

Building the Nation through...

# Nutrition Education Healthcare



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# Building the Nation through...

# Nutrition | Education | Healthcare

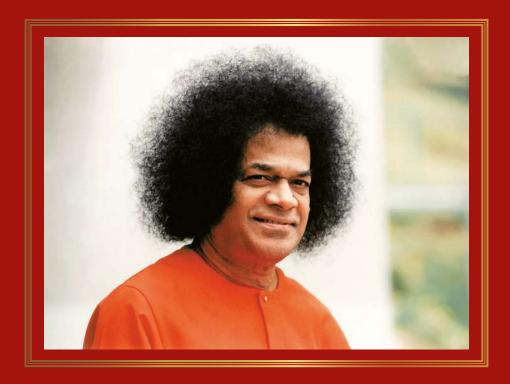
Sri Sathya Sai Baba's Public Service Institutions







Rededicating ourselves to the cause of nation building in the 75th year of independence.



### Sri Sathya Sai Baba

ri Sathya Sai Baba, was born in the year 1926 at Puttaparthi, a small, pastoral village in India's Andhra Pradesh State. He grew up to be loved and revered as a humanitarian and a spiritual leader the world over. His message of 'Love All-Serve All' and 'Help Ever-Hurt Never' formed the basis for all the philanthropic work in the fields of Healthcare, Education and Nutrition. Baba's simple yet effective teachings on life and spirituality continue to guide all His service institutions even today. His mission of touching and transforming individuals and societies through acts of selfless love and service lives on.





### Sadguru Sri Madhusudan Sai

adguru Sri Madhusudan Sai spearheads the mission of love and service. Walking in the footsteps of Baba, Sri Madhusudan Sai is instrumental in furthering Baba's mission by establishing various humanitarian service projects across 33 countries. Since 2011, he has been leading dedicated volunteers and passionate individuals to establish institutes of excellence in Education, Healthcare, Nutrition and Sociocare across the world. The life of Sri Madhusudan Sai is indeed a reflection of the timeless message of love and service, as several lives are being illumined through these benevolent acts of service every single day.





# Contents

# **NUTRITION**

Chairman's Message 03

Annapoorna Morning Nutrition Programme 04

Annapoorna Footprint **08** 

SaiSure<sup>™</sup> **10** 

Allied Services – vaidya, vidyā, vāri 12

Nutrition during COVID 15

Corporate Partnership 18

Handshakes with Governments 20

Awards and Recognitions 21

Memoirs of Beneficiaries and Stakeholders 24

Luminaries Speak 26

The Way Forward 29



# **EDUCATION**

Chancellor's Message 33

A Visionary – Sri Madiyal Narayan Bhat 34

The System of Educare 35

Sri Sathya Sai Loka Seva Gurukulam Group of Institutions 38

Education during COVID 46

Sri Sathya Sai University for Human Excellence 48

Sri Sathya Sai Loka Seva Veda Gurukulam 54

Our Campuses 56

Institute of Human Values 70

National Education Policy 72

Highlights **74** 

Each One Educate One 86

Students Share 88

Luminaries Speak 90

The Way Forward 93



# **HEALTHCARE**

Chairman's Message 97

Child Heart Care – Sri Sathya Sai Sanjeevani Hospitals 100

Maternal and Child Health II4

Education and Training 118

Research 120

Nutrition Supplement – SaiSure<sup>™</sup> I 22

Healthcare Footprint **I30** 

Milestones 132

Global Footprint 134

Healthcare during COVID **150** 

Sri Sathya Sai Sanjeevani Mother & Child Hospitals 152

Sri Sathya Sai Aarogya Vahini 156

Sri Sathya Sai Sarla Memorial Hospital 159

Recollections from Beneficiaries and Guests 172

The Way Forward 178

# NUTRITION

"There are many school-going children who do not have proper breakfast in the morning. With an empty stomach how can they study?

Children are the next generation youth and it is our responsibility to nurture them right from the beginning. Children who either cannot afford or are not being served breakfast at home, should not go hungry to school as it is detrimental to their physical and mental health."

- Sri Sathya Sai Baba

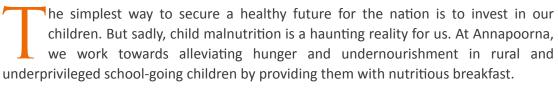


# NOURISHING THE NATION THROUGH **NUTRITION**



# Chairman's Message







Providing breakfast may be a simple concept but it has a far-reaching impact. We have been a fortunate witness to the transformative power of the Annapoorna Morning Nutrition Programme. Higher attendance, lower dropout rates, improved health parameters, marked increase in academic performance and attentiveness — and the list goes on. But the most gratifying impact of the breakfast programme has been the transformation it has kindled in these children.

In line with the objectives of POSHAN Abhiyaan (A Govt of India initiative), we continue to work towards the daunting challenge of alleviating malnutrition amongst children, expecting mothers, and lactating mothers by providing 'SaiSure', a micronutrient health mix innovated by our team of doctors and nutritionists.

These efforts were further complimented when the government and the corporate CSR teams joined hands to make this dream of ending malnutrition, a reality. Indeed, the 3S Model which consists of the combination of samāja, sarkāra, and saṃsthā (Society/Government/Institution) is working hand in glove at Annapoorna, where we believe that only through such a collaborative effort, we can scale the impact of our efforts towards ending hunger.

The current COVID situation has led to expanding the scope of Annapoorna from just providing breakfast to children, to ensuring that the whole family of these children are taken care of, especially in those cases where the families are unable to access the government-provided relief materials for various technical reasons. Annapoorna volunteers across several regions have done yeoman service by identifying needy families and delivering a whole month's ration to the families consistently till their situation stabilised. The experience of this brought to us several heart-touching stories from families who were in dire need of such basic amenities, and I personally see these Annapoorna volunteers as the true 'COVID Warriors'.

Finally, I thank you all for your continuous support and encouragement as we work together towards ending hunger and malnutrition. Let's always be of help to each other and to the larger society in whatever way that we can!

Narasimhachari Sampath
Chairman, Sri Sathya Sai Annapoorna Trust

# Annapoorna Morning Nutrition Programme

#### **VISION**

'Let no child go to school hungry, ever!'

#### **MISSION**

- To nurture school-going children in rural India and disadvantaged sections of the society with nutritious breakfast while also catering to their emotional and spiritual needs
- To expand presence to all Government and Government-Aided Schools in the Country
- To enable rural upliftment and transformation, and help make Indian villages ideal in terms of sustainable growth and development

ndia is home to the largest number of children in the world. But unfortunately, not all our children have access to well-balanced and nutritious food. The Annapoorna Morning Nutrition Programme was conceived as a solution to this. In July 2012, a handful of individuals came together and started the programme by serving breakfast to about 50 children at a school in Doddabele, near Kengeri, Bengaluru. Over the years, more schools and children were added to the breakfast chain.

Today, more than **650 Annapoorna volunteers** serve freshly-cooked breakfast to more than **500,000 children** every day across **6,700 centres** spread all over the Country. Till date more than **200 million breakfast meals** have been served.

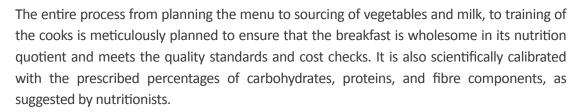
# SRI SATHYA SAI

#### SRI SATHYA SAI ANNAPOORNA TRUST

his charitable Trust is headquartered at Sathya Sai Grama, Muddenahalli in the district of Chikkaballapur, Karnataka. It primarily oversees all the activities and obligations of the breakfast and allied programmes.

#### A SCIENTIFIC APPROACH TO BREAKFAST

ur breakfast menus are prepared under the guidance of our expert nutritionists panel and are designed to meet the calorie requirements of growing children. It contains a variety of foods, such as, milk, whole grains, proteins, fruits and vegetables, to help keep students energetic and ready to learn until lunchtime.



The entire week's offering put together meets roughly about 20-30 percent of the weekly nutrition requirement of a school-going child. This is in keeping with the standard norms worldwide.





#### **QUALITY CHECK AND CONTROL**

check on quality of ingredients is maintained by working closely with the local vendors from whom milk, vegetables and fruits are sourced. This helps to positively engage the villagers in the programme and empower them economically, while keeping a tab on overall costs.

Cooks, who are the backbone of the entire programme are carefully selected to ensure that the breakfast not only meets the nutrition needs of the young bodies, it satisfies their little taste buds too.

#### FOCUS ON WELL-ROUNDED GROWTH OF EACH CHILD

nnapoorna started out as a breakfast-only initiative. But over the years expanded its scope to include health, education, water and sanitation in its ambit to address children's overall well-being and health in a holistic way.



#### **A QUICK OVERVIEW**



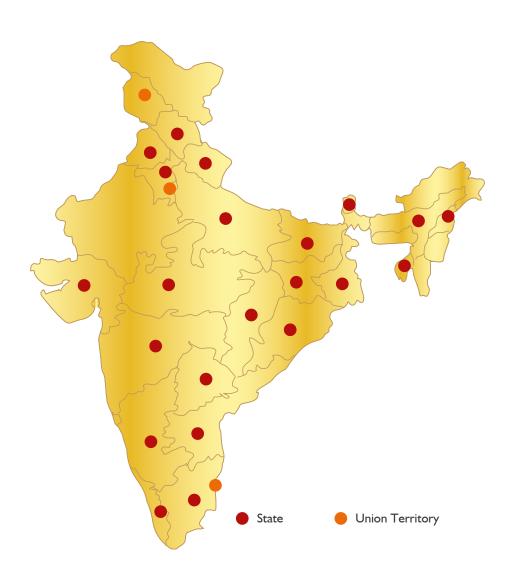


Statistics as of June 2022



# Annapoorna Footprint

# INDIA – 22 STATES, 3 UNION TERRITORIES



State	No. of Students	No. of Schools
Karnataka	3,76,348	5,172
Telangana	36,154	369
Bihar	1,800	9
Andhra Pradesh	36,084	533
Puducherry	19,422	213
Tamil Nadu	12,548	161
Kerala	3,067	33
Nagaland	2,624	72
Uttar Pradesh	1,595	8
Tripura	1,491	10
Haryana	1,288	9
Sikkim	1,002	42
Punjab	990	9
Uttarakhand	1,039	19
Jharkhand	453	6
Jammu and Kashmir	343	7
Chhattisgarh	340	2
Maharashtra	1,214	14
West Bengal	111	2
Odisha	86	2
Madhya Pradesh	79	3
Delhi	4,560	12
Assam	33	1
Gujarat	27	1
Himachal Pradesh	1,239	15
GRAND TOTAL	5,03,937	6,724

Statistics as of June 2022

### **OVERSEAS**



Indonesia Thailand Nigeria Sri Lanka Australia



# - SaiSure™

### **SaiSure**



# LET NO MOTHER AND NO CHILD EVER SUFFER FROM LACK OF QUALITY NUTRITION SUPPLEMENTS!

aiSure is a Multinutrient Supplement Programme launched in February 2019 to address the specific nutrition needs of expecting mothers, toddlers, pre-schoolers, and children at absolutely no cost. This has been launched through two platforms - the Annapoorna Breakfast Programme and Divine Mother and Child Health Program at Government Schools and Primary Healthcare Centres respectively. Integrated with the milk scheme programmes of the Government of Karnataka, Puducherry and Haryana, it benefits more than 440,000 children, where 10 grams of SaiSure for Children is mixed with 150 ml of milk.

Statistics as of June 2022





### -O Allied Services – *vaidya, vidyā, vāri*

#### vaidya (HEALTHCARE)

ri Sathya Sai Annapoorna Trust in collaboration with Divine Mother and Child Health Program, conducts regular health screening and dental camps for the children in the schools. The screening tests are designed in line with the guidelines of United Nations and aligned with the specifications of the Rashtriya Bal Swasthya Karyakram, Ministry of Health and Family Welfare, Government of India.

With a focus on the 4Ds in children – Defects, Deficiencies, Diseases, and Developmental delays and disabilities; we aim to contribute to the children's health through timely detection, prevention, education and medical management.



MORE THAN

85,500

CHILDREN
SCREENED FOR
HEALTH DEFECTS



Statistics as of June 2022







#### vidyā (EDUCATION)

rue education should enrich the heart and nourish the soul. In keeping with this spirit, the volunteers work closely with the children, parents, teachers and school authorities to ensure that the children are nourished holistically. Through story-telling, group singing and other such interactive activities, children are taught the importance of the secular and universal human values of truth, righteousness, peace, non-violence and love.

Computer skills, spoken English lessons, environmental awareness and other such useful and practical classes are also undertaken for the children after school.

Sri Sathya Sai Annapoorna Trust in alliance with Each One Educate One Foundation supports education for the most needy children at the Government schools by enrolling them at Sri Sathya Sai Loka Seva Gurukulam Group of Institutions, where quality integral and values-based education is provided absolutely Free of Cost to all children. Till date, over 200 children have received such sponsorships.

Annapoorna has also partnered with Nagarjuna College of Engineering and Technology for the Integrated Rural Development Programme (IRDP). This is a first of its kind initiative that started in October 2017 and aims at raising awareness in young students about the challenges in rural India. The IRDP course has been introduced for **600 students** across different streams in their third and fourth semester curriculum. The course involves three hours of theory and 20 hours of practicals at various villages.

Statistics as of June 2022





#### vāri (WATER AND SANITATION)

ccess to clean drinking water and good sanitation is a basic human right. In schools and villages that lack these basic comforts, Annapoorna executes drinking water projects and constructs toilets.

Simple and cost-effective RO water plants, bio-sand filters and other such solutions are developed on a need basis in the villages. From concept to completion, the entire project is executed in a seamless and scientific manner. On completion, each family is given a smart card that enables them to receive 20 litres of potable water every day.

In line with the Indian Government's initiative of Swachh Bharat Abhiyan, we construct toilets in schools. We also organize cleanliness drives and ensure provision of dust bins in schools and centres. Toilet construction plays a major role in reducing girl students' dropouts from school. Till date, about 20 toilets are constructed at the schools in Chikkaballapur and Bengaluru Rural Districts.



Statistics as of June 2022



### Nutrition during COVID

# BRIEF SUMMARY OF COVID19 RELIEF ACTIVITIES FROM APRIL 2020 TO APRIL 2022



Then the whole world was full of gloom, Sri Sathya Sai Annapoorna Trust was the ray of hope that reached out to lakhs of downtrodden families, migrant labourers, frontline workers and hospitals. With the strength of its 650 volunteers, the Trust spread its wings across 22 States and three Union territories in the North, South, East and West regions of the Country and provided for the nutrition requirement of the families who had lost their livelihood. Over 100,000 families in the year 2020 and 150,000 families in the year 2021 have been helped by the Annapoorna Trust.

Annapoorna collaborated with RIST (Rural India Supporting Trust) and Partnerships For Change (PFC) in order to further the cause of reaching out to needy population in rural India especially during the second wave. With this partnership, **15,000 families** were provided with grocery kits to support their nutritional needs, most of whom are women serving as cooks in Government schools across the States of Karnataka, Andhra Pradesh, Telangana, Tamil Nadu and Puducherry in South India.

Migrant Workers - Dry ration kits containing rice, pulses, wheat, oil and other daily food items were packed and distributed by Annapoorna volunteers across the Country. Apart from food items, masks, drinking water, clothes, and cooked meals were distributed to migrants in Bengaluru and in Jamshedpur in collaboration with Tata Steel Foundation. These items were also provided to migrants in Chennai railway station and to passengers in Shramik train; malnutrition of expecting mothers and young children in the backward areas of the Country were addressed; relief items and medical aid were extended to the cyclone impacted people in Eastern India.







Karnataka – With the support from Prashanthi Balamandira Trust, an allied Trust that caters to education of underprivileged children, the Sri Sathya Sai Annapoorna Trust addressed the nutrition needs in several districts of Karnataka like Koppal, Kolar, Chikkaballapur, Bengaluru Urban, Ramanagara, Hubli, Raichur and Yadgir. The Annapoorna Trust also collaborated with NGOs like Sri Ramakrishna Sevashram and Adamya Chetana, along with many other supporting corporate partners to address the need at locations where these NGOs and corporate partners already have a presence. Close to 8,000 masks were provided to vendors, helpers in market areas in several parts of Bengaluru in association with Nayonika Eye care Charitable Trust.

**8,000** grocery kits were provided to needy people in Ramanagara, Kolar, and Yalaburga districts of Karnataka by the Former Chief Minister of Karnataka, Mr Siddaramaiah; and close to **1,300** kits were given to midday meal cooks in Pavagada taluk (Tumkur district) in collaboration with Sri Ramakrishna Sevashram in Karnataka.

**7,000 cooked meals** were distributed to medical staff at **40 hospitals across Bengaluru** with the support of Micro Focus and in collaboration with Adamya Chetana Trust.

A team of doctors and volunteers under the Divine Mother and Child Health Program in collaboration with the Government of Karnataka distributed **SaiSure** to many Anganwadi children below six years of age in the districts of Ramanagara, Raichur, Yadgir and Chikkaballapur in Karnataka.

COVID pre-emptive nutritional intervention programme for SAM (Severe Acute Malnutrition) and MAM (Moderate Acute Malnutrition) was conducted in Yadgir and Raichur districts of Karnataka. These two districts were being identified as one of the 100 backward districts in India under the ambit of 'Transformation of Aspirational Districts' initiative. 377 tuberculosis patients in Ramanagara district of Karnataka were also provided with SaiSure.

Sri Sathya Sai Annapoorna Trust in collaboration with Prashanthi Bala Mandira Trust and One Nation Foundation, and with the support of Micro Focus, has provided **2,000 grocery kits** to support needy families across different districts in Karnataka.

Telangana – SaiSure was distributed at Siddipet district in Telangana for about 4,800 MAM children in collaboration with Dukes India, Save The Hearts Foundation and Government of Telangana with the support of Finance Minister of Telangana, Mr T Harish Rao. Cooked meals were provided to the needy in Hyderabad, and Sircilla district and Mahbubnagar in Telangana;

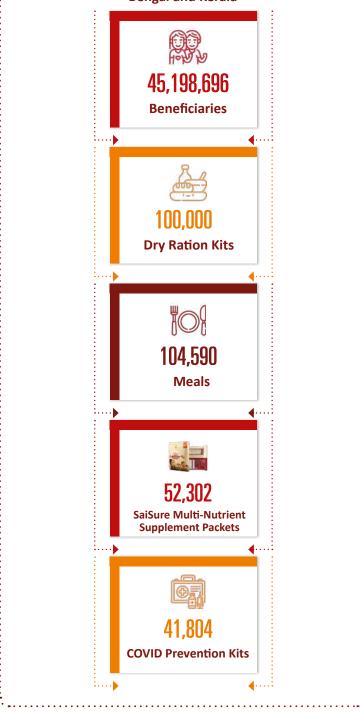
Uttarakhand – SaiSure was launched by Dr Ramesh Pokhriyal 'Nishank', Former Union Cabinet Minister for Education and distributed to needy school children with the support of the Former Governor of Uttarakhand, Ms Baby Rani Maurya. SaiSure also reached the needy children of Delhi, Pune, Jammu and Kashmir, and the fishermen families in Kalpakkam, Tamil Nadu.

West Bengal – Sri Sathya Sai Aarogya Vahini, an allied Trust in association with Sri Sathya Sai Annapoorna Trust have been able to reach out to over 1,200 rural children of West Bengal for their health and nutrition needs, from the time the pandemic set in, on a monthly basis, by meticulously evaluating their Body Mass Index and monitoring their health.

Tamil Nadu – Grocery kits were distributed to daily wagers and needy people affected by COVID at Bhuvanagiri in Tamil Nadu. With support from the Government of Tamil Nadu, the volunteers reached out to school teachers and started sending dry ration to the affected families particularly in Avadi, Chennai and Coimbatore. Freshly cooked meals were also served on a daily basis to the migrant workers with the support of one of the partners in Chennai by name 'Danirasa Foundation'.

#### **COVID RELIEF**

States Covered - Karnataka, Telangana, Andhra Pradesh, Tamil Nadu, Odisha, Bihar, Jharkhand, Uttarakhand, West Bengal and Kerala



# O Corporate Partnership



maxim says, "Good people bring out the good in other people." This proved true with the good work carried out by the Sri Sathya Sai Annapoorna Trust. In the last couple of years, Annapoorna has garnered support and patronage from many Corporates and Institutions, who are equally passionate about child nutrition and well-being.

Employees from companies such as Oracle India, Sapiens and Cisco, as part of their corporate social responsibility, have put in many hours of volunteering with Annapoorna and have always come back wanting for more. With each passing year, Annapoorna has continued to add more corporate partners.







#### **CORPORATE PARTNERS**

#### **Supporting Partners**



























































#### **Food Partners**

















#### **Supporting Foundations | India**













#### **Supporting Foundations | Global**













#### **Other Partners**











Annapoorna Trust is empanelled with Sammaan which is an initiative by the Confederation of Indian Industry (CII), Bombay Stock Exchange (BSE) and Indian Institute of Corporate Affairs (IICA). Sammaan is a first of its kind platform to bridge the accountability gap between Corporations and NGOs.

#### Handshakes with Governments

#### **MOUs**



Andhra Pradesh



**|harkhand** 



Karnataka



Kerala



Punjab



Uttarakhand



Telangana



Tripura

#### **OFFICIAL PERMITS**







Maharashtra



Mizoram





Tamil Nadu



Puducherry



# Awards and Recognitions

#### **BEST NGO IN ERADICATING EXTREME HUNGER**

nnapoorna has been adjudged and awarded the 'Best NGO in Eradicating Extreme Hunger' On the occasion of National CSR Summit that was held on August 02, 2018.

Former Union Minister of State for Culture and Tourism, Mr K J Alphons handed over the award to the Annapoorna team and congratulated the team for their focus on building the Nation through Nutrition.

#### ANNAPOORNA RECEIVES SOCIAL AUDIT CERTIFICATION

n June 20, 2018 Annapoorna achieved a major milestone in the form of the prestigious Social Audit Certification received from the auditors of Social Audit Network (SAN) India.

Social Audit is a great method for organisations such as Annapoorna to plan, manage, monitor and measure the internal and external impact of social operations, and ensure that the organisation is making a positive difference to communities, while also living up to their shared values and objectives.

SAN India measures the Social Return on Investment (SROI) which is a principles-based method for measuring extra-financial value such as environmental or social value which are not reflected in conventional financial accounts. It can be used by any entity to evaluate impact on stakeholders, identify ways to improve performance, and enhance the return on investment.

SAN India has assessed the performance of Sri Sathya Sai Annapoorna Trust for the time period between April 2015 to March 2017 and scored the Trust at 1.89 as its Social Return on Investment (SRoI). It implies that for approximately one Indian Rupee invested, 1.89 Indian Rupees of social value is created each year in terms of ensuring that no child goes to school hungry, improved academic performance and attendance, better health for the children and the community at large.







#### **CSR TIMES BEST NGO AWARD**

SR Times Best NGO Award is conferred by CSR Times which is India's top CSR magazine. The award recognises organisations that create great impacts through CSR projects.

The Duty of Care Summit & Awards was held on October 17, 2019 at Shanghai. The Awards recognise organisations who have performed outstandingly in meeting high standards of health, safety and well-being of their employees. Sri Sathya Sai Annapoorna Trust was selected under the 'Education Category' in the first round of shortlisting, and in the final round earned an 'Honourable mention' at the summit.







nnapoorna was selected for the Solidarity Award, a special edition of the UN Sustainable Development Goals Action Campaign, which recognises the top 50 most heart-warming and impactful acts of humanity that have improved the lives of others, inspired resilience, and lifted hopes during the global health crisis due to COVID.

nnapoorna was selected as the 'Winner of Rotary Karnataka NGO Awards 2020' in the category 'Health, Safe Drinking Water and Sanitation' and received the Award from Honourable Deputy Chief Minister of Karnataka, Dr C N Ashwath Narayan during the Third Annual Rotary Karnataka CSR Conference and Awards.



#### - Memoirs of Beneficiaries and Stakeholders

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"Since the time, SaiSure was provided along with milk, as a morning health drink, to my child Gagan Sai—he is eating well, showing healthy growth and has also gained weight by 1.25 kgs—his weight has increased from 11.5 kgs to 12.75 kgs. I sincerely wish that all the children of our country are benefitted by this multi-nutrient supplement."



Nagamanı Mother of Gagan Sai from Guluru village in Chikkaballapur district, Karnataka

"We suffered a lot during the COVID pandemic without any source of income. During such difficult times, Sri Sathya Sai Annapoorna Trust along with Rural India Supporting Trust (RIST) and Partnerships For Change (PFC) Foundation helped us with COVID relief materials. We express our heartfelt thanks to Sadguru Sri Madhusudan Sai and wish that the activities carried out by the noble souls of Annapoorna Trust, grow manifold to serve many more needy individuals in many different ways."



Sarada Transgender from Manavasi, Karur, Tamil Nadu

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"During the COVID pandemic, Sri Sathya Sai Annapoorna Trust came forward to help us with dry rations. Third time in a row, the Trust has helped us with COVID relief materials! Their objective of improving the nutrition of children has done a great deal of help to needy families, most of whom are agriculturists and brick kiln labourers. We express our gratitude to GAIN Foundation and Sri Sathya Sai Annapoorna Trust."



Tamil Selvi Clerk at Kottaiyur School, Sivakasi, Tamil Nadu

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"When I came to know about Sri Sathya Annapoorna Trust's Morning Nutrition Programme, the first thought that came to my mind is that it is very relevant to school children. When this breakfast scheme was implemented in my school, headmasters of the nearby schools also took keen interest. Within a span of a year, more than 100 schools were embraced under this initiative. To me, serving children every morning is a fulfilling experience."



Manchikante Venkateswara Reddy Headmaster, Naidupalem Upper Primary School Chimakurthy Mandal, Prakasam District, Andhra Pradesh

66

"Annapoorna Morning Nutrition Programme helped me realise my long-cherished dream of engaging with children. The joy of serving kids is unparalleled—the love and respect that they give is an unmatched treasure. Leaving imprints of love in those little hearts is my biggest gain. I cherish the moments when children come running to me in a park or marketplace calling me 'Annapoorna Aunty.' I am ever grateful to Sri Sathya Sai Annapoorna Trust for their noble initiative of feeding the underprivileged children and giving me an opportunity to be a miniscule part of their service."



Shipra Chadha Reiki Therapist and Numerologist, Noida

60

"Since my childhood, I wanted to help the needy, but couldn't find a platform to do it. Annapoorna Morning Nutrition Programme came as a fresh cool breeze into my life, adding more meaning to my life. I am privileged to be able to provide quality ingredients for the breakfast preparation every morning."



KVSS Ranjit Kumar Finance Accountant, Nellore, Andhra Pradesh

### Luminaries Speak

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"Sri Sathya Sai Annapoorna Trust is providing free nutritious breakfast every morning to children at Government Schools in Karnataka. The Trust has extended this yeoman service to other Indian States as well. This programme complements the Midday Meal Scheme of the Government of Karnataka and I am looking forward to seeing this benevolent act of service expanded to all the children of the State of Karnataka."



Dr Shalini Rajneesh
Former Principal Secretary of the Primary
and Secondary Education Department,
Government of Karnataka

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"There have been predictions made that the third wave of COVID-19 could be disastrous for children. Paediatricians believe that malnourished children will be more vulnerable to COVID-19 because of their poorly developed immune system. Scientific research has proven convincingly that good nutrition with vitamins and essential minerals are the mainstay in the prevention of COVID-19 infection.

Indian Academy of Pediatricians Karnataka recommends the use of the multi-nutrient supplement — SaiSure, especially for malnourished children. We understand that the Annapoorna Morning Nutrition Programme is already distributing this multi-nutrient supplement since more than a year in different districts, and are thereby creating notable impact on children's health. I believe this to be a thoughtful step towards fighting malnutrition and building the nation with nutrition."



Dr Ashok R Datar President, Indian Academy of Paediatrics, Karnataka

| 66

"I am very happy about the service initiatives undertaken by Sri Sathya Sai Annapoorna Trust for providing breakfast for school-going children in Rural Government Schools.

This nutrition programme will definitely help in eradicating extreme hunger and malnutrition in growing children. We don't want poverty to stand between the child and his/her education. The breakfast model will help us in many ways especially to get more children admitted in our Government Schools. Our Government is working closely with the Trust to expand this breakfast programme further.

annadātā sukhībhava 'Let the one who serves food be happy'."



Dr Audimulapu Suresh Minister for Education, Andhra Pradesh

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"The Annapoorna Breakfast Programme is engaging the local communities to participate in the process of feeding children and this is a key factor in bringing about social responsibility among communities. Along with the Government and various other NGOs, the local communities also need to engage in these noble initiatives. There are many children who come to school with an empty stomach and providing a morning meal at the school will bring better academic performance. We want to expand this programme to many more schools in our State. Healthcare. Education and Nutrition are the three areas of focus for the Trust and we will provide the necessary support wherever needed."



Mr Thaneeru Harish Rao Minister of Finance, Government of Telangana

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"I am pleased to know that an attempt has been made by Sri Sathya Sai Annapoorna Trust to improve undernourishment in children, through SaiSure Multi-Nutrient Supplement, which is provided along with milk — Ksheera Bhagya Programme at Government Schools.

The composition of SaiSure for children has the right amount of nutrients as per the standard Recommended Daily Allowance (RDA). This has been developed scientifically and has the medically prescribed amounts of daily calories, protein, vitamins, iron, calcium and trace elements of iodine, zinc, copper and selenium. This will definitely improve the daily nutrient value of children, especially the vulnerable group, who are prone to nutritional deficiencies."



Ms Sreemathy Venkatraman
Clinical Nutritionist/Chief Dietician
Regional Officer, Indian Association for Parenteral
and Enteral Nutrition (IAPEN), Bangalore Chapter

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"The way the Annapoorna Programme started and the way it has progressed in the last few years is something amazing to note. Clearly, this programme is benefitting school-going children in a big way and hence participation from the larger community across all levels of society, will be of extreme importance to take this initiative to greater heights for spreading more generosity and well-being."

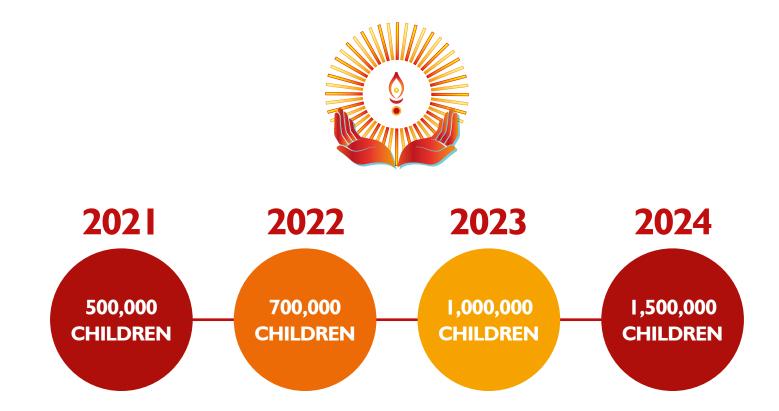


Mr A Balasubramanian Managing Director and Chief Executive Officer, Aditya Birla Sun Life AMC Limited

26



— The Way Forward



# EDUCATION

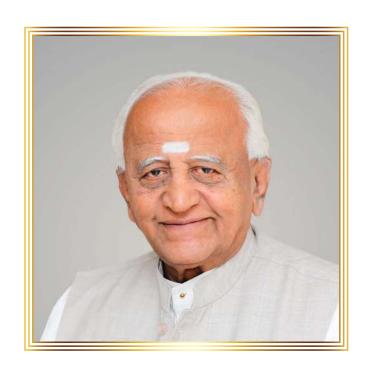
"Education is for life and not for mere living.

End of all education is character and end of all wisdom is freedom."

- Sri Sathya Sai Baba



# CARING FOR THE NATION THROUGH EDUCATION



# Chancellor's Message



s an Institution committed to moulding students to be socially responsible, academically brilliant and fundamentally of strong character, we believe values-based education is vital to human and economic development. So, alongside enabling our little learners to eke a living, we also equip them with skills to make life worthwhile and meaningful.

That the students leave the portals seeing themselves as contributors to the society, inspires us to stay invested in this cause. And when we look back after handing over each batch to the society, we realise that this process of teaching and learning has touched and transformed us as much as it has the students. Maybe that's why they say when one teaches, two learn. This explains not only our hurried expansion to integrate more children into the formal schooling system, but also the criticality of it.

If 27 Campuses in 20 Districts of Karnataka, one in Telangana and one in Tamil Nadu have been possible in a short time, this is because many individuals across the globe have made benevolence their bent of mind, parting with their rainy—day funds to bestow children with the wealth of education.

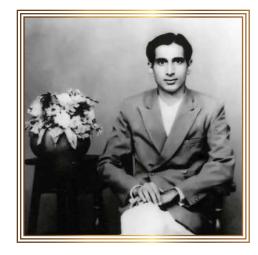
The 2030 Agenda of Sustainable Development by the UN has listed 'No Poverty', 'Zero Hunger', 'Good Health and Well-being' and 'Quality Education' as its first four primary goals. How are we to attain Sustainable Development globally in a world that is torn apart due to the differences based on religion, economy, caste, ethnicity, language and race, leading to insecurity, instability, communal violence and crisis of leadership? Until and unless we understand the profundity of life and experience the oneness of all creation, the Sustainable Development Goals would remain a utopia. Serving the entire humanity selflessly from the depths of one's innate source of love is the only remedy. The irrefutable fact is that Love is the crux of our very existence and when we live by the dictum of love, we not only redeem ourselves but also the entire humanity. Our education should serve to help this love blossom in our every thought, word and deed.

Until the last child from our country's villages receives education, and her children do too, we will keep at it.

This will be our story.

B N Narasimha Murthy Chancellor, Sri Sathya Sai University for Human Excellence Chief Mentor, Sri Sathya Sai Loka Seva Gurukulam Group of Institutions

### A Visionary – Sri Madiyal Narayan Bhat



ate Sri Madiyala Narayan Bhat, fondly called as Anna, was the founding father and patron of the Alike and Muddenahalli Institutions. He was a visionary, a patriot, social worker, and a spiritual seeker, and nurtured an aspiration to set up free schools all over Karnataka that would impart values-based education. Sri Narayan Bhat established the Loka Seva Vrinda in 1960. He established Sri Sathya Sai Loka Seva High School at Alike, his birthplace, a remote village in Dakshina Kannada District of Karnataka State way back in 1961. Later, he also established another Institution at Muddenahalli (in Chikkaballapur District).

American author, Edith Wharton said, "There are two ways of spreading light. To be the candle or be the mirror that reflects

it." Sri Narayan Bhat was that mirror, and his prayers seeking Baba's guidance on the running of these schools for social welfare were answered with love and grace. In April 1973, when Baba visited Manipal in Karnataka, Sri Narayan Bhat requested Him to name the campus at Muddenahalli. The name 'Sathya Sai Grama' was given.







### The System of Educare

#### sā vidyā yā vimuktaye

#### - TRUE EDUCATION IS FOR LIBERATION!

#### What does it mean?



hough there exist several kinds of education, be it literature, science, mathematics or even sports, music, and other art forms, the best and highest among all types of education is 'ātma vidyā' (spiritual education), which is the knowledge of one's ātmā or Self. Since all these various types and forms of education have emerged from one divine source, therefore the ultimate goal irrespective of the education that one pursues, should be to learn 'ātma vidyā' - knowledge of one's divine self.

Sri Sathya Sai Baba says, "You may be a doctor, but you have certainly not created the plants or chemicals from which medicines are made or even the body that you operate upon. You may be an engineer, but you have not created the five elements of nature that you use to construct and build. You may be a farmer, but you have not created the seed. You may be a painter, but you have not created the colours. You may be a musician, but you have not created the sound. Finally, you may be a Guru or teacher, but you have not created knowledge! You are only using all that which has been created by God, the supreme creator! This logic is testimony to the existence of God. Man, only learns how to utilise these and takes pride in his achievements, but unfortunately does not exert any effort to understand the creator. True education is to know the Creator!"

'ātma vidyā' or 'Self Knowledge' is more important than all kinds of worldly education. Education is for life and not for living. Through the system of educare, human values that are latent in all are drawn out to be translated into purposeful action, for education is not mere accumulation of knowledge, but must consummate into selfless actions. Education that originates from the knowledge of the within finds its fulfilment in the actions without. The twin goals of Sri Sathya Sai Baba's educational institutions are — to impart worldly knowledge with greater emphasis on spiritual education for the redemption of one's own Self, and thereby to promote welfare of the society. This has been aptly declared in the Rig Veda - ātmano mokṣārthaṁ jagat hitāya ca







#### **INTEGRAL EDUCATION: FREE OF COST**

he year was 1978, and it gave birth to the **Sri Sathya Sai Loka Seva Trust** with Baba at the helm. Sri Narayan Bhat's aspirations to establish a school that imparts integrated values-based education free of cost in each of the districts in the State of Karnataka are being fulfilled by the unseen hands of Baba, through the instrumentation of Sadguru Sri Madhusudan Sai, and executed by a highly dedicated team of men and women. The focus remains to be the holistic development of each child.

#### **A PARADIGM SHIFT**

ur education system is based on the philosophy of our Founder, Sri Sathya Sai Baba who firmly believed that the integrated development of every child is to be achieved with the right balance of academic, moral and spiritual education.

The last 50 years of the Institution have produced some of the finest citizens of this Country and we are proud of this legacy. This has made our Institutions extremely popular, and this infact is reflected in the very large number of applications that we receive for admissions every year. However, the most important question we asked ourselves this year was: 'Should we rest on these laurels or should we look ahead and create the road map for the next 50 to 100 years?' The obvious answer has been to look ahead, while the lessons of the past will guide us.

After 50 years of our Institutions' existence, the year 2020 that was marked by the COVID pandemic taught everyone at the Institution important lessons and gave everyone the much-needed time to introspect and rededicate ourselves to our Founder's vision, of imparting high quality academic education, rightly balanced with moral and spiritual values like service to mankind, compassion for fellow beings, understanding of the spiritual culture of India and its practice in daily life.





# Sri Sathya Sai Loka Seva Gurukulam Group of Institutions

or the child to have a well-rounded personality and be able to withstand the pressures of life, there needs to be an equal emphasis on Physical, Intellectual, Emotional and Spiritual aspects, in any progressive education system. Unfortunately, some or the other aspect of this holistic education philosophy is found lacking in most of the present-day educational pedagogy that largely focusses on the academic aspect alone. This needs immediate rectification.

In the coming 50 to 100 years, we are more than convinced that the child, parent, society, and the world at large, would benefit only if there is a far greater emphasis on recognising the child as a whole, that needs a complete blossoming and not just a partial nurturing.

Hence, in order to redefine the educational approach in our Institutions, the formerly known Sri Sathya Sai Loka Seva Group of Institutions, has been rechristened as **Sri Sathya Sai Loka Seva Gurukulam Group of Institutions**, with the sole intention to bring back the Indian Gurukulam System of Education, with a child-centric, balanced and insightful approach, where learning is truly a joy.

With these facts in mind, we explored the education boards of India which could be best suited for the ideals that we strongly believe in. Based on considerable research conducted by our experts and educationists, we have determined that aligning to the 'National Institute of Open Schooling (NIOS)' system is the best match for our Institutions. The NIOS will help us realise the goal of holistic development of every child.





#### **CORE PRINCIPLES OF THE GURUKULAM**

he *vedas* have brought forth the true purpose of education in the most refined way, and in a manner which holds good for all times to come. Sri Sathya Sai Loka Seva Gurukulam Group of Institutions have adapted these principles as their aspiration for every child. The core principles of education have been drawn out distinctly thus:

#### 1. sarve vedavidaḥ dhīrāḥ (सर्वे वेदविदःधीराः)

#### Knowledge about ancient Indian wisdom - the Bharathiya culture

- Study of spiritual texts and philosophies
- Practical application of *vedic* wisdom in everyday life by discriminating between right and wrong

#### 2. sarve jñānōpa sampannaḥ (सर्वे ज्ञानोपसंपन्नाः)

#### Knowledge about all the subjects and skills concerning the world

- Academic excellence pertaining to subject knowledge
- Life skills like communication, technology, inter-personal relations, cooking, maintenance, driving etc.

#### 3. sarve samuditā guṇaihi (सर्वे समुदितागुणैः)

#### Repositories of all the good qualities that emanate spontaneously

• Love, kindness, compassion, dutifulness, discipline, patriotism, service-mindedness etc.

#### 4. sarve lokahite ratāḥ (सर्वे लोकहिते रताः)

#### Ever engaged in the welfare of the world

- Dedicated to society's welfare
- Using one's professional skills and knowledge to help others

Thus, the true education imparted by the Sri Sathya Sai Loka Seva Gurukulam, would ensure the very best for the child and the world at large.







#### **A MEANS OF TRANSFORMATION**

t is said there are two objectives of education - jīvana upādhi, education that imparts knowledge and skills to lead lives, and jīvita paramāvadhi, Self-Realisation, which is the ultimate goal of life. Students at the Sri Sathya Sai Loka Seva Gurukulam are exposed to a unique learning model that isn't just limited to classrooms. From hostel rooms to dining halls to the playground, students are exposed to values and lessons everywhere – education with a heart.

The unique feature of these Institutions is to impart a sound, liberal, high quality 'man-making' education on modern lines, blending it with the noble values of Indian heritage.

Sri Sathya Sai Baba, considered education, not as accumulation of information but rather a means of transformation.





#### **3H FORMULA**





aba's integral system of education is contributing its might to the cause of nation building by creating strong individuals with a wonderful synthesis of competent Hands, brilliant Heads and compassionate Hearts, the 3H formula - the trinity which makes a true human being. The Prashanthi Balamandira Trust is a public charitable Trust that was established in the year 1981 and embedded firmly on the principles of Sri Sathya Sai baba towards rendering selfless service to the needy. It offers values-based integral education with a unique blend of spiritual and intellectual education to empower students from rural India. To further the cause of nation building, the alumni of Sri Sathya Sai Loka Seva Educational Institutions at Alike and Muddenahalli came together to start Sri Sathya Sai Saraswathi Education Trust in October 2011.

The Trusts impart values-based education absolutely free of cost to every child without any discrimination, with greater emphasis on spiritual education. The Trusts work incessantly towards establishing world class educational infrastructure in rural India with first priority to needy rural children.

Over 5,000 boys and girls from the rural strata of society are benefitting from free values-based integral education at top notch architectural edifices, absolutely free of cost across 27 Campuses in 20 Districts of Karnataka, one in Telangana and one in Tamil Nadu.

Statistics valid until May 2023



#### **SERVING FUTURE GENERATIONS**





Statistics valid until May 2023
Statistics valid until May 2023

44

### Education during COVID

#### SRI SATHYA SAI LOKA SEVA GURUKULAM ONLINE LEARNING SPACE

uring the COVID 19 times, Prashanthi Balamandira Trust (PBMT) has been working consistently to improve access to education; especially for those girls and boys from families who cannot afford any paid mode of online education; by offering free quality online video lessons from **Grade 6 till 12** for all children; with no exclusivity to students from the Campuses under the ambit of the Sri Sathya Sai Loka Seva Gurukulam Group of Institutions; but open to all students from around the world. So far, more than **1,800 Video lessons** have been recorded with the help of **120 instructors** since the month of May 2020.

Apart from this, **45 students** who lost their parents to COVID were embraced with open arms and admitted in the Institution. Scholarships have also been extended to **75 children** who wanted to continue learning at their hometowns.

SRI SATHYA SAI LOKA SEVA GURUKULAM FREE ONLINE LEARNING SPACE

#### **EDUCATION DURING COVID - SINCE MAY 2020**















Statistics as of June 2022





# Sri Sathya Sai University for Human Excellence, Kalaburagi



nspired by the ancient Indian way of education that caters to all aspects of human development with spiritual evolution at its very core, the Prashanthi Balamandira Trust®, Chikkaballapur has established the Sri Sathya Sai University for Human Excellence at Navanihal Village, Kamalapur Taluk, Kalaburagi District in Karnataka (a Private University established under Karnataka Legislative Act 2018). The University encapsulates values-based integral education in a unique residential environment, with the core idea to create individual excellence in all fields of knowledge with spirituality as its foundation. Based on the ancient Indian Gurukulam System of Education, the University shall promote and propagate the fields of Science, Humanities, all forms of fine arts, and the supreme knowledge derived from the field of spirituality, all completely free of any charges, to all students without any discrimination.

#### ब्रह्म वेद ब्रह्मैव भवति

brahma vēda brahmaiva bhavati

- mundaka upanişad (3.2.9)

Meaning: The one who knows Brahman (the Highest Self) becomes *Brahman* (that Self itself)

This *upaniṣadic* thought is the fundamental principle of the Sri Sathya Sai University for Human Excellence, based on which sciences are taught alongside spirituality, humanities are taught alongside divinity, and excellence is taught alongside enlightenment.

#### **BRINGING BALANCE INTO EDUCATION**

ur scientific power has outrun our spiritual power, which has certainly led to a degradation of human values, which are inherent in each and every individual. One's spiritual power is the source of all goodness, beauty and truth. In order to tap this source, it is essential that our education system should revive the very core of human wisdom and creativity, which lies in restoring back to glory the wisdom of the vedas, fine arts, and performing arts as fields of study in par with science and humanities. Hence, the University has turned over a new leaf by offering degree programmes in vedic studies, music and dance. In today's education scenario, bringing balance by coupling ageless spiritual wisdom with modern scientific knowledge is the only wayforward.









# MODERN DAY GURUKULA WITH A SPIRIT OF SELF-RELIANCE, BROTHERHOOD AND SACRIFICE



he Sri Sathya Sai University for Human Excellence is a modern day gurukula, which trains teachers, dedicated workers and students who will be committed to serving their fellow beings through furthering the cause of values-based education, without the barriers of caste, creed, race, religion, gender or geography, to those in need. The University is solely dedicated to training youth with free values-based academic education in order to create future teachers out of them, who can further the cause of values-based education in India. The University's goals can be precisely arranged in the following categories of creating excellence.

**INSTITUTIONAL EXCELLENCE** – The goal is to establish a world class University, where values-based integral education would be imparted completely free of cost.

**ACADEMIC EXCELLENCE** – The goal is to provide integral education to the students to cater to the need of their body, mind and spirit through innovative, instructional and experiential learning in an atmosphere that nurtures creativity, critical thinking and collaboration.

**FACULTY EXCELLENCE** – The goal is to enable and assist faculty, by providing opportunities for personal and professional growth through research, innovations, interactions and exchange programmes with world class professors and universities in a world class educational infrastructure.

**RESEARCH EXCELLENCE** – The goal is to conduct research in multifaceted areas such as the area of physical sciences, humanities, art and culture, philosophy, medicine, sustainable agriculture, renewable energy and the likes. Identifying, innovating, inventing and implementing defines the very core of this wing of the University.

**SPIRITUAL EXCELLENCE** – The goal is to enlighten the student to pursue the supreme goal of life which is Self-realisation, and equip him or her with ability and skills to serve the society.

#### **FUTURE READY ACADEMY - INTERNSHIPS**



he 'Future Ready Academy' is an internship programme that was initiated with the motto—'WORK to WORSHIP to WISDOM', keeping in vision that the young graduates of the University become skilled in various practical aspects of life and get prepared to cope with their future roles. During the degree programme, all students are part of a 'Self-Development Module' spread over a period of their three years course. Apart from this, the 'Future Ready Academy' is about providing knowledge, practical exposure and guidance to graduating students of the University, as a preparation to their internship within the Group of Institutions, which every student undergoes after their graduation, before embarking on their further education.

The programme prepares the graduates to perform their internship roles with awareness and application of their basic skills that helps in their effectiveness and productivity at the Campuses and Institutions in key areas such as:

- Academics and Co-Scholastic Activities Teaching, supporting teachers with classroom activities, etc.,
- Hostel Management taking care of younger students, grooming them with a service outlook, discipline, attending to the safety and wellness of students, etc.,
- Administrative Areas kitchen management, basics of accounting, purchase, office administrative work, event organising, art of interacting with elders and parents, etc.,
- Construction work, monitoring progress, etc.,

Training is conducted periodically even after the internship programme to help the interns further their skills related to their specific tasks at the Campuses.



#### THE 2TS – TEACHER AND TECHNOLOGY

t is a well-known fact that over 60% of the Country reside in villages, and it has been the goal of the Government of India to ensure education is made accessible and reachable for every child. The **Goal 4.1** of the Sustainable Development Goals (SDG) states that "By 2030, ensure that all boys and girls complete free, equitable and quality primary and secondary education leading to relevant and effective learning outcomes."

Further the SDG 4.5 states that "By 2030, eliminate gender disparities in education and ensure equal access to all levels of Education and vocational training for the vulnerable, including persons with disabilities, indigenous peoples and children in vulnerable situations."

The constant endeavour of the Sri Sathya Sai Loka Seva Gurukulam Group of Institutions has been to align, support and keep the broad national and international vision always a priority. As per the vision of the Samagra Shiksha Abhiyan (which subsumes the three erstwhile Schemes of Sarva Shiksha Abhiyan (SSA), Rashtriya Madhyamik Shiksha Abhiyan (RMSA) and Teacher Education of the Government of India, where an enhanced focus on improving quality of education, by focussing on the two Ts – Teachers and Technology, focussing on digital education, focussing on sports education, amongst others have been stated, the Institution has constituted several new initiatives including providing tablets in the classrooms for the students, state-of-the-art digital classrooms and mobile classrooms, annual teachers' training programmes, sports education etc. Even at the University, a blended model is one of the aspects, where in-person classroom instruction is coupled with asynchronous self-paced online learning.

Teachers are no doubt, the most important and responsible members of any society. Teachers who wish to mould the life of their students should first be ready to mould their own lives. All that is needed is a catalyst in the form of some inspired teachers. With a vision to embrace and train noble and able teachers in the society, annual National Teachers' Conferences and the Global Education Conferences are conducted, where over 2,000 teachers from India and abroad gather at Muddenahalli (Karnataka) to deliberate and comprehend their role in national building. Regular teachers training programmes are also conducted by our group of human values trainers at Government schools.

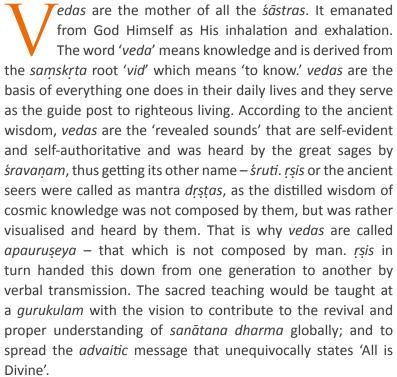




# O Sri Sathya Sai Loka Seva Veda Gurukulam



# Sri Sathya Sai Loka Seva Veda Gurukulam, Sathya Sai Grama, Muddenahalli Inaugurated On October 15, 2021 Tedas are the mother of all the śāstras. It em from God Himself as His inhalation and exh



With this lofty purpose of rejuvenating and enlivening sanātana dharma and taking it to all parts of the world where it truly belongs to, the Sri Sathya Sai Loka Seva Veda Gurukulam at Sathya Sai Grama in Muddenahalli has been established.





The purpose of the *gurukulam* is to promote learning and research in *vedic* studies, and disseminating its priceless wisdom to all, without any discrimination, while also relating it to the contemporary context. Students, who will be trained in the *karma*, *upāsana* and *jñāna kāṇḍas* of the *vedas*, will be encouraged to travel across the globe to spread *vedantic* teachings to all.

Spread across 2.5 acres of land, the *veda gurukulam* at Sathya Sai Grama exudes the symphony between the beauty of nature and the quaintness of the *gurukulam* style of living, the effect of which is accentuated by the positive sounds of the *vedic mantras*. *āchāryas* who are adept in the *rgveda* and *yajurveda* from the Sri Venkateshwara Veda Vijnana Peetham, Tirumala, impart the wisdom of the these *vedas* to the students. Students are admitted into the *gurukulam* after their *upanayana* or initiation ceremony, and are provided accommodation (boarding and lodging) and education – both *parā vidya* (spiritual knowledge) and *aparā vidya* (secular knowledge), completely free of all costs.

*vedic and vedantic* studies is the prime focus of the *gurukulam* alongside academic subjects, with special attention to English speaking skills for effective communication and computer skills to cope with the modern times. Secular education through the NIOS Board is imparted to the students to make them eligible for Grade 10 and 12 board examinations, after which they can pursue Bachelor of Arts in Vedic Studies and Master of Arts in Vedic Studies.



# Our Campuses

Serial No.	District	Campus	Institution	
1	Dakshina Kannada	Sathya Sai Vihar	<ul> <li>Sri Sathya Sai Loka Seva Pre-University College (for boys)</li> <li>Sri Sathya Sai Loka Seva Vidya Kendra (for boys)</li> </ul>	
		Sharada Vihar	Sri Sathya Sai Loka Seva High School (for boys)	
		Vani Vihar	<ul> <li>Sri Sathya Sai Loka Seva Higher Primary School (for boys)</li> <li>Sri Sathya Sai Loka Seva High School (for girls)</li> </ul>	
2	Chikkaballapur	Sathya Sai Grama, Muddenahalli	<ul> <li>Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10</li> <li>Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 11 and 12</li> <li>Sri Sathya Sai University for Human Excellence (for boys) - Post Graduate Studies</li> </ul>	
		Prashanti Bala Mandira	<ul> <li>Prashanti Bala Mandira English Medium Higher Primary School (for girls)</li> <li>Prashanti Bala Mandira English Medium High School (for girls)</li> </ul>	
		Sri Sathya Sai Prashantiniketanam	<ul> <li>Sri Sathya Sai Prashantiniketanam Pre-University College (for girls)</li> <li>Sri Sathya Sai University for Human Excellence (for girls)</li> </ul>	
3	Kalaburagi (Gulbarga)	<ul> <li>Sri Sathya Sai</li> <li>Vidyaniketanam</li> <li>Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10</li> <li>Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 11 and 12</li> <li>Sri Sathya Sai University for Human Excellence - Central Campus</li> </ul>		
4	Mandya	Sri Sathya Sai Sharadaniketanam		
5	Chikkamagalur	Sri Sathya Sai Divyaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10	
		Sri Sathya Sai Sriniketanam	<ul> <li>Sri Sathya Sai Loka Seva Gurukulam (for girls) - Grade 6 to 10</li> <li>Sri Sathya Sai Loka Seva Gurukulam (for girls) - Grade 11 and 12</li> </ul>	
6	Bagalkot	Sri Sathya Sai Anandaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10	







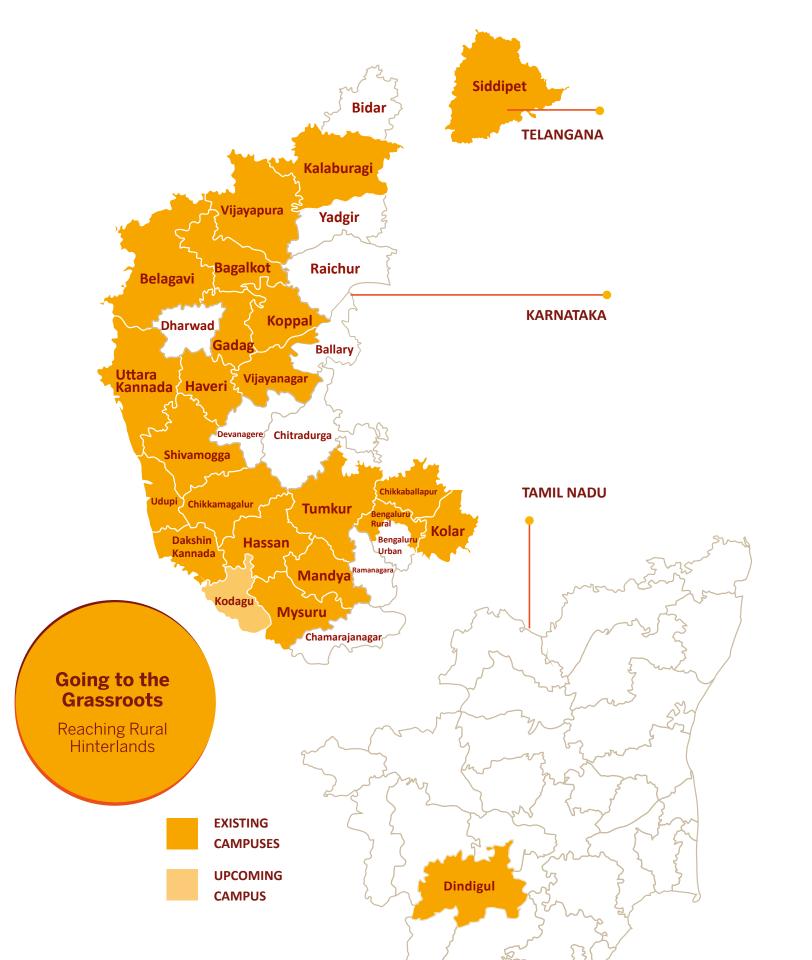
# Our Campuses

Serial No.	District	Campus	Institution
7	Vijayapura (Bijapur)	Sri Sathya Sai Premaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10
8	Hassan	Sri Sathya Sai Sathyaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10
9	Gadag	Sri Sathya Sai Vaniniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for girls) - Grade 6 to 10
10	Siddipet (Telangana State)	Sri Sathya Sai Prashantiniketanam	• Sri Sathya Sai Prasanthi Niketanam (for girls) - Grade 11 and 12
11	Vijayanagar	Sri Sathya Sai Vishwaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10
12	Koppal	Sri Sathya Sai Sevaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10
13	Tumkur	Sri Sathya Sai Karunyaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10
14	Uttara Kannada (Karwar)	Sri Sathya Sai Sattwaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10
15	Shivamogga	Sri Sathya Sai Sarvaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10
16	Mysuru	Sri Sathya Sai Anantaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) - Grade 6 to 10
17	Udupi	Sri Sathya Sai Ananyaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) – Grade 6 to 10
18	Belagavi	Sri Sathya Sai Nityaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for boys) – Grade 6 to 10
19	Dindigul (Tamil Nadu State)	Sri Sathya Sai Meenakshiniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for girls) – Grade 6 to 10
20	Bengaluru Rural (Doddaballapur)	Sri Sathya Sai Gayatriniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for girls) – Grade 6 to 10
21	Haveri	Sri Sathya Sai Vedaniketanam	• Sri Sathya Sai Loka Seva Gurukulam (for girls) – Grade 6 to 10
22	Kolar	Sri Sathya Sai Krishnaaniketanam	Sri Sathya Sai Loka Seva Gurukulam (for girls) – Grade 6 to 10

### **Upcoming Campuses**

KARNATAKA

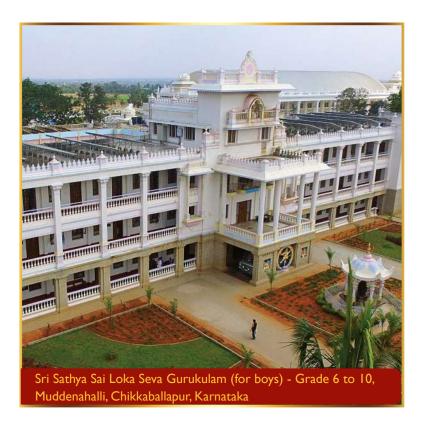
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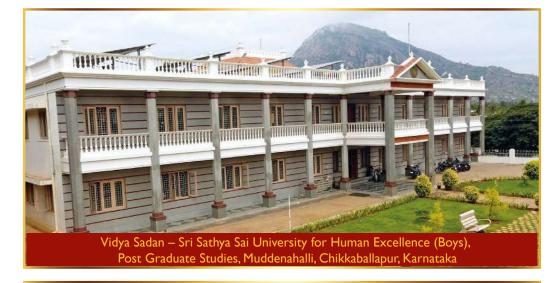
#### **GREEN CAMPUS**

In line with Goal 7 of the Sustainable Development Goals, 'Affordable and Clean Energy', the Campuses follow a Green Policy.

- Solar powered Campuses with 674 kWp capacity, saving 790 metric tons of CO2 emission every year
- More than 50,000 saplings planted across Campuses
- Waste water management and recycling
- Rain water harvesting
- Well ventilated green buildings
- Energy efficient lighting and equipment



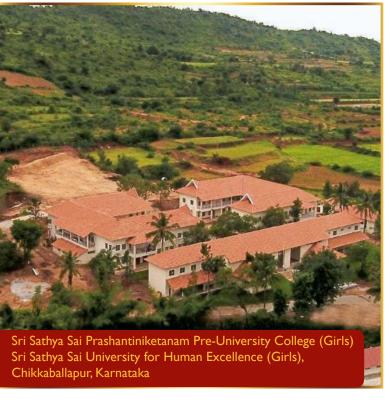






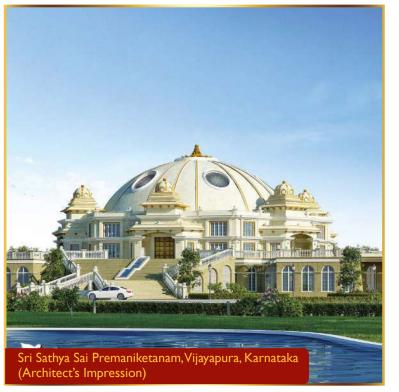




























## SRI SATHYA SAI ANNUAL SPORTS AND CULTURAL MEET







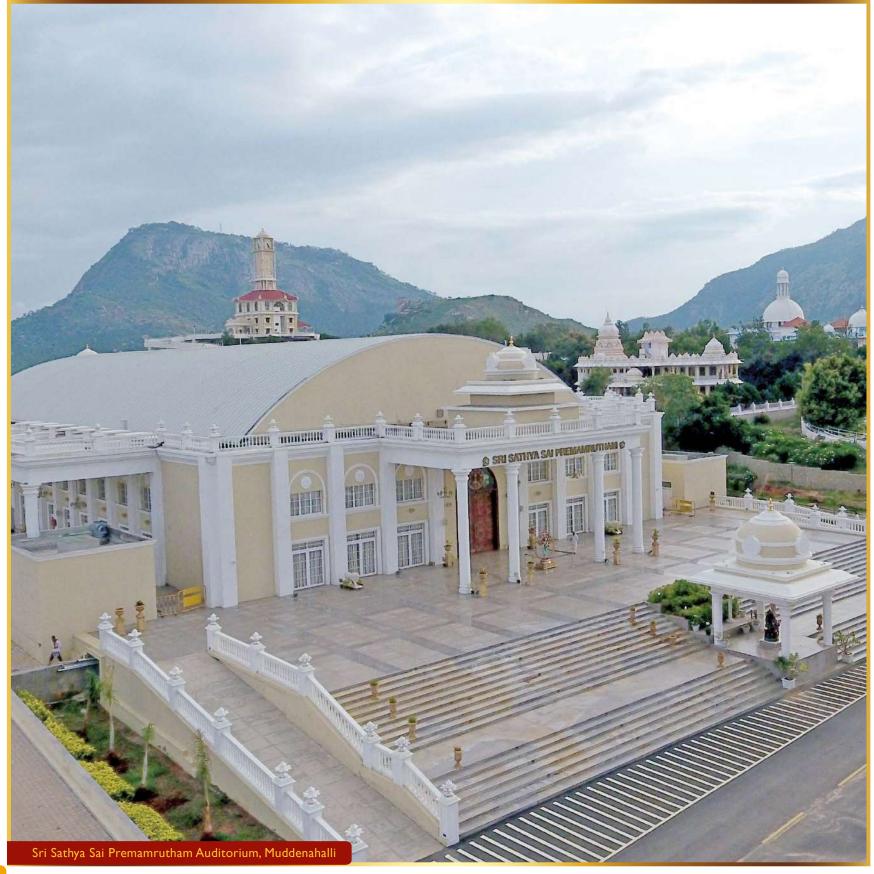


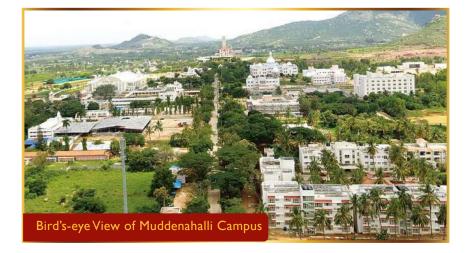


















### Institute of Human Values

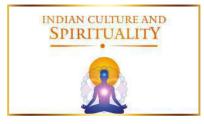


o help reach human values-based education to the world, and to resuscitate the humanness of humanity, the Prashanthi Balamandira Trust launched a unique, first-of-its-kind Institute of Human Values, to offer tailor-made courses totally free of any charges, curated by experts from around the world. The Vision of the Institute is to make better humans in their personal and professional spheres, by making them more sensitive towards society's needs and exploring ways of their contribution to society in a meaningful and selfless manner, thereby creating a sense of global citizenship and responsibility.

The courses will help an individual balance the inside and outside, while progressively being a better human being, that will ultimately help him or her unravel the true meaning and purpose in life.

Learning from the heart is spiritual awakening, Baba would say. The Institute of Human Values is the first step to help lead the world into the beautiful awareness of its heart – a heart that operates from the universal human values of *truth*, *righteousness*, *peace*, *love* and *non-violence*.

Log on to www.iohv.org today!

















### National Education Policy 2020

he National Education Policy 2020 is an awakening call to a system of education that is determined to find its roots of ancient wisdom and shoots of modernity through the latest technology and academia. The vision of the NEP 2020 is to instill among the learners, a deep-rooted pride in being Indian, not only in thought, but also in spirit, intellect, and deeds.

Honourable Prime Minister Mr Narendra Modi through the NEP 2020 have stressed about values-based education that will include the development of humanistic, ethical, constitutional and human values. Values-based education and its significance cannot be stressed and spoken about any later, than now, when the world is crumbling evidently and subtly due to lack of values in various spheres of life.

The universal human values, as propounded by Sri Sathya Sai Baba, of truth (satya), righteous conduct (dharma), peace (śānti), love (prema), non-violence (ahiṃsā), the linchpins which act as the driving force from within for every human being have been well included in the policy, which augers the need to develop knowledge, skills, values, and dispositions that support responsible commitment to human rights, sustainable development and living, and global well-being, thereby reflecting a truly global citizen.

Here is a glimpse of how the Sri Sathya Sai Loka Seva Gurukulam Group of Institutions are "AT WORK".

NEP 3.2 and 3.3 – "......to bring children who have dropped out back to school and to prevent further children from dropping out."

"....to achieve universal participation in school by carefully tracking students, as well as their learning levels, in order to ensure that they (a) are enrolled in and attending school, and (b) have suitable opportunities to catch up and re-enter school in case they have fallen behind or dropped out."

• The importance of children appreciating education is also important. In rural India, children are not very inclined to studies, and hence at Sri Sathya Sai Loka Seva Gurukulam Group of Institutions, multi-disciplinary approach to education is adopted, where academics is given a certain number of credits, and several other skill development programmes and other talents in which students have an inclination, are encouraged and certified. Children feel valued and a certain sense of self-worth develops in them, even if they are unable to succeed in maths and science.







• The staff of Sri Sathya Sai Loka Seva Gurukulam Group of Institutions visits homes to encourage parents. One of the initiatives has been to have the final year students and interns visit homes in villages. Showcasing themselves as first generation literates has been a great propeller for parents. From the perspective of a rural family, when a child leaves home to study, one of their earning members is taken away. A cost benefit analysis is shown to such families by stating that an educated child will be an investment to their family in future, as he/she would come back as a confident individual with a better capacity to earn and a stronger will to support the family. This approach has been very encouraging for parents and is found as a solution to bring back children who have dropped out.

## NEP 3.7 – "Efforts will be made to involve community and alumni in volunteer efforts for enhancing learning..."

- 'each one educate one (e1e1)' is a platform launched and managed by the alumni of the Sri Sathya Sai Educational Institutions. Having been recipients of a transformative form of education, the alumni endeavour to pass this benefit on to others and champion the growth of this form of education. Along the way, many more individuals and groups who are passionate about quality education, rural empowerment and an education that aims at human character building, have joined the alumni of the Institution.
- Embracing the family of the child is very crucial. Teachers must become friends of the family, where their real problems are understood, at least to a certain extent. It is not only about making parents sensitive to child's needs, but it is also about understanding their problems at home. Every child's family is being adopted by the system at Sri Sathya Sai Loka Seva Gurukulam Group of Institutions. Teachers not only impart education to the children, but they also become mentors to their family.

NEP 4.8 – Sports-integration is another cross-curricular pedagogical approach that utilises physical activities including indigenous sports, in pedagogical practices to help in developing skills such as collaboration, self-initiative, self-direction, self-discipline, teamwork, responsibility, citizenship, etc.

• Team work, self-direction, self-discipline etc., are continuously nurtured at the Institution through various activities like morning yoga, team sports, self-reliance activities...etc. Sports activities like horse riding, para gliding, etc., are also given adequate importance.

#### **OCTOBER 25, 2020**

#### **Memorandum of Understanding with Kalakshetra** Foundation, Chennai

ightharpoonup ri Sathya Sai University for Human Excellence (SSSUHE) and Kalakshetra Foundation at Chennai signed a Memorandum of Understanding (MoU) with a common objective to protect, promote, and revive Indian Culture and Traditional Art Forms. As part of the MoU, SSSUHE extends scholarships to those students at Kalakshetra, who are dedicated to the art—be it dance, music or visual art forms, but are constrained economically. Kalakshetra, in turn, readily supports the Bachelor of Performing Arts -Bharatnatyam stream of students from SSSUHE by conducting annual workshops and by providing their expert assistance to train these students.



#### **OCTOBER 26, 2020**

#### **Launch of Bachelor of Arts in Vedic Studies**

The Bachelor of Arts in Vedic Studies was officially launched on the auspicious daśamī day of Dussehra on the October 26, 2020. Sadguru Sri Madhusudan Sai while outlining his vision for this course elaborated that the students of this course will be moulded in such a manner that they will not only have personally experienced the Highest Truth, but will also emerge as teachers guiding humanity from untruth to truth, from ignorance to light.

This course shall involve a deep study of the *vedas* and knowledge of ancient India. Unlike the traditional universities which impart this knowledge to only certain members of the society, this course is open to all without any discrimination based on their caste or background.



#### **NOVEMBER 25, 2020**

#### **Memorandum of Understanding with Sri Sri** Jagadguru Shankaracharya Mahasamsthanam Dakshinaamnaaya Sri Sharada Peetham, Sringeri

ri Sathya Sai University for Human Excellence and the holy Sharada Peetham of Sringeri have joined hands to work together for the most important task which both of them consider their foremost goal – promotion, propagation and revival of the glorious sanātana dharma. While Sharada Peetham will provide their expert guidance and support to establish the veda gurukulam at Sathya Sai Grama and extend help towards teaching and training students by way of serving as visiting faculty and conducting *vedic* workshops at both the premises, the Sri Sathya Sai University for Human Excellence will dedicatedly support the research programme and publication works of Advaita Shodha Kendra – Advaita Sharada by translating them into English and also by supporting the initiative financially.



with Sri Sri Jagadguru Shankaracharya Mahasamsthana Dakshinaamnaaya Sri Sharada Peetham, Sringeri

#### O JUNE 07, 2021

#### Memorandum of Understanding with Sri Sathya Sai Sanjeevani Research Foundation (SSSSRF), Palwal

ri Sathya Sai University for Human Excellence, which considers 'Research' as one of its major facets, found its right partner in Sri Sathya Sai Sanjeevani Research Foundation at Palwal for academic research programmes, which shall promote social welfare. The Foundation conducts research on paediatric congenital heart diseases at the Sri Sathya Sai Sanjeevani International Centre for Child Heart Care and Research which is one of the facilities that provides free treatment for paediatric congenital heart defects. Both the entities shall identify their faculty members to devise and implement research projects and also encourage frequent interaction, knowledgesharing (teaching-learning materials and literature), hands-on training, laboratory experience, enrichment of academia, and participation in conferences, workshops and short-term courses. Especially, the students of SSSUHE shall be given the needed hands-on-training by SSSSRF.



Sadguru Sri Madhusudan Sai – Founder of Sri Sathya Sai University for Human Excellence, along with Chancellor and Vice-Chancellor of the University exchanging MoU with Sri Sathya Sai Sanjeevani Research Foundation (SSSSRF), Palwal



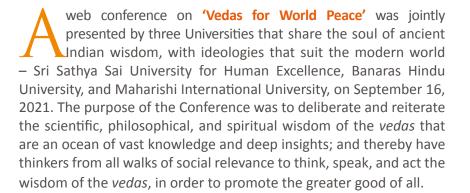
#### ○ **JULY 27 - 28, 2021**

#### Two-day National Conference on 'Chaumasa'

harat Adhyayan Kendra (BAK) - Banaras Hindu University (BHU) and the Sri Sathya Sai University for Human Excellence (SSSUHE) had jointly hosted a two-day conference on 'caturmāsa' to commemorate the tradition of celebrating the four months of the year (according to *Hindu* calendar) which have a great spiritual and cultural significance in Indian tradition.

Several luminaries across the length and breadth of India were invited to have a discussion on various forgotten aspects of *caturmāsa*, and to spread awareness about it to general public. The entire two-day conference was divided into seven sessions in total. Each session carried a special subject matter covering the pivotal facets of *caturmāsa* - Spirituality, Tradition of Rishis and *caturmāsa*, Indian Literature, Folk Culture and *caturmāsa*, Celebrating the Sound of Nature and *caturmāsa*, Agricultural Tradition, Ayurveda, Astrology and Eating Habits in *caturmāsa* and Performing Arts and Literature in *caturmāsa*.

## ○ SEPTEMBER 16, 2021 Web Conference on 'Vedas for World Peace'



Vidya Vardhana – Academic Block Of Sri Sathya Sai University For Human Excellence, Kalaburagi, Karnataka

**○ SEPTEMBER 30, 2021** 

Sai University for Human Excellence, Kalaburagi, Karnataka was inaugurated on Thursday, September 30, 2021 by the Honourable Minister of Major – Medium Irrigation and Water Resources, Government of Karnataka, Sri Govind Muktappa Karjol, in the presence of Sadguru Sri Madhusudan Sai. This Academic Block 'Vidya Vardhana' will serve the purpose of shaping wholesome personalities with all forms of knowledge, as paragons of virtues, and the ones who will work for the welfare of the entire world. Emphasis is first and foremost on a perfect balance between spiritual education and material education.



Mr Govind Muktappa Karjol – Honourable Minister of Major – Medium Irrigation and Water Resources, Government of Karnataka inaugurating Vidya Vardhana – the new Academic Block of the Sri Sathya Sai University for Human Excellence



Vidya Vardhana - Academic Block of Sri Sathya Sai University for Human Excellence, Kalaburagi, Karnataka



## O NOVEMBER 17 – 18, 2021 Bharath Sangeeta Sammelan 2021



he Bharath Sangeeta Sammelan 2021 presented by the Sri Sathya Sai University for Human Excellence on November 17-18, 2021, was aimed to play at the heart strings of one and all through Indian classical music, which has the power to heal and unite the world by transcending the boundaries of superficial existence, and journey into the realms of supreme oneness. Musicians of different genres, styles and *guru pārampara* converged together as one family to discuss the healing effects of Indian classical music, which is the back bone of our Indian culture. The *sammelan* served as a platform to discuss why classical music should be promoted, protected and taught to the next generation.

#### Objectives of the *sammelan*:

- 1. Healing effects of Indian classical music, especially in the context of the pandemic when mental and emotional health is paramount to keep the balance within, inspite of the imbalance without.
- 2. Generating interest and appreciation towards Indian classical music in the hearts of the younger generation to preserve it for posterity.

About 16 Speakers and four Session Chairs — a melange of musicians, musicologists, music therapists, instrumentalists, child and adolescent psychologists, *ayurvedic* and yoga scholars came from all over the Country to participate and share their deep insights about Indian classical music, its connection with the overall well-being of a person, its healing effects and the ways to revive its glory and make it appealing for the younger generation. The speakers deliberated on the following topics as four sessions over the two days:

- 1. The Therapy of Music
- 2. The Magic of Music
- 3. Music An Art Beyond Entertainment
- 4. Revive Indian Classical Music to Restore Indian Culture

The valedictory function of the *sammelan* witnessed several well-known stalwarts of Indian classical music who were felicitated and honoured with the Sri Sathya Sai Sangeeta Shiromani Award. The legends who were honoured were — Mrudangam Vidwan and Padma Vibhushan Awardee, Dr Umayalpuram K Sivaraman; Hindustani Vocalist and Padma Vibhushan Awardee, Pandit Chhannulal Mishra; Ghatam Vidwan and Padma Bhushan Awardee, Sri Vikku Vinayakram; Carnatic Vocalist, Ganakalabhushana Vidwan Dr R K Padmanabha; Mrudangam Vidwan and Padma Shri Awardee, Dr Yella Venkateshwara Rao and world-renowned flautist Pandit Ronu Majumdar.



## O NOVEMBER 21 – 22, 2021 International Conference on the Future of Medical Education





two-day International Conference on the Future of Medical Education was hosted by the Sri Sathya Sai University for Human Excellence in conjunction with medical experts from Stanford University School of Medicine in California, USA. The Conference was inaugurated in the presence of Sadguru Sri Madhusudan Sai, Founder of Sri Sathya Sai University for Human Excellence, along with Dr Kanwaljeet Sunny Anand – Professor of Paediatrics, Anaesthesiology, Perioperative and Pain Medicine at Stanford School of Medicine, USA; Dr M R Rajagopal – Padma Shri Awardee and Founder-Chairman of Pallium India; Dr B N Gangadhar – Padma Shri Awardee and President of the Medical Assessment and Rating Board; Dr G Geetha Krishnan – World Health Organisation Officer for Traditional, Complementary and Integrative Medicine; Dr S Sacchidanand – Former Vice-Chancellor of Rajiv Gandhi University of Health Sciences; Mr C Sreenivas – Chairman of Sri Sathya Sai Health and Education Trust; Mr B N Narasimha Murthy – Chancellor of Sri Sathya Sai University for Human Excellence; and Dr Srikanta Murthy – Vice-Chancellor of Sri Sathya Sai University for Human Excellence.

The Conference was attended by over 745 registrants. About 21 Speakers and seven Session Chairs that included physicians, surgeons, educators, specialists or general medical practitioners, researchers, health policy experts, medical school administrators, and allied health professionals—participated from all over the globe to share their insights on the following topics as four technical sessions over the two days:

- 1. Undergraduate Medical Education and Training
- 2. Postgraduate Medical Training and Research
- 3. Integrative Medical Education and Training
- 4. Social Aspects of Medical Education an Training

Garg, Mr P L Tapadiya, Sadguru Sri Madhusudan Sai, Dr K Sudhakar, Mr B N Narasimha Murthy, Dr Kanwaljeet Sunny Anand, Dr Srikanta Murthy

Valedictory function of ICFME – From left to right: Mr C Sreenivas, Dr B S

Felicitation of Dr K Sudhakar, Hon'ble Minister of Medical Education, Health and Family Welfare, Government of Karnataka



#### **○ NOVEMBER 23, 2021**

#### Sri Sathya Sai Award for Human Excellence 2021



nspired by the universal message of Sri Sathya Sai Baba, 'Love All Serve All', the Sri Sathya Sai University for Human Excellence instituted the fifth edition of Sri Sathya Sai Award for Human Excellence on the November 23, 2021, as a humble endeavour to appreciate individuals who have served mankind in various fields such as — Education, Health, Environment, Woman and Child Welfare, Unity of Religions, Music and Fine Arts, and Yoga and Sports. Aditya Birla Sun Life AMC Limited was the patron for the Awards this year.

Honourable Governor of Karnataka, Mr Thawar Chand Gehlot presided over the event as the Chief Guest. Mrs Neerja Birla, Founder and Chairperson of MPower (an initiative of Aditya Birla Education Trust) was the Guest of Honour at the event. She was also conferred the 'Change Champion Award' for all her noble work in the field of mental health done through MPower — an initiative led by her that does phenomenal work in spreading awareness about mental health and effecting a positive change in the attitudes of people from all walks of life.





















# NOVEMBER 23, 2021 Launch Of 'Bharath Rashtra Nirman Vidyarthi Nidhi' (National Scholarship Scheme)



bharath rashtra
nirman vidyarthi nidhi
(NATIONAL SCHOLARSHIP SCHEME)

rashanthi Balamandira Trust instituted the national scholarship scheme, in order to provide for economically disadvantaged children who have been denied the affordability or accessibility to education. While there are several merit or means based scholarship schemes for students at the higher education level, there is almost none at the primary foundational level of education. In this light, the Prashanthi Balamandira Trust led by Sadguru Sri Madhusudan Sai launched the Bharath Rashtra Nirman Vidyarthi Nidhi on November 23, 2021.

#### **Objectives of the Scheme:**

- To improve enrolment and quality of primary school education
- To encourage students to complete their school education up to Grade 12

The scholarship scheme will cover the entire State of Karnataka to start with **5,000 students**, both boys and girls, from Grade 1 to 5, which is about 1,000 students per Grade will be selected for the scholarship for this academic year 2021-22 from various Government Schools. These students will continue to be given the scholarship until they finish their Grade 12.

The only criterion for selection for scholarship is their 'NEED' and not merit, means, gender, caste or religion. A pilot project has already started at the Chikkaballapur District of Karnataka State with the collaboration of Rashtriya Seva Bharati Organisation. Every child under the scholarship scheme will be linked to a volunteer from the Rashtriya Seva Bharati Organisation, to track their progress and holistic well-being.

Dr Krishna Gopal, Joint General Secretary of Rashtriya Svayam Sevak Sangh was present at the event on November 23rd, and he personally handed over the scholarship to about 120 children from the district of Chikkaballapur who attended the event with their parents.







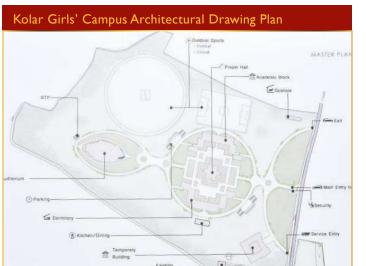
#### O JANUARY 20, 2022

## Ground Breaking Ceremony of Sri Sathya Sai Krishnaaniketanam, Kolar, Karnataka – New Educational Campus for Girls

omen, who are the foundation of every family and society, need to be provided equal opportunities for progress and thus a new Campus for girls – Sri Sathya Sai Krishnaaniketanam at Kolar district (Karnataka) has been planned as per the omniscient will of the Divine. Sri K H Muniyappa, Former Member of Parliament, Kolar Lok Sabha Constituency along with other dignitaries in the Divine presence of Sadguru Sri Madhusudan Sai performed the *Bhumi Puja* (Ground Breaking Ceremony) for the Campus on January 20, 2022. Keeping in conformity with the COVID protocols, a handful of local residents and others who had helped in the land search had also gathered.

Sadguru Sri Madhusudan Sai revealed that the Campus has been named 'Krishnaaniketanam' after Sathyabhama, the consort of Lord Krishna. The Campus shall commence operations with a small school building in June 2022 to begin with, and then will gradually grow into a large Institution.







#### Each One Educate One









ach One Educate One (E1E1) is an initiative to bring quality education to rural India based on the verity of 'Right of Education to All'. It is anchored in the ideal of education as a service to society and every individual in the society as a stakeholder in rendering this service.

The E1E1 programme is an opportunity to make a difference in the lives of children who would otherwise have little access to education, and help break their intergenerational cycle of poverty, myths and social evils. This initiative is an earnest step in this direction, with the intent to ensure every child has the opportunity to quality education.

E1E1 is an excellent platform for collaborating for a cause that is humbling to one's perspective about life and therapeutic to one's soul. Founded by the alumni and alumnae of the various Sri Sathya Sai Educational Institutions, who have been beneficiaries of a unique form of integral values-based education that offered a mélange of academic knowledge that was underpinned on spiritual knowledge; E1E1 has today embraced many more like-minded individuals who are volunteering their time and resources to the cause of education, making this a truly people's movement.

The support strength from the alumni towards the Sri Sathya Sai Loka Seva Gurukulam Group of Institutions owes to its source of seeing their Institution as a family bonded with love. From visiting the Campuses and interacting with the students regularly, to extending support in every form possible, be it in the field of music, arts, environment conservation, communication skills, setting up of libraries, supporting the development of infrastructure, etc., the alumni and alumnae actively engage with the Institutions. This is a testimony to the fact that the Sri Sathya Sai Educational Institutions have always fed the virtues of giving back to the society in a constructive way, into the thought process and the very way of life of its students. The E1E1 programme currently supports the running of the network of Campuses under the Prashanthi Balamandira Trust and Sri Sathya Sai Saraswathi Education Trust.

The core values of Each One Educate One programme have great resonance amongst all sections of people and institutions. The E1E1 family has grown in size rapidly over the past four years, both in terms of the number of benefactors and the corresponding number of beneficiaries. **2,142 students** have been covered under the Each One Educate One Programme during the academic year 2021-22.

Currently, the Each One Educate One Foundation runs the following programmes:

Each One Educate One – Covers school/ tuition fees from Grade 6 to 12.

**Each One Embrace One** – Covers school/ tuition fees, hostel expenses and miscellaneous expenses from Grade 6 to 12.

**Each One Higher Educate One** – Covers school/ tuition fees, hostel expenses and miscellaneous expenses for under graduate, post graduate and research students.

















#### Students Share

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#### **Service – An Accruing Savings of Joy!**

"I come from a small village, Ramaganaparthi in the Chikkaballapur district of Karnataka. I joined the Sri Sathya Sai Prashantiniketanam Pre-University College for my Grade 11 and what caught my instant attention was the scale of service activities that were being done by the Institution, including the several educational campuses that bestowed quality education for no cost. An earnest desire promptly sprang from my heart – 'How I wish my parents also contributed to the service activities of this great institution, along with me?' This secret prayer was answered when the services of my father, for being the flower vendor that he is, was called for. Supplying nosegays, bouquets, posies and other fresh flowers for all the important events of the Institution, thrilled my father! While I see his joyful face, I also relish every moment of my stay here, right from my Grade 11 until my Under-graduate studies and now when I am being trained during this internship period at the Sri Sathya Sai University for Human Excellence (Girls Campus) at Nallakadirenahalli (Chikkaballapur district). Everyone can serve in their own little ways at these Institutions. There is no rebuttal to this opportunity, and hence, no one returns empty-handed!"



Amrutha R A
Intern, Sri Sathya Sai University for Human Excellence
(Girls Campus), Nallakadirenahalli, Chikkaballapur, Karnataka

#### **6 6** An Education that Shapes Me Facet by Facet!

"When we say that Education is a powerful weapon, it truly is because this weapon can be used to either save the world or destroy it. The proper utilisation of this weapon depends on its wielder—the wise one creates a beautiful future and the ignorant one destroys even the 'present' (gift) of the present. Sri Sathya Sai University for Human Excellence is one of those rarities where nobility balances ability, wisdom augments knowledge, and compassion complements capacity.

Here, education is bestowed as the fundamental right of every child and hence it is not sold for a cost. Alongside academics, human values-based education shapes who we are, and thus we are naturally inclined to serving others with a heart of kindness, just like how we have been embraced with kindness. This group feeling of being accepted with a large heartedness like never seen elsewhere in today's education scenario, nurtures an environment of learning with joy, acquiring knowledge with an innate appetite from the source and not by force.

I was always fond of learning music, but could never get to a proper platform that can recognise my potential and help me bring it forth from within. At Sri Sathya Sai University for Human Excellence, I lit upon the University Brass Band which gave me an opportunity to learn different western instruments from an accomplished musician par excellence from New York. I also had an opportunity to travel to different countries for band performance and this was like an icing on the cake!

A synthesis of the best – academics, values, culture, and opportunities make me a better person, refining my personality, facet by facet!"

Narasimha Mayya M.A. English, First Year Sri Sathya Sai University for Human Excellence



### Luminaries Speak



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"I am able to foresee the future of India in this very Institution. 'Love All' Serve All' is the torch light of this Institution and this is guiding every step of this Institution. The Sri Sathya Sai Award for Human Excellence encourages men, women and youth from all fortes of society by appreciating their selfless service to society. The theme of the Awards 2021 – 'Celebrating the COVID Warriors of India' recognised people from different fields of society, who have worked amidst the cruelties of the COVID pandemic to help others in need. Our Honourable Prime Minister, Mr Narendra Modi has also recognised and felicitated such COVID warriors. This University, under the guidance of Sadguru Sri Madhusudan Sai and his teachings of सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः sarve bhavantu sukhinaḥ sarve santu nirāmayāḥ, is doing commendable work in the field of education, by offering the gift of education completely free of cost. To sacrifice everything and work for the welfare of others and also encourage others to tread this path, is our prime duty, and we should derive inspiration from this Institution."

(Excerpt from the speech during the event of Sri Sathya Sai Award for Human Excellence 2021)

Mr Thawar Chand Gehlot
Honourable Governor of Karnataka



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"I am very glad that the Sri Sathya Sai University for Human Excellence has introduced a very important aspect of education in their curriculum, which is in concurrence with the New Education Policy 2020 that includes knowledge, science, Indian culture, and values in its content. This University will train many students who can show the right path to the world and will raise our Country back to its pristine glory of being the 'Vishva Guru.' It will elevate to the heights of functioning like the ancient Indian Universities of Nalanda and Takshashila, which carried global acclamation. It is already doing a great job and will only prosper and flourish in the years to come."

Dr Ramesh Pokhriyal 'Nishank'
Former Minister of Education
Government of India

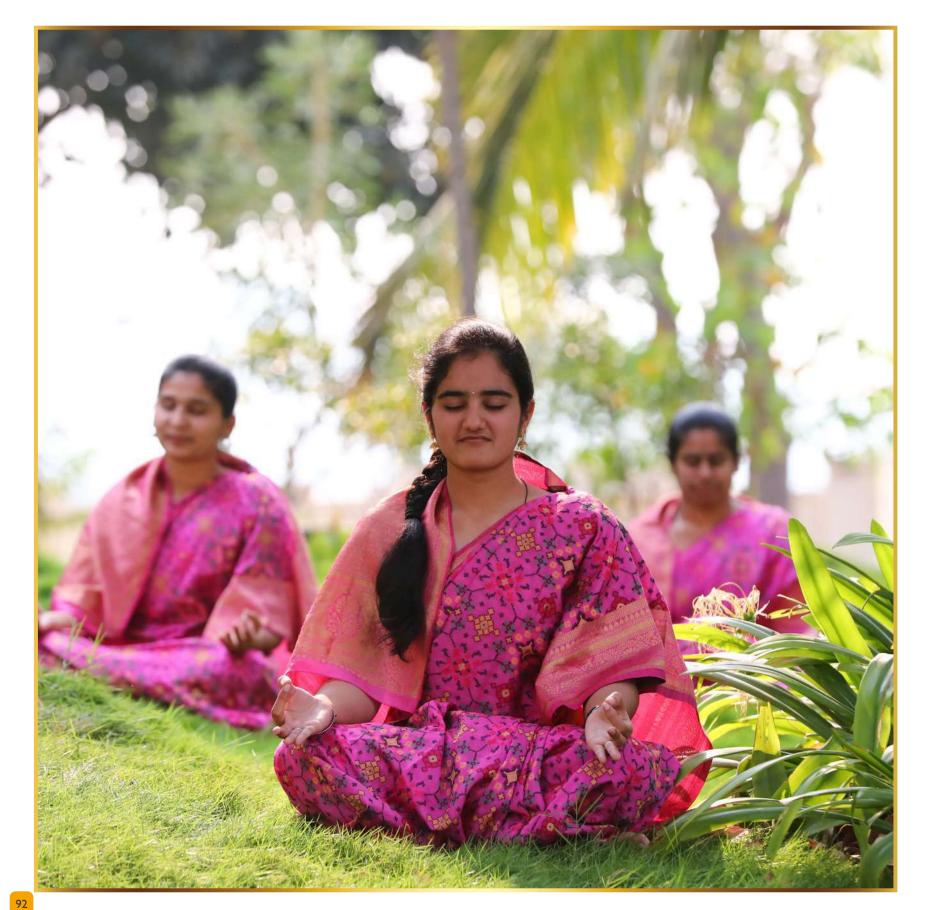


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"I express my gratitude to Sadguru Sri Madhusudan Sai for his exemplary work in the field of education, health, and nutrition. I thank the Hon'ble Governor of Karnataka. Sri Thawar Chand Gehlot to acknowledge and support the noble work done in every field of social relevance to improve the lives of the less fortunate. I feel very honoured to accept the 'Change Champion Award' that has been conferred upon me. This further enthuses my team and me to remain committed in our path. The COVID-19 pandemic has not only created a global healthcare crisis but also a humanitarian crisis, so it is very inspiring to see the impact of the incredible work done by the COVID Warriors who were honoured today. It is my absolute privilege to be part of this prestigious event that celebrates human excellence and spirit of service and thank Sri Sathya Sai University for Human Excellence for organising these awards and carrying forward the mission of service to all of mankind."

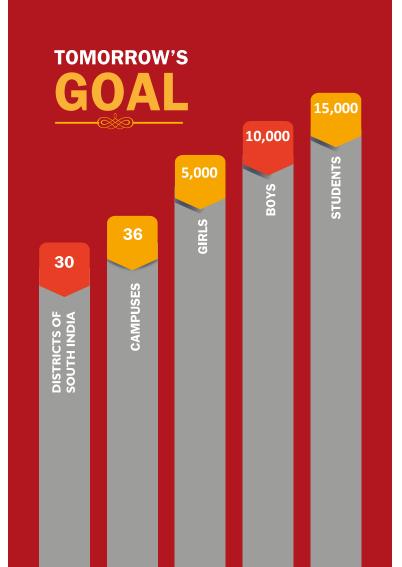
(Excerpt from the speech during the event of Sri Sathya Sai Award for Human Excellence 2021)

Mrs Neerja Birla
Founder and Chairperson of MPower
(an initiative of Aditya Birla Education Trust)



## — The Way Forward





Statistics valid until May 2023

## HEALTHCARE

"In order to achieve the goals of human life, good health is necessary. The mind, body and heart cannot work in unity if one suffers from ill health. It is the fundamental responsibility of those who are healthy, to help those who are not healthy."

- Sri Sathya Sai Baba



# HEALING THE NATION THROUGH **HEALTH**



In a life filled with moments of joy or sorrow, hope or despair, Tireless striving or eternal calm, a rhythm is being played. An unraveled mystery, this rhythm of life resonates to a silent beat. A beat that sees us through this drama, we call LIFE! At Sri Sathya Sai Sanjeevani, we surrender in love to that HEART!

## O Chairman's Message

he Challenge of Healthy Childhood in India is two-pronged. Firstly, those detected with diseases and defects, face inadequate availability and accessibility of their quality address. Secondly, large numbers of those who remain undetected or undiagnosed, sadly miss out on the joy and benefit of a healthy and happy childhood.

The burden and pain of congenital heart diseases on children and their families is a cruel and an unfortunate reality of our times. Sadly, it is the most rampant disease at birth in India with an incidence of more than 240,000 per annum.

In answer to the painful calling of a mother with her dying baby, Sri Sathya Sai Sanjeevani endeavours to heal tender hearts in need. The Hospitals are one of their kind Centres for Child Heart Care providing Totally Free of Cost Care to the needy, thus restoring 'DIGNITY OF LIFE' and bringing untold relief and joy.

Surgical intervention is often unavoidable to a critically diseased child. But Sri Sathya Sai Sanjeevani aims to establish a holistic ecosystem for Child Heart Care. These Centres across India are unique in as much as they are High Quality and Large Volume Paediatric Cardiac Centres, as they are key Nodal Centres of Community Health, Research and Training.

Despite the continued lockdown and uncertainties because of the pandemic situation, Sri Sathya Sai Sanjeevani Hospitals have mended more than **7,000 hearts** between the months of April 2020 and April 2022.

We recognise the importance of prevention and early detection in comprehensively addressing this national burden. While our research programme aims at unravelling the possible causes of Congenital Heart Diseases, the Divine Mother and Child Health Program (DMCHP) has made huge strides in providing quality healthcare facilities through its rural prenatal, antenatal care and child screening initiatives. Our programmes ensure a healthy pregnancy thus promoting healthy childbirth in rural communities.

The health of a mother and child is a more telling measure of a nation's state. Every child is tomorrow's citizen and the future of the Country. We invest in their health today to build a strong nation tomorrow. With our eyes on the stars and our single pointed focus on every sick child before us, we will move ahead!

#### **C Sreenivas**

Chairman, Sri Sathya Sai Health and Education Trust

#### **ECOSYSTEM**

#### Addressing Maternal and Child Health through a comprehensive approach











**Child Heart Care** 

Maternal and Child Health

Education and Training

Research

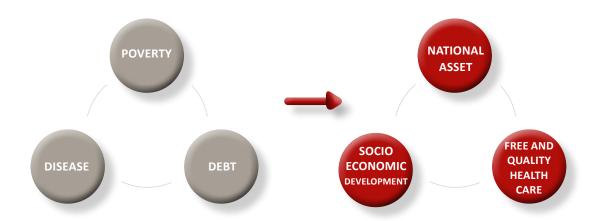
Nutrition Supplement

Three Paediatric Cardiac Hospitals Hospitals and Rural Community Wellness Programmes Training and Capacity Building in Paediatric Cardiac Sciences

Basic Scientific and Clinical Research in CHDs Improving Maternal and Child Nutrition

#### **Child as a National Asset**

A Paradigm Shift





## Child Heart CareSri Sathya Sai Sanjeevani Hospitals

## EVERY CHILD, OUR VERY OWN: ADDRESSING THE NATIONAL BURDEN OF CONGENITAL HEART DISEASE



et up under the tenet, "LOVE ALL - SERVE ALL", Sri Sathya Sai Sanjeevani Centres for Child Heart Care provide high quality Child Heart Care to all in need, irrespective of colour, caste, religion, status or nation, Totally Free of Cost to address in part the Global Burden of Congenital Heart Diseases. Sri Sathya Sai Sanjeevani stands at the threshold of Love, receiving every child as its own and serving every child as an invocation to the eternal true nature.

Sri Sathya Sai Sanjeevani began this journey by establishing the first dedicated Totally Free of Cost Sri Sathya Sai Sanjeevani Centre for Child Heart Care at Nava Raipur Atal Nagar, Chhattisgarh in November 2012. In November 2016, the second Sri Sathya Sai Sanjeevani International Centre for Child Heart Care & Research was inaugurated by the Hon. Prime Minister of India, Mr Narendra Modi at Baghola, Palwal District, Haryana.

Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills, Kharghar, Navi Mumbai was established as a 'Public Service Institution' in November 2018, as an expression of gratitude to Revered Sri Sathya Sai Baba who tirelessly worked to alleviate the suffering of millions, the world over and brought them joy, peace and purpose.



Sri Sathya Sai Sanjeevani Centre for Child Heart Care

Nava Raipur Atal Nagar, Chhattisgarh
Inaugurated in 2012



Sri Sathya Sai Sanjeevani International Centre for Child Heart Care & Research

Palwal, Haryana Inaugurated In 2016



Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills

Kharghar, Navi Mumbai, Maharashtra Inaugurated in 2018

#### **NEED**



#### **Prevalence of Congenital Heart Disease in India**

#### The true wealth of a Nation lies in the health of its Children

Tith almost one out of every hundred children being born with a cardiac ailment, the problem that stares at us in the face is humongous. And with the need for quality healthcare in our Country growing alarmingly by the day, the problem needs an immediate address. It is estimated that of the 30 million live births each year in India, around 240,000 children (8 out of 1000 live births) are born with Congenital Heart Disease (CHD). Further, one out of every 4 newborns with CHDs (~60,000) would require intervention during infancy each year. CHDs are also the most common cause for infant mortality, accounting for around 3-10% of infant deaths.

#### **The Need – Treatment Gap**

While there is an acute need for paediatric cardiac services, care remains grossly inadequate and if available, beyond reach. It is estimated that open heart CHD surgeries cost around US \$ 4000 - 6000 across most private Indian Hospitals. Today, only 2-3% of infants requiring congenital heart surgery actually undergo it, and for the rest, either their condition is undetected, or facilities are unavailable or unaffordable. The result is that infants and children die in thousands every year.

#### **Call for Quality Paediatric Heart Care Institutions**

Clearly there is an immediate need for the society and the health system to address this huge gap in a concerted manner, by establishing a number of quality institutions that would be centres of excellence providing affordable and quality paediatric cardiac care.



#### SRI SATHYA SAI SANJEEVANI CENTRES FOR CHILD HEART CARE

Sri Sathya Sai Sanjeevani Centres for Child Heart Care were set up to address the national burden of Congenital Heart Disease.

#### **VISION**



To serve the cause of 'Right to Healthy Childhood' through creation of a holistic ecosystem resulting in reducing the global congenital heart disease burden.

#### **MISSION**

- To endeavour to serve in greater measure the national burden of child ill health **Totally Free of Cost** and to become an Institution of Paediatric Cardiac Excellence for India and several developing countries
- To develop **skilled and compassionate** medical, nursing and allied healthcare providers trained to collectively address the burden of congenital heart disease
- To advocate the **Right to Healthy Childhood** by bringing sharper focus in the area of child heart care, enabled by **research and technology** solutions that inform all stakeholders in the healthcare spectrum of preventive, curative, educative care, and to ensure every child with Congenital Heart Disease has access to quality and affordable healthcare







#### SRI SATHYA SAI SANJEEVANI CENTRE FOR CHILD HEART CARE & TRAINING IN PEDIATRIC CARDIAC SKILLS, KHARGHAR, NAVI MUMBAI, MAHARASHTRA

nvisioned to be a 'Centre of National Eminence', the Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills was inaugurated in November 2018 at Kharghar, Navi Mumbai, Maharashtra.

This also houses the 'Sri Indulal Shah Centre for Training and Education' which conducts numerous academic, training and skills development programmes for doctors, nurses and allied healthcare providers. These programmes prepare them to enhance their skills and gain invaluable experience to tackle the national issue of Congenital Heart Disease and become able instruments in the service of the society.



#### **MOU WITH GOVERNMENT OF MAHARASHTRA**

n the presence of the then Chief Minister of the Government of Maharashtra, Mr Devendra Fadnavis, an MOU was signed in February 2019 to recognise Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills, as a 'Centre of Excellence' in Child Heart Care for the State of Maharashtra.

#### **WINNING HEARTS TO MENDING HEARTS**

#### - 35 GIFTS OF LIFE

fter winning millions of hearts by batting 34 centuries for India, Mr Sunil Gavaskar is back in the field again; this time, he has pledged himself to mend little hearts. He has transmuted all the strength of his arm into the beneficence of his heart, and the field now is Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills at Kharghar, Navi Mumbai. In 2019, he saved 34 children to match his cricketing legacy and in the year 2020, he beat his own record by restoring the heartbeats of **35 young children**.











#### **HEALING LITTLE HEARTS**

he Centres for Child Heart Care at Sri Sathya Sai Sanjeevani Hospitals entail and offer diagnostic cardiology and treatment for congenital heart diseases. Through State-of-the-Art Operating Theatres and Cath Labs across the Centres, Sri Sathya Sai Sanjeevani Hospitals handle the entire repertoire of paediatric cardiac interventional and surgical procedures.

#### **GUIDING PRINCIPLES**

'vaidyo nārāyaṇo hariḥ' is an ancient Indian phrase which states that "A Doctor is a form of Narayana or God Himself". This timeless truth is at the core of Sri Sathya Sai Sanjeevani Centres for Child Heart Care, leading the way to establish global models of tertiary care providing Quality and Totally Free of Cost services.

- **Spirit of Volunteerism** The model that bases itself on the principle that health is a primary societal responsibility and is to be provided with compassion, encourages volunteerism amongst a cross section of healthcare givers
- Free Services All services of Sri Sathya Sai Sanjeevani Hospitals are rendered TOTALLY FREE OF COST, including screening, education, outpatient services, surgeries, inpatient treatment, drugs, diet and consumables
- **Healthcare for All** All services of the Hospitals are available to ALL irrespective of caste, religion, nationality and economic status
- **High Quality Care** Medical and Surgical Care is ensured by a team of highly qualified and experienced doctors and nurses
- A Complete Care Spectrum A complete focus on the entire spectrum
   of healthcare Preventive, Educative and Curative health of children through the
   'Divine Mother and Child Health Program' and 'Centres for Child Heart Care'



#### TRANSCENDING GEOGRAPHIC BOUNDARIES

s of June 2022, more than 170,000 Paediatric Cardiac Outpatients have been managed, over 20,000 Paediatric Cardiac Surgeries and Interventions have been performed, and 197,000+ Outreach screenings have been completed.

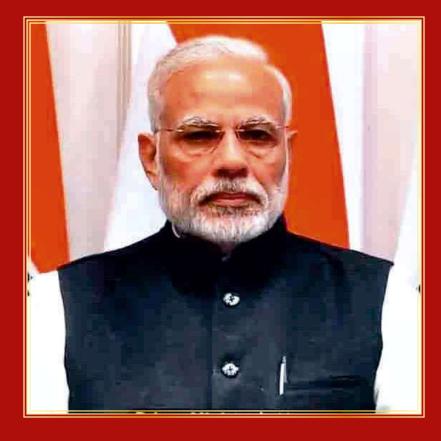
Since the inception of the first hospital in 2012, patients from across India and several developing countries like Pakistan, Afghanistan, Nepal, Bangladesh, Sri Lanka, Fiji, Uzbekistan, Nigeria, Liberia, Yemen, Ethiopia, Rwanda, Cambodia and Kurdistan Region of Iraq, have been treated.

#### Impact of Selfless Love in Action (November 2012 to June 2022)

14,750+	5,250+	170,000+	197,000+
Paediatric Cardiac	Cath	Outpatient	Outreach
Surgeries	Interventions	Consultations	Screenings

### All services are rendered totally Free of Cost





"Sri Sathya Sai Sanjeevani Hospital in Palwal is not just for Haryana but will become a blessing to children from various parts of North India. This will emerge as a centre for new faith, energy and transformation.

Many will walk the path of Love and Service as shown by Baba"

Honourable Prime Minister of India, Mr Narendra Modi at the
 Inauguration of Sri Sathya Sai Sanjeevani International Centre for Child
 Heart Care & Research at Palwal, Haryana on November 26, 2016





### प्रधान मंत्री Prime Minister

#### MESSAGE

It is a pleasure to know that the ground breaking ceremony of Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training Pediatric Cardiac Skills is being organized at Kharghar, Navi Mumbai on 26th November, 2017.

Sri Sathya Sai Sanjeevani chain of Hospitals established by the Sri Sathya Sai Health and Education Trust has been performing an appreciable role in providing healing touch to all sections of disadvantaged people, embodying the spirit of 'Love All, Serve All'. The new initiative in Kharghar, Navi Mumbai will surely continue this divine mission of service to the humanity.

Best wishes for the programme and all the future endeavours of the Trust.

(Narendra Modi)

New Delhi 22 November, 2017

Shri C. Sreenivas Chairman Sri Sathya Sai Health & Education Trust

#### PCSI - SANJEEVANI 2019

- 20th Annual Conference of Pediatric Cardiac Society of India (PCSI) was held at Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Nava Raipur Atal Nagar from October 11 to October 13, 2019
- The Conference was inaugurated by the Chief Minister of Chhattisgarh, Mr Bhupesh Baghel, and was attended by over 500 national and 30 international experts from 20 countries
- The Conference specially focussed on humanitarian models of healthcare, education and training, and sustainable paediatric cardiac programmes in low and middle income areas

eminent faculty







Dr Kirk Milhaon from Hawaii planting a sapling. (20,000 trees were planted to offset carbon footprint during the Conference)





### Maternal and Child Health



others and Children matter – so does their health. The healthy future of society depends on the health of the children of today and their mothers, who are guardians of their future.

To further the nation's commitment towards a healthy life for its children and create a holistic and sustainable impact on society, it was imperative to focus on the preventive and educative healthcare spectrum of Child Heart Care. It is in this context that the Hospital's Department of Public Health and Research launched the Divine Child Health Program in 2013 – a comprehensive early detection and systemic health screening programme for rural school-going children. The Child Health Screening is based on Government of India's Rashtriya Bal Swasthya Karyakram (RBSK) and focusses on detection of 4Ds i.e, Defects at birth, Deficiencies, Disease, and Developmental delays and disabilities. The programme expanded into the **Divine Mother and Child Health Program in September 2017**, focussing on preventive care for expecting mothers and children.











Statistics as of June 2022

## DIVINE MOTHER & CHILD HEALTH PROGRAM



















## **10 COUNTRIES**

#### **ANTENATAL CARE SCREENING**

#### Right to a Healthy Motherhood and Healthy Childhood

"A healthy mother begets a healthy child" – the antenatal care screening programme aims to contribute to women's health during their pregnancy to help in the progeneration of a healthy new generation.

#### The programme entails:

- Sonography, Consultation and Counselling services for expecting mothers at in-house antenatal care clinics
- Health education to expecting mothers by Gynaecologists
- Nutrition supplement distribution
- Training of Accredited Social Health Activists (ASHA) and Anganwadi workers on antenatal care best practices

Every Mother and Every Child Matters. There are thousands of them waiting for compassionate care and much remains to be done. With gratitude and renewed enthusiasm in our hearts and the will to serve every mother and child, we pledge to expand the Divine Mother and Child Health Program across the Country.







#### **CHILD HEALTH SCREENING (CHD)**

ural outreach screening and referral programme based on Government of India's Rashtriya Bal Swasthya Karyakram (RBSK) is conducted. This initiative focusses on 4Ds such as: Defects at birth, Deficiencies, Disease, and Developmental delays and disabilities.

#### The programme entails:

- Comprehensive screening of rural government school and 'anganwadi' children
- Referrals to Sri Sathya Sai Sanjeevani Hospitals or other specialty institutions for treatment
- Health and Hygiene workshops
- Nutrition supplement and drug distribution

#### TECHNOLOGICAL INNOVATION FOR CHD SCREENING

Making cardiac screening accessible through the use of diagnostic devices with cutting edge technology is the newly found enthusiasm of Sri Sathya Sai Sanjeevani Hospitals. HD Steth developed by HD Medical Group, USA is deployed by the Hospital.

#### **Features:**

EKG-enabled Intelligent Stethoscope with real time visualisation of cardiac waveforms, accessible via mobile app and data stored on cloud.





## NIRAAMAYAA BASTAR - SRI SATHYA SAI SANJEEVANI IMPACTING TRIBAL MOTHERS AND CHILDREN

ri Sathya Sai Sanjeevani Centres for Child Heart Care, Nava Raipur Atal Nagar, Chhattisgarh signed an MoU with Bastar District Administration for strengthening Maternal and Child Health Services and started a flagship programme called 'Niraamayaa Bastar' which emphasises on welfare of expecting mothers and adolescent girls.

The Niraamayaa Bastar Programme envisions serving the needy women and children of Bastar district in the remote and tribal region of Chhattisgarh State, India.

Services of this programme commenced in January 2021, with a four-point agenda:

- 1. Screening every child in Bastar for Congenital Heart Disease and providing tertiary care where needed.
- 2. Providing antenatal care for expecting mothers, including catering to their nutritional needs. So far, **1,000 expecting mothers** have been taken care of.
- 3. Eradicating malnutrition by providing multi-nutrient supplements to children under six years.
- 4. Training Government functionaries and relevant social groups.

Every day, Sri Sathya Sai Sanjeevani team travels through deep forests and into areas affected by left-wing extremism, not with fear but with great enthusiasm to serve the needy population.







### Education and Training

#### **CENTRE FOR LEARNING EXCELLENCE**



#### **Objective**

for doctors, nurses and allied healthcare providers, in order to develop their skills and enhance their experience, to be able to address the national issue of Congenital Heart Disease and become able instruments in the service of society.

#### **Programmes**

- Institutional Fellowships in Paediatric Cardiac Surgery, Paediatric Cardiac Anaesthesia and Paediatric Cardiology: **10 doctors trained**
- Undergraduate and Postgraduate Paediatric Cardiac Training including clinical rotations, observership and exchange programmes: **over 40 doctors trained**
- Sri Sathya Sai Sanjeevani Institute of Nursing & Allied Healthcare Sciences based at the Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Nava Raipur Atal Nagar offers M.Sc. Medical Surgical Nursing in Cardiothoracic Care: over 25 nurses trained
- Specialised training for paramedical and technical staff (including ECHO Technicians, X Ray Technicians, Lab Technicians, OT Assistants, Physician Assistants, Physiotherapists, Perfusionists, Bio-medical Engineers etc) in Paediatric Cardiac Sciences: over 30 staff trained
- Medical Fellowship Programmes accredited to Maharashtra University of Health Sciences in Paediatric Cardiac Anaesthesia, Paediatric Cardiology, Paediatric Cardiac Surgery and Public Health Practice: six doctors are being trained
- Affiliation with Nursing Colleges for clinical rotation of nurses through all departments:
   over 300 nurses trained

Statistics as of June 2022



Dr Praveen (Extreme Right) receiving Fellowship in Paediatric Cardiac Surgery certificate from Padma Vibhushan Awardee Prof MS Valiathan (second from right), a stalwart in the field

Bharat Ratna and Former International Indian Cricketer, Mr Sachin Tendulkar launched the India Cares Initiative at Sri Sathya Sai Sanjeevani International Centre for Child Heart Care & Research at Palwal, Haryana on August 03, 2017. This initiative is meant to strengthen Government implementation and capacity building programmes for Child Heart Care.



### Research

#### **CENTRE FOR LEARNING EXCELLENCE**



n June 7, 2018, Sri Sathya Sai Sanjeevani Hospitals reached yet another milestone in the journey, with the inauguration of Sri Sathya Sai Sanjeevani Research Centre for Congenital Heart Diseases at Palwal, Haryana.

The Research Centre that houses India's first Biobank was inaugurated by Hon. Chief Minister of the Government of Haryana, Mr Manohar Lal Khattar.

#### **Vision of the Research Centre**

To understand and contribute to 'Life' through the pursuit of Advanced Human Genomic Research in Congenital Heart Diseases

#### **The Whys and Wherefores**

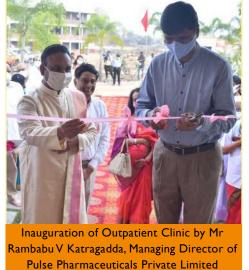
The Burden and Pain of Congenital Heart Diseases on children and their families is a cruel and unfortunate reality of our times. Sadly, it is the commonest disease at birth in India and its curative care is inadequate and often inaccessible. 'Healthcare' is complete when treatment of disease is accompanied by the understanding of its causes.

Sri Sathya Sai Sanjeevani Research Centre for Congenital Heart Diseases aims at this learning, while working towards and unraveling the possible causes of Congenital Heart Diseases.









# JANUARY 17, 2022 FOUNDATION STONE LAYING CEREMONY OF SRI SATHYA SAI SANJEEVANI CENTRE FOR CHILD HEART CARE & RESEARCH, KONDAPAKA, SIDDIPET DISTRICT, TELANGANA

ust after the holy beginning of 'sankranthi' on January 14, 2022, which marks the auspicious time for progress and prosperity, Sadguru Sri Madhusudan Sai along with Sri C Sreenivas (Chairman of Sri Sathya Sai Health and Education Trust) and other dignitaries, laid the foundation for the Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Research at Kondapaka in Siddepet District, Telangana on January 17, 2022. Mr Farooq Hussain, Member of Legislative Council, Government of Telangana; Mr Rambabu V Katragadda, Managing Director of Pulse Pharmaceuticals Private Limited; and Dr Padma S Veerapaneni, Director of KIMS Hospital, Hyderabad and Chairman of RiSE Foundation, India were present at the event.

To commemorate this happy occasion, a baby shower ceremony was celebrated for a few expecting mothers at the College premises and the happiness of their hearts felt like a blessing to the successful commencement of this noble endeavour. An Outpatient Clinic was inaugurated by Mr Rambabu V Katragadda to serve its purpose of providing outpatient services until the Hospital comes into operation.

## O Nutrition Supplement – SaiSure™

## **SaiSure**

#### **Malnutrition Landscape**

ndia is housing about 50% of undernourished children of the world. In the Global Nutrition Report 2020, under-five childhood stunting, wasting and overweight burden at sub-national level was estimated using geostatistical analytic framework. In the report, India figures prominently as one of the countries with the largest inequalities in malnutrition rates. The largest disparities in stunting were observed in Nigeria, Indonesia and India.

#### The Gap

Rectification of nutrition gaps is acknowledged as one of the most effective approaches in the direction of promoting human development, poverty reduction and economic development. Governments both at the Central and State levels have initiated several innovative programmes as reparative actions headed for reviving a healthy nation. While many of these programmes are solutions to the problem of hunger (Calorie-Protein deficiency), focussed efforts are still required to eradicate the problem of hidden hunger due to the deficiency of micronutrients (vitamins and minerals).

#### What is SaiSure?

SaiSure is an innovative, cost-effective, scientific and easily scalable initiative towards ameliorating the health quotient of women and children. It is a Multi-Nutrient Supplement Programme, launched in February 2019 by Sri Sathya Sai Health and Education Trust, as an attempt to address the specific nutritional needs of expecting mothers, toddlers and school-going children at absolutely no cost. The vision of SaiSure is to ensure that no mother and no child ever suffer from lack of access to good quality nutritional supplements.

The composition of SaiSure was conceived with scientific inputs by a panel of specialist doctors, nutritionists and experts in public health, keeping in mind the demands of vital macronutrients and micronutrients for a healthy progeny. SaiSure is manufactured currently in a FSSAI Licensed, FDA approved, WHO-GMP certified manufacturing facility in Bengaluru (Karnataka) with the highest quality standards. The compositions have been approved by CFTRI, Mysore and the State Food Laboratory, Bengaluru.

#### **Distribution Platforms**

- Annapoorna Morning Nutrition Programme (at Government Schools)
- Divine Mother and Child Health Program (at Primary Health Centres)

Plans to expand the programme to all the Government Schools and Primary Health Centres (PHCs) of India are progressing steadily and will earn wings soon for its efficacy and evolution, as SaiSure effortlessly complements the various National Nutrition Programmes which address undernutrition in children, adolescents, expecting and lactating mothers in rural India.

#### **BE SURE OF YOUR HEALTH**



**SaiSure for Expecting Mothers** 



SaiSure for Pre-schoolers



SaiSure for Toddlers



SaiSure for Children



#### **SAISURE FOR EXPECTING MOTHERS**

- Cardamom flavoured ready to drink product with milk powder
- Blended with macronutrients and micronutrients including DHA (Omega-3 fatty acid, Docosahexaenoic acid)
- Enhances healthy pregnancy, foetal growth and development

Launched at: Nava Raipur Atal Nagar (Chhattisgarh), Palwal District (Haryana), Yavatmal and Panvel (Maharashtra), Chikkaballapur, Belagavi District (Karnataka) through the Divine Mother and Child Health Program.

Beneficiaries: Over 5,000 expecting mothers on a monthly basis in about 60 Primary Health Centres (PHCs).



#### **SAISURE FOR TODDLERS**

- Malt-based apple and orange flavoured multi-grain product
- Blended with vital nutrients for children of six months to two years
- SaiSure for Toddlers along with SaiSure for expecting mothers will ensure the critical first 1000 days of nutrition in the life of a child

**Launched at:** At several baby day-care centres in Chikkaballapur District (Karnataka).

Beneficiaries: About 1,500 toddlers.



## **SaiSure**

NUTRITION SUPPLEMENT



#### **SAISURE FOR PRE-SCHOOLERS**

- Multi-grain chocolate flavoured product with vitamins and minerals
- For children from two years to six years

#### SAISURE FOR CHILDREN

- Malt-based composition in chocolate and almond
- For children and adolescents from six to sixteen years
- Designed to meet 50% of the Recommended Dietary Allowance (RDA) of most of the micronutrients

**Integrated With:** Milk Scheme Programmes of the Government of Karnataka, Puducherry and Haryana.

**Beneficiaries: Over 440,000 children** (10 grams of SaiSure is mixed with 150 ml of milk).

#### **Impact Study:**

A study of 95 random samples out of 700 children, after a duration of three months showed:

- 1. Average Haemoglobin levels of the children improved from 11.6 to 12.3.
- 2. Average percentage improvement was 6.1% over the three-month period.



#### **COMPOSITION OF SAISURE**

Nutrients	SaiSure for Expecting (per 10 gran	•	SaiSure for Child (per 10 grams	
Total Energy (kcal)	40.00	2.00	40.00	2.00
Energy from Fat (kcal)	2.20	_	2.20	0.00
Protein (g)	2.00	5.00	2.00	5.00
Total Fat (g)	0.25	0.00	0.25	0.50
Unsaturated Fat (g)	0.19		0.21	0.00
Saturated Fat (g)	0.04	0.00	0.03	
Trans Fat (g)	0.00	-	0.00	0.00
Cholesterol (mg)	25.00	_	0.00	0.00
Total Carbohydrate (g)	7.50	3.00	7.50	3.00
Dietary Fibre (g)	2.00	8.00	1.00	4.00
Sugar (g)	0.00	-	0.00	0.00
Fat Soluble Vitamins Vitamin A (Retinol) mcg	400.00	50.00	300.00	50.00
Vitamin D (Calciferol) mcg	2.50	25.00	2.50	25
Vitamin E (Tocopherol) mg	2.30	25.00	3.50	50
Vitamin K2 (mcg)	20.00	36.00	17.00	31.00
<b>B-Complex Vitamins</b> Vitamin B1 (Thiamine HCl) r	mg 0.30	18.00	0.70	50.00
Vitamin B2 (Riboflavin) mg	0.80	15.00	0.80	50.00
Vitamin B3 (Niacinamide) m		20.00	8.00	50.00
Vitamin B5 (Pantothenic Acid	_	20.00	1.50	50.00
Vitamin B6 (Pyridoxine HCI)	,	20.00	1.00	50.00
Vitamin B7 (Biotin) mg	3.00	10.00	-	-
Vitamin B9 (Folic Acid) mcg	300.00	60.00	115.00	75.00
Vitamin B12 (Me-Cobalamin	e) mcg 0.75	62.00	0.50	50.00
Other Water soluble Vitamir	ns			
Vitamin C (Ascorbic Acid) m	g 40.00	68.00	20.00	50.00
Minerals				
Calcium (mg)	450.00	37.00	200.00	25.00
Phosphorous (mg)	250.00	21.00	125.00	25.00
Iron (mg)	24.00	68.00	23.00	50.00
Magnesium (mg)	34.00	11.00	100.00	50.00
Zinc (mg)	4.80	40.00	5.50	50.00
Copper (mcg)	0.30	21.00	110.00	25.00
lodine (mcg)	112.00	56.00	-	-
Selenium (mcg)	15.00	37.00	15.00	50.00
Docosahexaenoic acid (DHA	A) (mcg) 100.00	-	-	-

Nutrients S	aiSure for Pre-Schoolers (per 15 grams)	%RDA	SaiSure for Toddlers (per 15 grams)	%RDA
Total Energy (kcal)	63.00	6.00	65.00	7.00
Energy from Fat (kcal)	11.00	-	14.00	-
Protein (g)	2.30	14.00	2.30	14.00
Total Fat (g)	1.20	5.00	1.50	6.00
Saturated Fat (mg)	600.00	-	750.00	-
Monounsaturated Fat (mg)	300.00	-	300.00	-
Polyunsaturated Fat (mg)	300.00	-	450.00	-
Linoleic acid (mg)	30.00	-	60.00	-
Alpha Linoleic acid (mg)	90.00	-	90.00	-
Docosahexaenoic acid (mg)	-	-	100.00	-
Trans Fat (g)	0.00	-	0.00	-
Cholesterol (mg)	20.00	-	25.00	-
Total Carbohydrate (g)	10.8	12.00	10.50	7.00
Dietary Fibre (g)	3.00	50.00	1.50	25.00
Sugar (g)	2.30	-	2.30	-
Fat Soluble Vitamins				
Vitamin A (Retinol) mcg	320.00	80.00	160.00	40.00
Vitamin D (Calciferol) mcg	8.00	80.00	4.00	40.00
Vitamin E (Tocopherol) mg	6.00	80.00	3.00	40.00
Vitamin K2 (mcg)	44.00	80.00	22.00	40.00
B-Complex Vitamins	0.50	100.00	0.05	F0.00
Vitamin BI (Thiamine HCI) mg	0.50	100.00	0.25	50.00
Vitamin B2 (Riboflavin) mg	0.60	100.00	0.30	50.00
Vitamin B3 (Niacinamide) mg	8.00	100.00	4.00	50.00
Vitamin B5 (Pantothenic Acid)	5.00	100.00	2.50	50.00
Vitamin B6 (Pyridoxine HCI) mg	0.90	100.00	0.45	50.00
Vitamin B7 (Biotin) mcg	30.00	100.00	15.00	50.00
Vitamin B9 (Folic Acid) mcg	47.00	100.00	23.50	50.00
Vitamin B12 (Methyl-Cobalamine		100.00	0.50	50.00
Other Water soluble Vitamins		100.00	22.22	F.O. 0.0
Vitamin C (Ascorbic Acid) mg	40.00	100.00	20.00	50.00
Minerals	100.50		246	40.05
Calcium (mg)	480.00	80.00	240.00	40.00
Phosphorous (mg)	600.00	100.00	300.00	50.00
Iron (mg)	9.00	100.00	4.50	50.00
Magnesium (mg)	50.00	100.00	25.00	50.00
Zinc (mg)	5.00	100.00	2.50	50.00
lodine (mcg)	72.00	80.00	36.00	40.00
Selenium (mcg)	40.00	100.00	20.00	50.00





#### **OCTOBER 15, 2021**

## GROUND-BREAKING CEREMONY FOR SAISURE MANUFACTURING UNIT AT SATHYA SAI GRAMA, MUDDENAHALLI

aiSure Nutritions – a multi-nutrient supplement unit will be a state-of-the-art nutraceutical manufacturing unit to produce supplements for expecting mothers, toddlers, pre-schoolers and school children. The Unit will be on par with global MNCs that are involved in food manufacturing with a capacity of 750 tons per month. The Unit will serve 20 lakh beneficiaries once it is fully operational. The factory will have global quality compliance standards and manufacturing capabilities that will be WHO-GMP (Good Manufacturing Practice) compliant.

The objective of SaiSure Nutritions LLP is to serve the needs of the various Trusts, NGOs, Organisations that are relentlessly working to address malnutrition, by bridging the gap in access to good quality supplements in rural areas.

On the auspicious morning of *vijayadaśamī*, Dr Sudhakar K – Minister for Health and Family Welfare, Government of Karnataka, performed the ground-breaking ceremony for the SaiSure Nutritions Factory at Sathya Sai Grama, Muddenahalli, Chikkaballapur District in the Divine presence of Sadguru Sri Madhusudan Sai.







## O Healthcare Footprint Palwal, Haryana Bihar Assam West Bengal Jharkhand Yavatmal, Maharashtra Nava Raipur Atal Nagar, Chhattisgarh Navi Mumbai, Maharashtra SRI SATHYA SAI SANJEEVANI CENTRES FOR CHILD HEART CARE Chikkaballapur, Karnataka SRI SATHYA SAI SANJEEVANI MOTHER & CHILD HOSPITALS SRI SATHYA SAI SARLA MEMORIAL HOSPITAL SRI SATHYA SAI AAROGYA VAHINI PROGRAMME









## Milestones

Addressing Infant and Child Mortality through Quality Child Heart Care, **Totally Free of Cost** 

In the journey so far, Sri Sathya Sai Sanjeevani has come across many defining moments, which charted its course of continued commitment to Child Heart Care.

NOV 2012	Inauguration and Commencement of Outpatient and Surgical Services at Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Nava Raipur Atal Nagar, Chhattisgarh
NOV 2016	Inauguration of the second hospital, Sri Sathya Sai Sanjeevani International Centre for Child Heart Care & Research, Palwal, Haryana by the Hon. Prime Minister of India, Mr Narendra Modi
APR 2017	Performance of the first Paediatric Cardiac Surgery, Totally Free of Cost at Sri Sathya Sai Sanjeevani International Centre, Palwal, Haryana
JUN 2017	Inauguration of Cath Lab at Sri Sathya Sai Sanjeevani International Centre, Palwal, Haryana - Supported by Tata Trusts
SEP	Global Launch of 'Divine Mother and Child Health Program' across 10 countries
2017	Inauguration of Cath Lab at Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Nava Raipur Atal Nagar, Chhattisgarh - Supported by Rotary International
OCT 2017	Establishment of 'Sri Sathya Sai Sanjeevani Institute of Nursing & Allied Healthcare Sciences' in Nava Raipur Atal Nagar, Chhattisgarh for post-graduate programmes in Cardiac Care
NOV 2017	Ground Breaking Ceremony of the third hospital, Sri Sathya Sai Sanjeevani Centre for Child Heart Care &
NOV	Training in Pediatric Cardiac Skills at Kharghar, Navi Mumbai, by the Hon. Chief Minister of the Government of Maharashtra, Mr Devendra Fadnavis and Former International Indian Cricketer, Mr Sachin Tendulkar
2017	

JUN 2018	Inauguration of Sri Sathya Sai Sanjeevani Research Centre for Congenital Heart Diseases at Palwal, Haryana by the Hon. Chief Minister of the Government of Haryana, Mr Manohar Lal Khattar
JUL 2018	Inauguration of Chirayu Chhattisgarh Centre of Excellence in Pediatric Cardiac Care and Training at Chhattisgarh. This is India's First Collaborative Centre for Paediatric Cardiac Excellence in the Country
NOV	Inauguration of the third hospital, Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills at Kharghar, Navi Mumbai, Maharashtra
2018 MAY	Establishment of 'Sri Indulal Shah Centre for Training and Education' in Navi Mumbai, Maharashtra for Global Capacity Building in Paediatric Cardiac Care
2019	Sri Sathya Sai Sanjeevani Centre for Child Heart Care, Nava Raipur Atal Nagar, hosted the 20th Annual Conference of PCSI (Pediatric Cardiac Society of India)
OCT 2019	Inauguration of Cath Lab at Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Training in Pediatric Cardiac Skills, Kharghar in Navi Mumbai, Maharashtra - Supported by Rotary International
OCT 2020	Commencement of Medical Fellowship Programmes accredited to Maharashtra University of Health Sciences
MAR 2021	Sri Sathya Sai Sanjeevani Centres for Child Heart Care at Palwal and Nava Raipur Atal Nagar has been accredited by Indian College of Cardiac Anaesthesia (ICCA) to train Paediatric Cardiac Anaesthetists
JUL 2021	Inauguration of Sri Sathya Sai Sanjeevani Mother & Child Hospital 'Mamatva' in Nava Raipur Atal Nagar, Chhattisgarh
SEP 2021	Foundation Stone Laying Carmony of Sri Sathya Sai Sanjeevani Centre for Child Heart Care & Research, Kondapaka, Siddipet District, Telangana
JAN 2022	Commencement of Outpatient Services at Sri Sathya Sai Sanjeevani Mother & Child Hospital, Yavatmal, Maharashtra
JAN 2022	South Pacific's first super-speciality paediatric cardiac hospital - Sri Sathya Sai Sanjeevani Children's Heart Hospital was inaugurated at Suva, Fiji by the Honourable Prime Minister of Fiji, Mr Josaia Voreqe Bainimarama.

APR 2022

#### Global Footprint

#### Suva, Fiji









#### Batticaloa, Sri Lanka





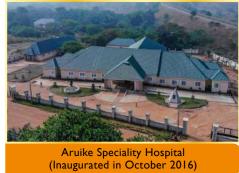




Clarksdale, Mississippi, USA

#### Enugu, Nigeria





#### Imo, Nigeria







Heart Hospital by the Honourable Prime Minister of Fiji, Mr Josaia Vorege Bainimarama

#### **APRIL 27, 2022**

#### **INAUGURATION OF SRI SATHYA SAI SANJEEVANI CHILDREN'S HEART** HOSPITAL AT SUVA, FIJI BY THE HONOURABLE PRIME MINISTER OF FIJI, MR JOSAIA VOREQE BAINIMARAMA

ri Sathya Sai Sanjeevani Children's Heart Hospital is a world-class completely free of cost heart care facility for the children of Fiji. This is the largest project ever undertaken by a Non-Government Organisation (NGO) in Fiji's history. The Hospital will fill the void of absolutely no access to paediatric cardiac service in the Pacific belt, and will save the families needing to take their children overseas for paediatric heart care, which costs in excess of FJD\$100,000.

The Hospital is a state-of-the-art **54-bedded** facility spread across **21,000 sq.ft**. At the centre of the Hospital is a giant red heart which perfectly describes all that the Hospital stands for—it is all about the heart, both physically and metaphorically. The Hospital is divided into themes like - Wonderland, Safari World, Ocean World and Solar System. Interesting trivia or facts are drawn all over the walls to make it interesting for kids.















Sri Sathya Sai Sanjeevani Children's Heart Hospital, Suva, Fiji

#### **DIGNITARIES AT THE EVENT**

he dignitaries present at the event were – Mr Josaia Voreqe Bainimarama – Honourable Prime Minister of Fiji; Mrs Maria Voreqe Bainimarama – the PM's wife; Sadguru Sri Madhusudan Sai – Social and Spiritual Leader; Mr Robert Bozzani – Philanthropist from South California who has supported many noble initiatives of Baba for several decades; Dr Shaun P Setty – Paediatric and Adult Cardiac Surgeon, who is also the Larry and Helen Hoag Foundation Endowed Chair in Paediatric Cardiovascular Surgery at Miller Children's Hospital in Long Beach, Southern California; Mr Mahendra Tappoo – Chairman and Founding Trustee of Sai Prema Foundation; Mr Sumeet Tappoo – Director of Sai Prema Foundation and Mr C Sreenivas – Chairman of Sri Sathya Sai Health and Education Trust. Dr Arvind Thiagarajan – CEO of HD Medical and Inventor of HD Steth; Mr Tony Greubel – US Chargé d'Affaires for the US Embassy of Fiji, and many other dignitaries from over 12 countries attended the event.

Mr Ajay Jain Bhutoria – Commissioner to US President Joe Biden's Advisory Commission for the Federal Government of the United States of America came to the event to bestow Sai Prema Foundation with an award from the California State Legislative Assembly, for its remarkable service in saving the lives of the children of Fiji. During the occasion, South Pacific Community and Sai Prema Foundation shared a joint collaboration for combined efforts on capacity building and research.



Prime Minister of Fiji with Sadguru Sri Madhusudan Sai and members of Sai Prema Foundation, Fiji

## AN EXCERPT FROM HONOURABLE PRIME MINISTER OF INDIA, MR NARENDRA MODI'S ADDRESS



The Honourable Prime Minister of India, Mr Narendra Modi joined the inauguration of the Hospital virtually.

"A Hospital that will take India-Fiji relations to a new height!"

"I feel extremely happy to join you all on this august occasion of the inauguration of the Sri Sathya Sai Sanjeevani Children's Heart Hospital in Suva, Fiji. I hail and admire the Government of Fiji, the Sai Prema Foundation Fiji and the Sri Sathya Sai Sanjeevani Chain of Child Heart Care Hospitals in India.

I offer my obeisance to Sri Sathya Sai Baba. The seed of 'Service to Humanity' that was sown by Baba in the hearts of people has today grown into a huge banyan tree reaching out to all the people in the form of several service activities. Sri Sathya Sai Baba has done the incredible task of freeing spirituality from ritualistic observances and redirecting it to working for the welfare of all."



#### AN EXCERPT FROM SADGURU SRI MADHUSUDAN SAI'S ADDRESS



"It is our vision to see to that education, health and nutrition are fundamental rights given to all the children of the world."

"Whichever father or mother from whichever country—the pain to see their child die, is the same. Whichever child you are, your birth is equally precious to every other child. We can create a world where every child has access to healthcare and no child is denied healthcare for want of money. This is the vision of Sri Sathya Sai Sanjeevani Child Heart Care Hospitals, which is setting up paediactric heart care hospitals around the world and the first international chapter opens today in Fiji, for which we are very honoured. Sai Prema Foundation along with the Government of Fiji and the community has weaved a beautiful collaboration.

Let us work, learn, and live together!"



## AN EXCERPT FROM HONOURABLE PRIME MINISTER OF FIJI - MR JOSAIA VOREQE BAINIMARAMA'S ADDRESS



"An emotional moment for me that in three days' time, life-saving heart surgeries will commence at this Hospital for the most vulnerable children!"

"This hospital is performing life-saving procedures—the likes of which were never possible in Fiji and the entire South Pacific. Every child is a gift, a miracle in their own right, and a beacon of hope for their family and the country. Each child's life deserves to be honoured and protected at all costs. As humans, we are all bound by an inner call to help and ease in some way, the burdens of our fellow brothers and sisters. Today we can see the awe-inspiring result of what becomes possible when we respond to that sacred call.

This Hospital was born from the compassion and commitment of the Sai Global Federation of Foundations, which delivers humanitarian services the world over.

Over the last three years, the Sai Prema Foundation has saved 25 million dollars
—single largest undertaking by an NGO in Fiji's history."



#### THE 'GIFT OF LIFE' CEREMONY

From April 30, 2022 to May 08, 2022

- 30 Surgeries in 9 days



he happiness of saving 30 lives was celebrated with children, their parents, dignitaries and guests from over 12 countries around the world, at the Sri Sathya Sai Sanjeevani Children's Heart Hospital in Suva, Fiji. Each child was presented with the 'Gift of Life' certificate as a sign of a sweet memory that will remind them to celebrate every moment of their precious life with love, joy and goodness.

Surgeries commenced on April 30, 2022 by a leading team of surgeons and medical professionals from USA, Australia and Oman, led by a leading paediatric cardiac surgeon – Dr Shaun Setty from South California, USA. The youngest child operated was only seven-weeks-old and the eldest was 13 years old.







#### **AN IMPACT STORY**

s Esther Rokobuli had lost her first child in 2008 due to heart complications. Only two years ago, Ms Rokobuli found out that her second child also had a cardiac problem, when the child suddenly fell sick at school due to severe breathing problems. One can imagine the plight of this mother—the fear of losing the child, the pain of seeing the child suffer, and the helplessness about not being able to do a thing about it! This is when she came to know about the Sri Sathya Sai Sanjeevani Children's Heart Hospital where paediatric cardiac surgeries were performed absolutely free of cost by the Sai Prema Foundation. After the surgery was completed, the head surgeon, Dr Shaun Setty told Ms Rokobuli that her daughter was fully recovered.

In her own words — "My heart, you know, gave a big sigh of relief. I just cried; I was in tears; I was emotional; I was happy; I had tears of joy — knowing that my child has made it! This is the best Mother's Day gift a mother could get—not to worry about her child when she goes to school; to know that she is alright. As a mother I can't always be by the side of my child, but now the worry about her is off my mind and my shoulders—the heaviness has been lifted!"



#### In the words of Sadguru Sri Madhsudan Sai:

"How do we measure a mother's happiness? We cannot monetize the value of a mother's love, as it is infinite. Similarly, goodness is infinite. The difference between what we do and what we are capable of doing would suffice to solve most of the world's problems. Sri Sathya Sai Sanjeevani Children's Heart Hospital is a hospital for the people, of the people and by the people, and therefore we all have an obligation to promote the good work. These surgeries would not have been possible without the spirit of volunteerism from the visiting paediatric teams and above all the spirit of responding to the needs of others before self. To the children, this means a whole new world of hope and gateway to infinite possibilities."



#### 1. Medical Missions

- Treated patients from **14 developing countries** thus far
- Conducted four international child heart missions in Fiji and Nigeria

#### 2. Capacity Building

- Specialised training of medical professionals in Paediatric Cardiac Care (Surgery, Anaesthesia, Cardiology) through Observership and Fellowship programmes
- Paediatric Cardiac Skill development of Nurses, Technicians and Paramedical staff

#### 3. Technical Support

- Towards the establishment of Healthcare systems that address the complete continuum of Mother and Child Healthcare, including service guidelines and protocols, planning of infrastructure, equipment and project management
- Strategic consultation towards nurturing existing Institutions to grow into dedicated Paediatric Cardiac Care Centres of Excellence in developing countries



#### **MEDICAL MISSIONS**



Sanjeevani Medical Mission in Nigeria February 2019







Sanjeevani Medical Mission in Fiji July 2016 | April 2018 | April 2019





Statistics as of June 2022

#### **CAPACITY BUILDING**



Training in Paediatric Cardiology Dr Maryanne from Fiji (2018)



Dr Hanif Tasa from Afghanistan trained as part of MOU between Ministry of Public Health of the Islamic Republic of Afghanistan and Sri Sathya Sai Sanjeevani International Centre for Child Heart Care & Research, Palwal (2019)



Fellowship in Paediatric Cardiology Dr Petronilla from Nigeria (2019)







Training in Paediatric Cardiac Anaesthesia and Nursing (From Left to Right) Dr Pradeep Kumar, Ms Murshida and Ms Halima from Bangladesh (2019)

#### **TECHNICAL SUPPORT**



Inauguration of Sathya Sai Sanjeevani Medical Centre at Clarksdale, Mississippi, USA by the Mayor of Clarksdale, Mr Chuck Espy



Honourable Prime Minister of Fiji, Mr Josaia Voreqe
Bainimarama at the Sri Sathya Sai Sanjeevani Children's Heart
Screening Centre at Suva, Fiji



#### **INTERNATIONAL GUESTS**



Former Nigerian High Commissioner to India, Major General Chris Eze (Centre), visited Sanjeevani Hospital



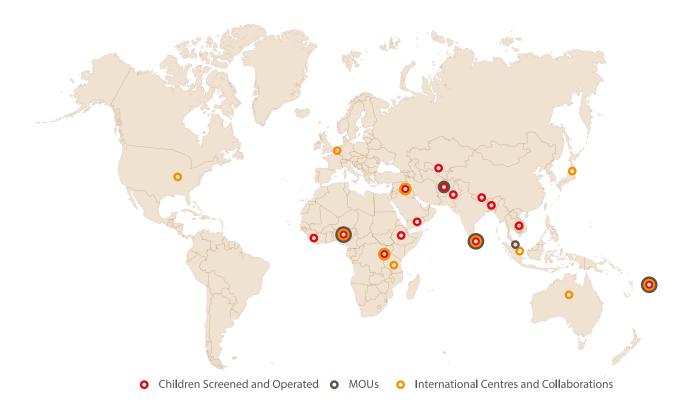
Former Chargé d'Affaires of the Embassy of the Islamic Republic of Afghanistan, His Excellency Mr Tahir Qadiry (fourth from left), visited Sanjeevani Hospital



Mr Yogesh Punja, Former High Commissioner of the Republic of Fiji to India (Centre), meets the Chairman of the Sri Sathya Sai Health and Education Trust, Mr C Sreenivas



Late General Datuk Dr Jeyaindran Sinnadurai, Former Deputy Director of the Health Ministry of Malaysia (second from left), visited Sanjeevani Hospital



#### **Children Screened and Operated**





### Healthcare during COVID

## SRI SATHYA SAI SANJEEVANI AMIDST COVID-19 WHEN THE UNPREDICTABLE ENABLED THE UNPRECEDENTED

he year 2020 was filled with daily unpredictability. Due to the pandemic and strain on national healthcare resources, Non-COVID health services had been severely impacted. Sanjeevani pledged to continue providing life-saving services during these tumultuous times.

Adhering to internationally recommended COVID-19 controls, Sanjeevani offered outpatient, surgical, and cath-lab services Totally Free of Cost. Initially, patients came as a trickle, and then in large numbers. Paediatric Surgical and Interventional work grew and soon Sanjeevani Surgical and Support Team were on a drive.

Critical Congenital Heart Surgeries are never easy and these times need a different mindset and tenacity. Every Sanjeevani Warrior was and continues to be on a Mission now, to serve the thousands suffering and waiting for care.

#### **CHILDREN SERVED DURING COVID-19 (APRIL 2020 TO APRIL 2022)**

MORE THAN <b>57,500</b>	MORE THAN <b>7,000</b>
Paediatric Cardiac Outpatients Managed	Paediatric Cardiac Procedures

#### **HEART-TO-HEART INITIATIVES AT SRI SATHYA SAI SANJEEVANI**

The national lockdown and movement restrictions widely affected Sai Sanjeevani beneficiaries. To address this, the Medical and Support team devised creative ways of serving these families using technology.

- 1) 'Helpdesk' Platform for Outpatients and Follow-up Patients
  Over 5,400 teleconsultations have been conducted.
- 2) Sanjeevani Calling Hearts Connected for a Lifetime Over 7,000 patient families have been touched.

Statistics as of June 2022

#### SANJEEVANI WARRIORS AT WORK















### Sri Sathya Sai Sanjeevani Mother & Child Hospitals



he Sri Sathya Sai Sanjeevani Chain of Hospitals urges itself forward to excel in its own capacity every day by bestowing 'sanjeevani' or 'immortality' through good health, by ensuring robust physical health as a precursor to mental and spiritual health for mother and children – the main facets of the society. As part of the Sri Sathya Sai Sanjeevani Child Heart Care Hospitals that already covers an ecosystem of preventive, curative and educative model of holistic healthcare, it is further spreading its wings by commencing specialised centres for mother and child health that stands for the very love of a mother – 'mamatva', known as Sri Sathya Sai Sanjeevani Mother & Child Hospitals. Sadguru Sri Madhusudan Sai who is the guiding light of this healthcare mission, acts the Divine Will to provide healthcare to one and all completely free of all costs. The New Year 2022 commemorates the completion of 10 years of the Sri Sathya Sai Sanjeevani Child Heart Care Centres since its establishment in the year 2012, and to celebrate the tenth year anniversary, 10 mother and child hospitals will be established across the country.

## SEPTEMBER 13, 2021 INAUGURATION OF SRI SATHYA SAI SANJEEVANI MOTHER & CHILD HOSPITAL, NAVA RAIPUR ATAL NAGAR, CHHATTISGARH

he first Sri Sathya Sai Sanjeevani Mother & Child Hospital in the premises of Sri Sathya Sai Sanjeevani Centre for Child Heart Care at Nava Raipur Atal Nagar, Chhattisgarh was inaugurated by the Governor of Chhattisgarh, Ms Anusuiya Uikey on September 13, 2021.

The services of this Hospital provides gynaecologist consultation, ultrasonography, foetal echocardiography, health education, provision of SaiSure nutrition supplement for expecting mothers, 24x7 maternity services, normal delivery and caeserian delivery services, NICU facility for new-borns, immunisation for children, etc.

MORE THAN <b>6,400</b>	2,750	MORE THAN 400
<b>Outpatient Consultations</b>	Ultrasounds	Deliveries

Statistics as of June 2022









#### JANUARY 18, 2022 SRI SATHYA SAI SANJEEVANI MOTHER & CHILD HOSPITAL, YAVATMAL, MAHARASHTRA – COMMENCEMENT OF OUTPATIENT SERVICES

n January 18, 2022, yet another Sri Sathya Sai Sanjeevani Mother & Child Hospital's commencement of outpatient services began at Yavatmal, Maharashtra in the presence of Sadguru Sri Madhusudan Sai; Mr Om Prakash (Bachu) Kadu, Minister of State – Women and Child Development, Government of Maharashtra; along with the Chairman and Trustees of Sri Sathya Sai Health and Education Trust. This Centre shall be dedicated to the people of Maharashtra, and shall provide the entire spectrum of mother and child care, including gynaecology consultation, ultrasonography, ante natal care services, well baby clinic, essential medicines, pathology, micronutrient supplementation, dietetics and counselling—and all these services shall be rendered Totally Free of Cost.

This Hospital is in furtherance to the various screening and diagnostic outreach services undertaken by the Satchikitsa Prasarak Mandal headed by its Secretary, Mr Prakash Nandurkar in the Yavatmal district of Maharashtra. The event also witnessed a baby shower ceremony celebrated for a few expecting mothers at the hospital in the divine presence of Sadguru Sri Madhusudan Sai.

The Sri Sathya Sai Sanjeevani Mother and Child Hospitals shall share its 'mamatva' to many more mother and children by commencing new centres in other parts of the country including Uttarakhand, Odisha, Haryana and West Bengal during this year.

MORE THAN 800	MORE THAN 500
<b>Outpatient Consultations</b>	Ultrasounds

Statistics as of June 2022





## THE SANJEEVANI WARRIOR CHILD

Just out of my mother's womb
Toil and great battle awaits me
In my fragile body
I carry this tender heart

They tell me that its size Is that of my palm Can you then imagine What a burden it carries

It has not learnt yet
The language of longing
Nor of love
The first syllables it seems
To mutter is that of pain

I don't find the God
Who was with me in the womb
Would he stand by me
When I am thrown into this battle

On the surgeons table I arrive
He thinks I am fast asleep
But I send all my love to Him
For the courageous man he is
I see the spark of my womb God
In his eyes
He fights on my behalf
Creates passage for life

Scores of days pass through
I shift countless laps of many mothers
They nourish my life
They cherish my smiles

What is it to spend
Three out of your eight months
Earthly sojourn
In this strange place called
I See You (ICU)

I ask him countless times
If you really See me
Then why don't you get me of this machine

With His haloed hair
Like a crown
He walked up to me
And said
I am your womb God
Also the spark in the surgeons eye
Also the nursing warmth
Also the machine
That stands by your side

I am your warrior friend
I am your battle ground
Where you are trained for life
You have love
As The only weapon
Victory shall be yours
And so shall be life

I am His warrior child
I will crossover
Surely to the other side



### Sri Sathya Sai Aarogya Vahini

#### A COMPLETELY FREE OF COST MOBILE HOSPITAL SERVICE FOR RURAL INDIA



ri Sathya Sai Aarogya Vahini commenced its journey in the year 2015 with an aim to reach out to the most inaccessible remotest corners of the country with fabricated Mobile Clinics.

In alignment with the Sustainable Development Goals on health and nutrition, and from the National and International Health Policies, the Aarogya Vahini Programme primarily focusses on preventive primary healthcare. It covers the entire spectrum of healthcare as given below, in the States of West Bengal, Jharkhand, Bihar and Assam.

- Collaborative associations in connecting and linking tertiary healthcare facilities for the screened patients
- Care Continuum through periodic follow-ups of patients who underwent surgery, with end-to-end hand-holding and logistic support
- Monitoring chronic patients
- Community participation through awareness and skill upgradation
- Investigative and pharmacy support
- Addressing malnutrition by providing morning breakfast to school-going children
- Responsive participation and supportive action towards natural calamities and pandemic outbreaks

Health Consultation 275,000

Medical Camps ф

1,050

Sessions 490

OPD

**Telemedicine** Sessions 380

Support

93,000 prescriptions

**Pharmacy** 

Rural **Patients** 95,000

Relief 35,000 **Beneficiaries** 

Covid

Statistics as of June 2022



















Sri Sathya Sai Sarla Memorial Hospital, Sathya Sai Grama, Muddenahalli, India

### -O Sri Sathya Sai Sarla Memorial Hospital



gainst the background of 70% of Indians living in rural areas without access to high-end speciality care, and on an average 60% of healthcare expenses being out of pocket, thus pushing 6 million people below poverty line every year, the **Sri Sathya Sai Sarla Memorial Hospital** stands tall as a beacon of hope by offering free of cost speciality care to the rural and underprivileged sections of the society.

#### सर्वे सन्तु निरामयाः

The Hospital was dedicated to the service of the nation by Honourable Chief Minister of Karnataka, Sri Basavaraj Bommai, along with Dr K Sudhakar – Minister of Health and Family Welfare and Medical Education - Government of Karnataka on August 27, 2021.

The Sri Sathya Sai Sarla Memorial Hospital will be a 300-bedded medical facility and will grow in phases. In the first phase, the Hospital is being upgraded to a 150-bedded high dependency in-patient facility consisting of 125 HDU and oxygenated beds, and 25 ICU beds, with specially equipped paediatric and neonatal ICU facilities to be battle-ready, should there be a third wave of the COVID pandemic.

Construction of the Hospital commenced in 2015 under the guidance of Sadguru Sri Madhusudan Sai. On January 14, 2018, medical services commenced at the Sri Sathya Sai Sarla Memorial Hospital in memory of late Mrs Sarla Indulal Shah, an ardent devotee of Sri Sathya Sai Baba who dedicated her life for the service and upliftment of women and children.

The Hospital serves patients in various disciplines of General Medicine, Paediatrics, Obstetrics and Gynaecology, Dentistry, ENT and Physiotherapy. Many voluntary caregivers extend their love and compassion by visiting the Hospital regularly to provide specialty services such as Orthopaedics, Podiatrics, Cardiology, Neurology, Dermatology, Plastic Surgery, Endocrinology, Radiology, and Community Medicine.

Through the Divine Mother and Child Health Program, the Community Medicine initiative, over **85,500 children** from 600 Govt schools have been screened. As of **June 2022**, lives of about **16,350 expecting mothers** have been touched and enhanced by improving vital parameters such as haemoglobin and calcium levels, controlling gestational diabetes and blood pressure, etc.

To reach out to a wider patient base, the Centre also conducts monthly medical camps, and takes healthcare to the villagers' doorsteps and pays periodic visits to government schools in the vicinity. Since September 2020, the hospital has served over **17,000 children** in the age group of 0 to 6 years for congenital heart disease screenings, from over **700 anganwadis** across all the **6 taluks** of Chikkaballapur district. During the pandemic lockdown, when patients were unable to come to the hospital for their regular check-up, medicines were systematically packed and delivered to their homes.

Soon, the Sri Sathya Sai Sarla Memorial Hospital will grow into a **teaching and training** hospital, which will produce paramedics, nurses, doctors and other healthcare professionals, who are willing to dedicate their lives in the service of the sick and impoverished citizens of the nation.

'vaidya setu' – tele-health services offers free consultations and prescriptions through a phone call. An Advanced Foetal Medicine Centre with integrated fellowship programme will also commence in the year 2022.

Expansion plans are already underway, and the ground-breaking ceremony for a new block – **Sri Sathya Sai Rajeswari Memorial Academic Block** – adjoining the current hospital building was performed by the Honourable Chief Minister of Karnataka, Mr Basavaraj Bommai, along with Dr K Sudhakar Minister of Health and Family Welfare and Medical Education, Government of Karnataka on August 27, 2021.

On April 01, 2022, Honourable Union Minister of Home Affairs, Mr Amit Shah, laid the foundation stone for a completely **free of cost new 400-bedded multi-speciality hospital** adjoining Sri Sathya Sai Sarla Memorial Hospital, that will soon serve the needy residents of the district and the nation at large.

https://www.ssssmh.org/



A Bird's Eye View – Sri Sathya Sai Sarla Memorial Hospital, 400-Bedded Multi-Speciality Hospital and Sri Sathya Sai Rajeswari Memorial Academic Block (Architect's Impression)

#### **MILESTONES**

#### April 01, 2022 -

Ground-Breaking Ceremony of the 400-Bedded Multi-Speciality Hospital by Union Minister of Home Affairs, Mr Amit Shah

# 5

## 4

#### January 14, 2022 –

Construction of Sri Sathya Sai Rajeswari Memorial Academic Block

# 3

#### December 25, 2021 -

Completion of 55 paediatric heart surgeries completely free of cost



Commencement of Paediatric Cardiac Surgeries and other In-patient treatments





#### August 27, 2021 -

Dedication of Sri Sathya Sai Sarla Memorial Hospital to the Service of Nation by Honourable Chief Minister of Karnataka, Mr Basavaraj Bommai



"It is my firm conviction that without a divine intervention, such service-oriented minds cannot come together.

Sri Sathya Sai Sarla Memorial Hospital—Sathya Sai means 'Truthful', 'Omnipresent Spiritual Power'. Sarla means 'Simplicity.' Wherever there is spiritual power, simplicity simply follows. There will be no flamboyance. Simplicity with Divinity is  $sev\bar{a}$ . What kind of  $sev\bar{a}$ ? It should be a  $sev\bar{a}$  that is rendered to the ones who are suffering and who are in pain. Healing can be done only by the Divine. Only God can heal the pain. Doctors are blessed because theirs is a noble profession. God has bestowed the power of healing on the doctors.

Here, the Divinity has commanded the doctors to perform the noble action of healing; and therefore, I feel that the name of the Hospital is very appropriate."

Basavaraj Bommai Honourable Chief Minister State of Karnataka



Dedicating the Hospital to the Service of the Nation by Honourable Chief Minister of Karnataka, Mr Basavaraj Bommai, along with Dr K Sudhakar – Minister of Health and Family Welfare and Medical Education, Government of Karnataka on August 27, 2021

#### **CHIRANJEEVI BHAVA – GIFT OF LIFE**

#### 55 children with congenital heart defects have been cured at the Sri Sathya Sai Sarla **Memorial Hospital since November 2021.**

🦳 ri Sathya Sai Sarla Memorial Hospital, a multi-disciplinary 150-bedded hospital in the Chikkaballapur district of Karnataka has been working with an indomitable spirit to cure children with congenital heart diseases, which is India's collective burden that causes the largest infant mortality rate with about three lakh children born every year with this disease.

On the eve of Sri Sathya Sai Baba's birthday on November 23, 2021, 23 children in the age of 6 months to 12 years from various districts of Karnataka and North India, were identified with congenital heart defects during the health screening that was conducted by the Divine Mother and Child Health Program, and were successfully operated at the Sri Sathya Sai Sarla Memorial Hospital. For the first time in the history of Chikkaballapur district, the Sri Sathya Sai Sarla Memorial Hospital, a multi-speciality hospital fully equipped with high-end facilities, hosted a team of surgeons to perform 23 paediatric cardiac surgeries over a period of eight days. Chiranjeevi Bhava – Gift of Life was bestowed on them on November 22, 2021 by Dr K Sudhakar - Minister of Medical Education, Health and Family Welfare of Karnataka.

The day of Christmas that is celebrated to eulogise the spirit of harmony, love, joy, and selfless giving, sent forth the message of universal love and service to all of humanity from Sathya Sai Grama, where the blessing of a long life - 'Chiranjeevi Bhava' through the 'Gift of Life' ceremony - was bestowed on 32 children who were given a new life, a new beginning!











Ever since the third week of November 2021 till date, the Hospital has mended about 55 hearts absolutely free of any charges, in collaboration with its partner - Sri Sathya Sai Sanjeevani Centres for Child Heart Cares which currently has three centres at Chhattisgarh, Haryana and Maharashtra. Dr Padma S Veerapaneni, Director of KIMS Hospital, Hyderabad and Chairman of RiSE Foundation, India was the Guest of Honour at the event.

In the month of December 2021 alone, in a span of 9 days, 32 surgeries have been completed by a 20-member healthcare team consisting of paediatric cardiac surgeons, anaesthetists, cardiologists, technicians and paramedical staff of the Operation Theatre and ICU Management. These children were from underprivileged families from Karnataka, Uttar Pradesh, Bihar, Odisha, Chhattisgarh and Jharkhand, who underwent the initial screening at their respective States and were subsequently brought in for the surgery at the Sri Sathya Sai Sarla Memorial Hospital. One patient who travelled all the way from Bangladesh was also operated upon. The spectrum of cases conducted ranged from simple to complex conditions that required high quality paediatric and neonatal intensive care and allied health support services like physiotherapy, nutrition, radiology, and lab services.

23 children in November 2021 and its inverse – 32 children in December 2021, the Sri Sathya Sai Sarla Memorial Hospital will carry on its purpose of love all and serve all, until every child with a congential heart defect finds back his or her health and hope!



Chiranieevi Bhava – Gift of Life certificates presented to children



Chiranjeevi Bhava – Gift of Life certificates presented to children

#### **APRIL 01, 2022**

## HONOURABLE UNION MINISTER OF HOME AFFAIRS, MR AMIT SHAH VISITS SATHYA SAI GRAMA, MUDDENAHALLI TO LAY THE FOUNDATION STONE FOR A FREE OF COST 400-BEDDED MULTI-SPECIALITY HOSPITAL

n April 01, 2022, Honourable Union Minister of Home Affairs, Mr Amit Shah laid the foundation stone for a completely **free of cost new 400-bedded multi-speciality hospital** adjoining Sri Sathya Sai Sarla Memorial Hospital at Sathya Sai Grama, Muddenahalli in the presence of Sadguru Sri Madhusudan Sai.

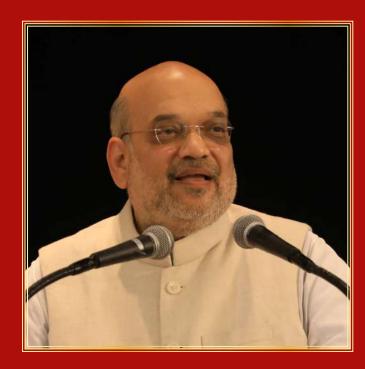
Understanding the growing needs for healthcare that can cater to the poorest of the poor, without charging a penny, the Sri Sathya Sai Sarla Memorial Hospital is all set to expand to this **400-bedded multispeciality facility** that will cater to the various disciplines of medicine like General Medicine, Paediatrics, Obstetrics and Gynaecology, ENT, Rheumatology, Pathology, Community Medicine, Physical Therapy, Dentistry, Psychiatry, Endocrinology, Cardiology, Neurology, Foetal Medicine, Plastic Surgery, Dermatology, Ophthalmology, Podiatry, Radiology, and Orthopaedics.

Union Minister of Parliamentary Affairs, Coal and Mines – Mr Pralhad Joshi; Chief Minister of Karnataka – Mr Basavaraj Bommai; Minister of Small Scale Industries and Municipal Administration of Karnataka – Mr MTB Nagaraj; and Minister of Health & Family Welfare, and Medical Education, Government of Karnataka – Dr K Sudhakar were also present at the event to commemorate this new noble beginning, along with the Chairman of Sri Sathya Sai Health & Education Trust – Mr C Sreenivas, Chancellor of the Sri Sathya Sai University for Human Excellence – Mr B N Narasimha Murthy, and Vice-Chancellor of the Sri Sathya Sai University for Human Excellence – Dr K Srikanta Murthy.

The 400-bedded multi-speciality hospital is a first step towards establishing **India's first free Medical College**, to offer completely free of cost medical education to the rural poor.



From Left to Right: Mr C Sreenivas, Mr B N Narasimha Murthy, Dr K Sudhakar, Mr Pralhad Joshi, Mr Amit Shah, Sadguru Sri Madhusudan Sai, Mr Basavaraj Bommai, Mr M T B Nagaraj, Dr K Srikanta Murthy



"The vision of selfless service that I have seen here, speaks for itself. The strength and the futuristic vision with which selfless service activities are being carried out here, with no desire for name or fame, by only keeping the welfare of the whole nation in mind, with total surrender—makes me fall short of words. Taking inspiration from Sri Sathya Sai Baba's teachings, this institution at Sathya Sai Grama is carrying out a mahā yajña of sevā. Today the ground-breaking ceremony of the 400-bedded hospital took place. Running a free hospital is no easy, it could bring along a lot of challenges. However, I see that the Sri Sathya Sai Sarla Memorial Hospital is running it all free, with upgraded facilities and technology. I am extremely happy to know that the institution is marching towards commencing a free medical college for students—this will be the first-of-its-kind in India.

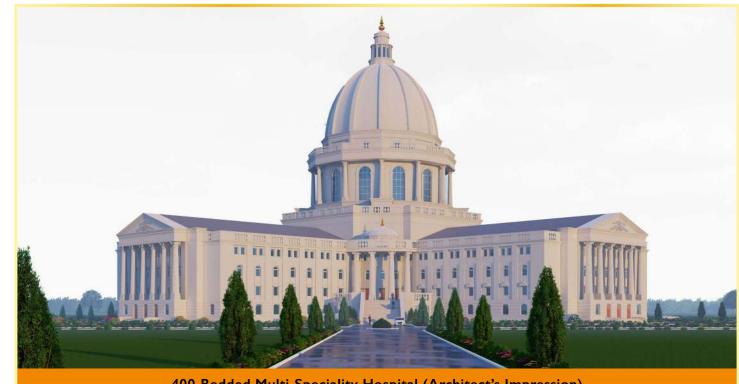
This effort shall definitely find success."



#### In the words of Sadguru Sri Madhsudan Sai:

"The Indian culture always taught everyone to pray for the welfare of everyone else—vasudaiva kutumbakam – a global family is the Indian idea. Today, Honourable Union Minister of Home Affairs, Shri Amit Shah graciously laid the foundation stone for the 400-bedded multi-speciality hospital. Few months back, the Honourable Chief Minister of Karnataka, Mr Basavaraj Bommai dedicated the Sri Sathya Sai Sarla Memorial Hospital to the service of the nation, and as on date more than 19,000 patients have been treated completely free of cost at this hospital. In times of come, this will be become the most important centre for both health and education. Very soon, a free medical college will come up here. In truth, we are not doing anything new. Giving free services to all people for their basic needs was the original Indian way. In India food, education, and health were never sold—food was served to everyone considering them as atithi—education was bestowed to students free of cost in gurukulas—vaidyo nārāyano harih – doctors were considered God, because they served out of compassion without charges. We are only trying to revive the glorious Indian way back to its originality. Honourable Prime Minister Shri Narendra Modi has said – sabka sāth, sabka vikās, sabka vishwās and sabka prayās. Ours is one such effort, so that we can walk hand in glove with the Government to make India the viśvaguru, and everyone in India receives their basic rights of nutrition, education, and healthcare."

At the event, Mr Amit Shah presented the 'Chiranjeevi Bhava' certificates to two mothers with their newborn babies, and two children who were treated for their heart defects at Sri Sathya Sai Sarla Memorial Hospital, Totally Free of Cost.



400-Bedded Multi-Speciality Hospital (Architect's Impression)











#### Recollections from Beneficiaries and Guests



#### ANKUSH SUCCESSFULLY WINS OVER DUAL BATTLE OF COVID AND CHD

new born Ankush was diagnosed with heart disease when he was 7 days. Hailing from Palamu, Jharkhand, one of backward states in India, Ankush's parents were clueless of what is the future of the child when they were informed by a Hospital in Ranchi that the surgery would cost Rs 700,000. His father Pankaj with his meagre earning from his small mobile repair shop and mother Ruby Devi, a housewife; could not imagine to bear this hefty amount.

Covid pandemic and the lockdown made their life most difficult to move out and get access for the treatment.

Finally, when they landed at Sai Sanjeevani in Palwal, Doctors performed Covid test before admission and parents were devastated to know that their 1 year 7 months child was Covid Positive. The second wave of Covid was not sparing both young and the old equally and parents were worried of the future of the child. The medical team counselled the parents that they have a Paediatric Covid Ward where they will treat Ankush and once he recovers, they will perform the heart surgery.

Ankush was admitted and treated for Covid. The mother was allowed to stay with him in the Covid ward and father in isolation ward. Once Ankush was completely recovered and tested negative, he successfully underwent Intra Cardiac repair for Tetralogy of Fallot on 22nd May 2021.

While getting discharged parents were in tears as they narrated that in contrast to the horrific stories of Covid treatment heard in media, they received homely treatment while they were in Covid ward at Sai Sanjeevani. They were overwhelmed seeing Ankush being healed for Covid and Congenital Heart Disease.



#### SAVED FROM CYCLONE NISARGA, COVID AND CHD

yclone Nisarga hit the Maharashtrian Coast in early June 2020 and devastated the lives of many; the worst affected being the fishermen community. The winds of fate, however, blew in a different direction for little Mitansh. Born to a fisherman father from Alibaug, a coastal town in Maharashtra, Mitansh somehow managed to escape Cyclone Nisarga and reach the doorsteps of Sri Sathya Sai Sanjeevani Hospital at Navi Mumbai.

Mitansh was diagnosed with Supra Cardiac TAPVC, wherein all the four tubes carrying pure blood to the left side of the heart were erroneously connected to the right. This made the baby require an early surgery to correct this defect. Despite several challenges, the child was successfully operated. The family was very happy and grateful that they managed to weather out not one but three calamities: Cyclone Nisarga, COVID, and CHD; such is the triumph of little Mitansh!



#### **TEARS OF GRATITUDE FROM AFGHANISTAN**

haista Shinwari, a 12-year-old girl from Nangarhar province in Afghanistan was diagnosed with a Congenital Heart Defect when she was two months old. Shaista's father, Mawla Jan Shinwari, is a labourer in Afghanistan with a monthly income of around 8000 INR only. Her parents took her to Kabul, but there was no facility that could solve the complexity of her defect. In spite of taking a loan of 300,000 INR to treat Shaista at a local hospital, the efforts went in vain.

At this juncture, the parents came in touch with the Rotary Club of Jalalabad that referred them to the Sri Sathya Sai Sanjeevani Child Heart Care Centre in India. Shaista came with her father to Sai Sanjeevani, and successfully underwent Ventricular Septal Defect (VSD) surgical closure. Her father had tears of gratitude upon experiencing the soft-touch of Sai Sanjeevani that rechannelled his daughter's life from a rough-hewn terrain, onto the gentle vistas of happy childhood – for doesn't she deserve to live as one that befits her name?



## BLUES TURN PINKS – A NEW HEART, A NEW HOME AND A NEW FAMILY FOR DIVYANSH

Baby Divyansh was found lying near a garbage bin at Ghaziabad Police Station (Uttar Pradesh). The police took him to a nearby reputed Government Hospital. The hospital responsibly handed over Divyansh to the care of a Government Approved Orphanage - Seva Bharti Matruchaya in Delhi.

Within a few months, Matruchaya caretakers were taken aback to see the child bluing very often, especially when he cried. Thus, Divyansh was diagnosed for a heart defect at the Government Hospital, but were hand-tied due to the COVID pandemic, and could not act on the child's heart defect. The heart-rending fact was that no family was ready to adopt Divyansh due to his medical condition.

Matruchaya lovingly took it upon themselves to do the best that they can for the child and contacted Sri Sathya Sai Sanjeevani International Centre for Child Heart Care at Palwal. They brought the child for consultation and surgery to Palwal. Divyansh was restored with a healthy heart after performance of the Tetralogy of Fallot (TOF) surgery on November 24, 2020.

Post discharge, the Orphanage Management contacted Sanjeevani to share with a sense of satisfaction that Divyansh was doing great and that a couple from USA had registered for adopting him. What a moment of joy for all!

#### **GUESTS**

66

#### A Model Worth Replication!

"I am running short of words after seeing the 23 children who have been given rebirth on the occasion of Sri Sathya Sai Baba's 96th Birthday Celebrations. I could see in the eyes of the parents, a kind of happiness and bliss, which stirs my heart. These families, who are below the poverty line, could not have afforded this kind of access to good health care, since it could cost lakhs of rupees in corporate hospitals. As a Health Minister, I know that Sadguru Sri Madhusudan Sai has accomplished what the Government has not been able to accomplish. The art of giving, empathy and sympathy are great virtues, and these are the values one can learn after visiting this Institution. The Government spends more than 10,000 crores on healthcare budget every year – medical education and healthcare put together—but are we really satisfying the patient/ beneficiary? We still hear a lot of complaints, inspite of treating them free of cost—still there are some lapses and shortcomings. How can the Government systems, how can the healthcare departments ensure to be completely fool proof, in the way the Sai Mission does, the Sri Sathya Sai Sanjeevani does? Why aren't the Government health institutions able to render holistic care like that of the Sri Sathya Sai Healthcare Institutions? In my opinion, the Government needs to replicate Sai's Model and I really do not have any hesitation in saying this!"

Dr Sudhakar K Minister for Health, Medical Education and Family Welfare, Government of Karnataka



#### The Miracle of Divinity on Humanity

"I consider it a privilege and in fact a fortunate destiny to be present here today on the day of Holy Christmas to witness this act of mercy, where 32 children have been bestowed the 'Gift of Life.' To all these children who received the Gift of Life certificates, I wish good health and longevity. I also would like to congratulate the team consisting of cardiologists, cardiac surgeons, perfusionists, etc., from the Sri Sathya Sai Sanjeevani Child Heart Centres, who have worked against all odds, all limitations and brought out such beautiful positive results. Some of these cyanotic children are very challenging medically and it is not easy to perform successful surgeries on them.

All credit goes to Sadguru Sri Madhusudan Sai for being the motivation behind such a hard working team. This is my very first visit to Sathya Sai Grama, and before coming here, I did read a lot about Sadguru's service initiatives that is spanning across the sectors of education, health and nutrition in India and globally. Some of Sadguru's programmes are similar to one of the projects, 'Poshak Abhiyan' that I am working with, to improve the health of expecting mothers, lactating mothers and children, by supporting their nutritional needs and preventing anaemia in them. The Research and Development (R&D) nutritional product of SaiSure that is being manufactured here is something I would be interested to know more about. The One-Meal-A-Day Programme that feeds 500,000 children nutritious breakfast every single morning with the help of 600 volunteers, really caught my attention—what a thoughtful way to improve the health of children on a consistent basis!

I had the opportunity to visit Sri Sathya Sai Sarla Memorial Hospital. The state-of-the-art equipment and arrangements of the Hospital is so well-planned, well-thought of—the entire infrastructure which this Hospital is providing is just out of the world and this really amazes me! There are many children in the Telugu States suffering from cardiac ailments and I request these kinds of free cardiac treatments for poor children to be extended to these States too, and in this regard we shall extend whatever support is needed.

On the side of education, I would say that this Institution does a tremendous job. The children studying in these institutions are the luckiest ones, for they are being brought up in such a pious environment by beautiful and noble minds that are teaching them love, service, sharing and togetherness.

To me, Sadguru Sri Madhusudan Sai is indeed a rare combination of Divinity and Humanity!"

Dr Padma Veerapaneni
Director, KIMS Hospital, Hyderabad
Chairman of RiSE Foundation, India

### O The Way Forward



#### **SANJEEVANI 2022**



#### **SANJEEVANI 2024**





"Just as many tiny drops of water join together to form a stream and many streams join together to form a mighty river that flows with great strength and vigour to reach and merge in the ocean, likewise if all join together and take to the path of love and service as a single unified entity, then the service rendered will be more effective and fruitful to the society."

- Sadguru Sri Madhusudan Sai Spiritual and Social Leader of the Global Mission of Nutrition, Education and Healthcare



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