so far: 11 who completed dissertation studies and 22 short-term trainees**

Student dissertations completed since 2020 to date:

- ★ Sociodemographic Profile and Pattern of Congenital Heart Disease in Referred Children in the Tertiary Cardiac Centre – An Observational Study
- ★ Oral Health Status of Children with Congenital Heart Disease Dr Megha Sethi (2020)
- ★ Exploring the Correlation of Blood Group and CHD by Mr Shantgoud Biradar and Mr Bhanu Prakash (2022)
- ★ Variant Screening in Congenital Heart Disease patients for NKX2.5 gene by Ms Jayashree, Ms Amrutha, Ms Ramyakrishna and Ms Kavya (2023)
- ★ A study to assess the level of stress and coping strategies in parents of children with congenital heart disease Mrs Arpana Masih (2023)

## 5 GENDER EQUALITY



### CHAMPIONING GENDER EQUALITY AND WOMEN EMPOWERMENT

#### Why It Matters?

Equality is about ensuring that every individual has an equal opportunity to make the most of their lives and talents. Gender equality is to provide equal life opportunities to each and every individual without any social barriers.

#### What We Do?

SSSSRF envisions to provide increased and equal accessibility to all with regards to employment, training, research and career opportunities. The team of SSSSRF show no discrimination based on gender, geography, caste or nationality.

#### Impact in FYs 2022-23

% Women as part of the Sanjeevani research team – 66.66% in Palwal and 75% in Kharghar

% girl students who pursued research dissertation and internships so far – 55%





## 17 PARTNERSHIPS FOR THE GOALS



## PARTNERING WITH LIKE-MINDS TO ACHIEVE THE GOALS

### Why It Matters?

*"Alone we can do so little; together we can do so much."*  
– Helen Keller

Collaborations improve the quality of research to a great extent. Research collaboration is a process, not an event. Many productive deliberations and discussions lead to shaping the idea before implementation. Not only the expertise but also the infrastructure and resources can be shared for mutual benefits and this leads to the progress of science. Research collaboration leads to higher quality research than individual-based work because multiple sets of eyes are looking at each problem from different angles.

### What We Do?

#### COLLABORATIONS:



# OUR STAKEHOLDER MATRIX

## SRI SATHYA SAI AROGYA VAHINI - MOBILE HOSPITAL SERVICES FOR RURAL INDIA



	Who are They?	Our Engagement
Samsthā (Institutions)	<b>Outreach Medical Teams</b>  Medical professionals who drive the on-ground NCD screenings along with DCHP and women's wellness with ANC (Antenatal care)	On-ground medical officers serve with the zeal to contribute back to society with a sense of duty and love. Excellence in work and commitment towards the patients' well-being is the only focus and motivation
	Employees Administration, Nursing, Paramedical and Support Departments	All the employees are aligned to the same goal of compassionate healthcare and serve our motherland  Teamwork towards nation-building sets a work culture which is totally value driven



	Who are They?	Our Engagement
Samāj (Society)	Patients hypertensive, diabetic patients, expecting mothers accessing antenatal care (ANC) and children.	Patient care is the first priority of the team. There are dedicated patient care teams to assist patients during their difficult times through various services such as – information management, counselling, post-op care counselling, personal hygiene and health habits, etc.
	<b>CSR teams of Corporates</b>	Corporate partners extend their services willingly as part of their contribution towards a shared social responsibility. Impact management, accountability and transparency drive our approach towards CSR partners
	<b>Vendors</b>  Local vendors from various parts of the country for capital and operational requirements of the institution, including equipment, medical consumables, stationery, medicines, etc.	Dedicated teams drive procurement and related activities which include vendor sourcing, obtaining quotes, negotiating contracts, managing vendor relationships, evaluating vendor performance and paying vendors
Sarkār (Government)	Local and State Governments help to drive sustainable initiatives towards universal health coverage	Keeping strong relationships with the Government, with a clear agenda of contributing to the Government's national goals on healthcare, brings about mutual trust and well-disposed connections



# OUR COMMITMENTS



Serving the unserved and breaking the chain of poverty by improving overall well-being through accessible healthcare



Focusing on preventive primary healthcare through outreach public health initiatives in remote rural pockets



Envisioning equal accessibility to all with regards to employment, training and care opportunities



Breaking the barriers of economical, social, geographical, and demographical inequalities in the states where the outreach initiatives are rolled out



# 1 NO POVERTY



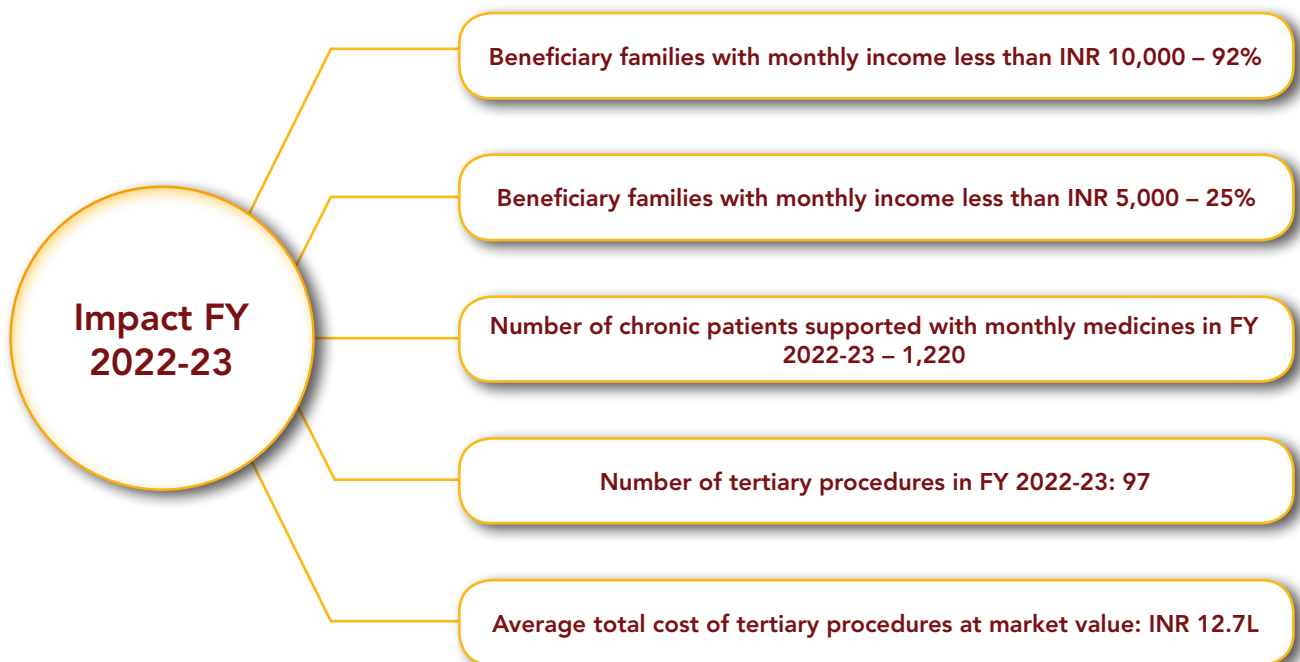
## SERVING THE UNSERVED AND BREAKING THE CHAIN OF POVERTY BY IMPROVING OVERALL WELL-BEING THROUGH ACCESSIBLE HEALTHCARE

### Why It Matters?

The crippling costs of annual checkups, emergency health care and chronic disease treatment often push struggling households into extreme poverty. Health issues remain to be the leading cause of poverty in the country.

### What We Do?

- ★ The Sri Sathya Sai Arogya Vahini Trust (SSSAVT) has been focusing on outreach healthcare in Assam, Bihar, Jharkhand and West Bengal with outreach public health initiatives
- ★ Completely free of cost healthcare initiatives through mobile medical clinics are being carried out to bridge the need-treatment affordability gap in remote locations. Innovative portable medical equipment and technology is used extensively





### 3 GOOD HEALTH AND WELL-BEING



## FOCUSING ON PREVENTIVE PRIMARY HEALTHCARE

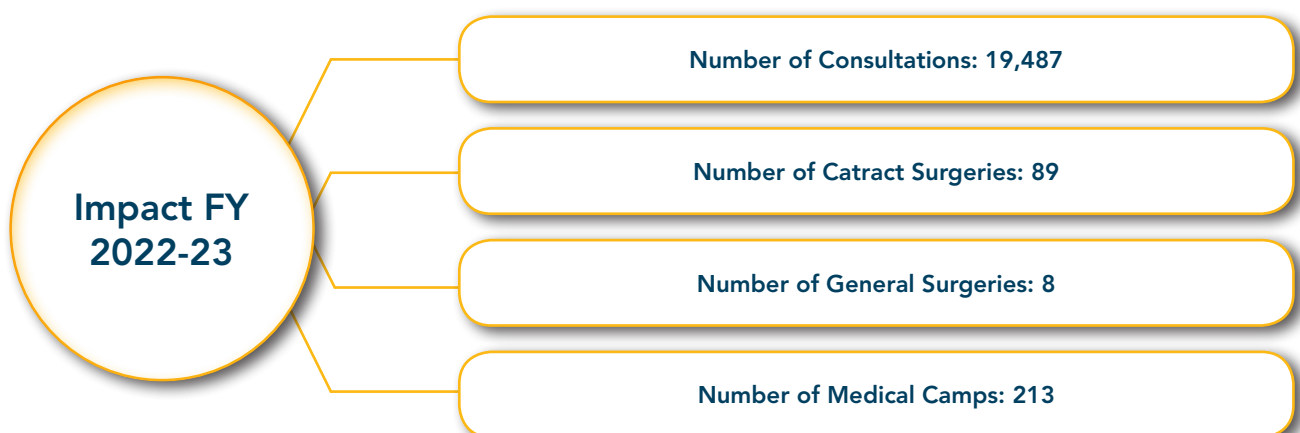
### Why It Matters?

The United Nations Development Program reports that “every two seconds, someone aged 30 to 70 years dies prematurely from Non-Communicable diseases - cardiovascular disease, chronic respiratory disease, diabetes or cancer.”

### What We Do?

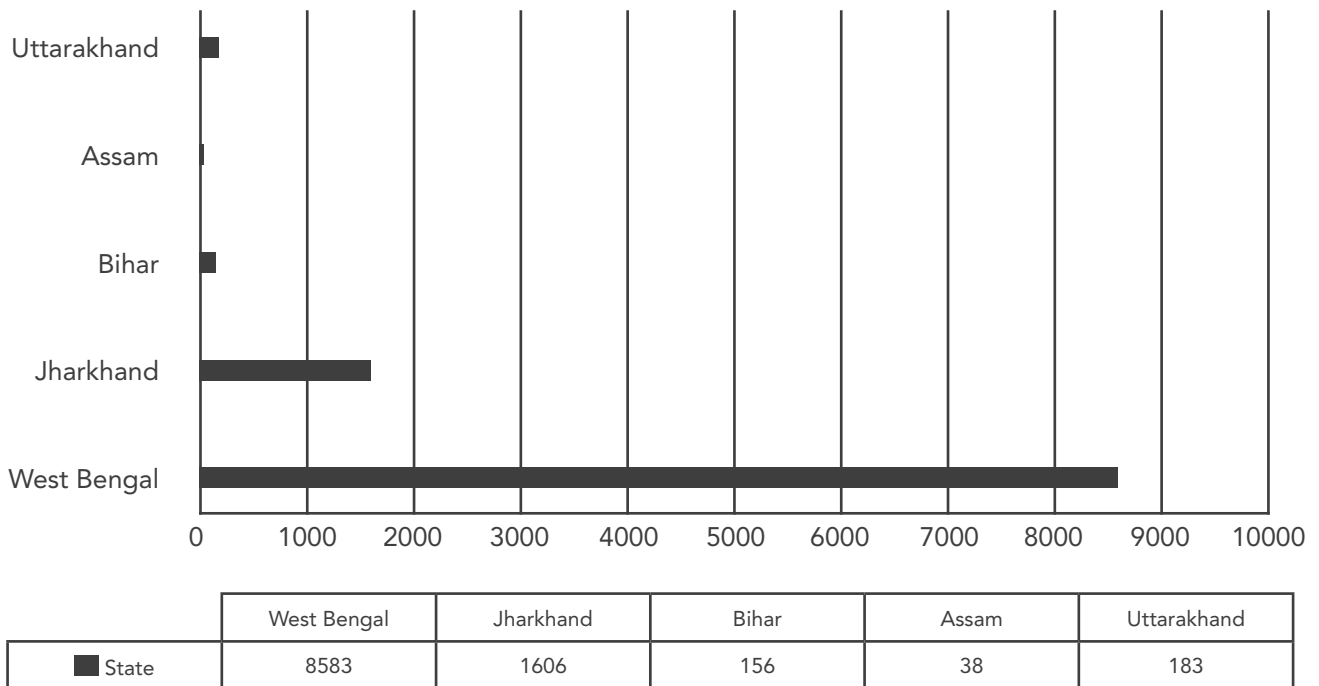
Addressing Non-communicable, Women and Child health in remote villages of North-Eastern States of India-Sri Sathya Sai Aarogya Vahini support and monitors over **1,200 chronic patients month-on-month at 40+ locations**. Following are the primary services offered to the beneficiaries at the outreach initiatives.

- ★ Screening, monitoring and management of Non-Communicable diseases mainly Hypertension and Diabetes
- ★ Divine Child Health Program (DCHP) for early detection and intervention focusing on 4D's as guided in Rashtriya Bal Swasthya Karyakram programme
- ★ Health and nutraceutical support and monitoring under ANC programme for rural expecting mothers and gynaecological consultations for rural women
- ★ Cataract Screening and investigative support for chronic and geriatric group
- ★ CHD interventions and others general surgical interventions for children and adults under the CSR schemes of like-minded institutions



The Trust's programme for child health – Early detection and prevention of malnutrition in children, where health screenings are conducted in schools and communities to diagnose deficiencies, developmental delays, diseases, and birth defects, in line with the Government's Rashtriya Bal Swasthya Karyakram (RBSK).

## Number of Pediatric Consultations



Post-screening treatment support to children in the following ways:

- ★ Strengthening immunity and combating Anaemia by providing Vitamins and Minerals, Iron and Folic Acid supplements
- ★ Deworming
- ★ Medicine support for children detected with URTI, stomach infection, skin disorders, diarrhoea, tooth pain
- ★ Spectacles for children having refractive error
- ★ Support for surgeries provided by Hospitals of the Trust and different corporate hospitals under their CSR project

The main health issues diagnosed during the screenings were:

- ★ Malnutrition
  - ★ Refractive Errors
  - ★ Skin Conditions
1. Apart from screening and treatment, Aarogya Vahini Trust (AVT) also conducts anti-tobacco awareness and education on menstruation for adolescents for more than.
  2. AVT has facilitated and supported corrective surgeries for congenital conditions like cleft palate, rectal deformity, hernia and pulmonary stenosis, ASD, and VSD which have greatly improved the quality of life of the children and the parents.

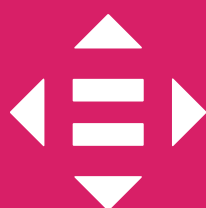


**5** GENDER  
EQUALITY



**ENVISIONING EQUAL ACCESSIBILITY  
TO ALL WITH REGARDS TO  
EMPLOYMENT, TRAINING AND CARE  
OPPORTUNITIES OR DEMOGRAPHIC  
DIFFERENCE**

**10** REDUCED  
INEQUALITIES



**BREAKING THE BARRIERS  
OF ECONOMIC, SOCIAL,  
GEOGRAPHICAL, AND  
DEMOGRAPHICAL INEQUALITIES  
PREVAILING ACROSS THE COUNTRY**

### Why It Matters?

Gender equality is not only a fundamental human right, but a necessary foundation for a peaceful, prosperous and sustainable world. Equality is critical because it protects an individual's 'dignity'. Dignity mostly refers to the respect that an individual deserves from others for being a fellow human being. It is a basic and necessary human right.

### What We Do?

SSSAV envisions equal accessibility to all with regards to employment, training and care opportunities. All services rendered at SSSAV are provided totally free-of-cost irrespective of gender, geography, caste or nationality.

**Impact FY  
2022-23**

**% Women Beneficiaries – 63%**

**Beneficiary Families with Monthly Income less than INR 10,000 – 92%**

**Geographic Distribution of Beneficiaries – West Bengal, Jharkhand,  
Bihar, Assam, Uttarakhand**



# OUR BASIC PRINCIPLES OF SUSTAINABLE MANAGEMENT ACROSS THE THREE VERTICALS

- ❖ Contribute to Solving Social Issues through our Initiatives in the Grassroots
- ❖ Uncompromising Integrity and Ethics
- ❖ Constant Dialogue and Co-Creation with Stakeholders
- ❖ Leverage Strengths to Optimise Value Creation
- ❖ Consistent Environmental Action

## LOVE



Love and compassion is central to everything that is done, be it communicating with employees, volunteers, beneficiaries, corporates or governments. Employee needs are addressed empathetically, and their unique challenges are taken into consideration through an Employee Welfare Scheme where assistance is provided.

## INCLUSION



Respect for each other in the workplace is paramount across the three verticals of nutrition, education and healthcare. The leadership team of every Trust understands that in today's environment, it has never been more critical for an organisation to demonstrate its commitment to addressing gender inequality.

## DIGNITY



Promoting dignity at the workplace is essential for fostering a positive culture. Treating everyone with equal respect, regardless of their role, background, or identity is paramount in all the three verticals, keeping the ancient ethos of 'One World One Family' at the core of everything that is done. Thus, there is zero tolerance for discrimination and any kind of workplace harassment.



## NUTRITION

[www.annapoorna.org.in](http://www.annapoorna.org.in)

## EDUCATION

[www.srisathyasailokasevagurukulam.org](http://www.srisathyasailokasevagurukulam.org)

[www.pbmt.org](http://www.pbmt.org)

[www.sssset.org](http://www.sssset.org)

[www.ssslst.org](http://www.ssslst.org)

[www.e1e1.foundation](http://www.e1e1.foundation)

[www.smsimsr.org](http://www.smsimsr.org)

## HEALTHCARE

[www.srisathyasaisanjeevani.org](http://www.srisathyasaisanjeevani.org)

[www.ssssmh.org](http://www.ssssmh.org)