



ANNAPOORNA

THE GIFT OF NUTRITION

October 2020 Edition

Gandhi Jayanthi Special Live Webinar

October 3rd 8:00 PM IST



On account of the birth anniversary of Mahatma Gandhi, a live webinar session was held on the 3rd of October streaming across Annapoorna's online platforms.

Mahatma Gandhi sacrificed his life for the country by leading a very simple life. "The soul of India lives in its villages," declared M. K. Gandhi at the beginning of the 20th century.

In the live session, a tribute to the Mahatma, the Annapoorna Team share their vision of working towards bringing Gandhiji's Vision of rural uplift to reality! The speaker, Mr Girish Suryanarayana, Principal Key Expert at SIEMENS Research and Honorary Consultant, Corporate Relations at Annapoorna, spoke about how Indian villages became self reliant during the British rule and how Mahatma Gandhiji helped to transform the country, by the means of '3 Step Approach for Self Reliance', which is Sanitation, Nutrition, and Engagement. Apart from this, the approach of Annapoorna towards Nutrition, Education, Women Empowerment, Village Infrastructure, and Health Screen were discussed.

Watch the Webinar on Youtube



<https://youtu.be/n7SUJ7xnoEE>

World Food Day 2020 Concert by Mandolin U Rajesh & Band.



October 16th 6:30 PM PDT
October 17th 7:00 AM IST

Aimed at encouraging participation in efforts to end global hunger and poverty on this occasion of World Food Day, a Live Concert by India's internationally celebrated, Grammy-award nominated master musician Mandolin U Rajesh & Band was held on Online Annapoorna Platforms.

We have had close to **5k** views on YouTube, **3.7k** views on Annapoorna Facebook page and **15k** reach on Facebook. Thanks to all the viewers for making the Concert a success!

Watch the Concert Video on Youtube

 <https://youtu.be/V9pv4t0SIN4>

•The Band•

Mandolin U Rajesh

Here's someone who has made an Italian Lute the foundation of Indian Carnatic Music, whose surname literally resonates his artform- The Mandolin. A Grammy nominee, a world famous concertist, A Carnatic Music and Mandolin Virtuoso.



Aalaap Raju

A self taught playback singer and a bass guitarist who has performed in more than 300 concerts, and with many renowned artists. A vital member of the YUJ project, a Neo-Carnatic Funk Band, and a core member of Rahlaap, a duo multi-genre band with Rahul Nambiar.



Praveen Narayan

A percussionist whose fingers have created rhythm with instruments like dholak, khol, cajon, djembe, apart from mrudangam and tabla that he masters. He has performed in concerts worldwide, and his believes that Music Heals has motivated him to use his rhythm for philanthropic causes.



Steven Samuel Devassy

Is a child prodigy with acclaimed skills in both singing and playing the drums, from a very young age, at a professional level. One of his songs, 10000 Reasons crossed over 50 million views. He is recognised as the 'Fastest Child Drummer' and has been invited by leading music academies from the USA.





38 Grocery Kits Distributed in Krishnagiri

Krishnagiri, Tamil Nadu

October 8th

During the tough times in the current pandemic, the Annapoorna volunteers in Tamil Nadu distributed 38 grocery kits to the children in Peyanur village, Krishnagiri. Essentials like Rice, Turmeric powder were provided.

Dry Ration, Laptops, and Sarees Distributed in Ramamurthynagar.

Ramamurthynagar Bengaluru, Karnataka

The Annapoorna volunteers in Ramamurthynagar have been very active and have provided enormous help to the needy, especially during the current pandemic. On the 9th of October, dry ration was given to extremely poor families in Nandi village.



Also, the Ramamurthynagar volunteers visited Chickballapur and gave a Laptop to an MSc 2nd year Gold Medalist named Anusha, from a village called Kuduvatty. Her mother is a cook. The DC of Chickballapur presented her this in her office assuring her further help as she was very much in need. On 4th October, the Ramamurthynagar volunteers distributed 10 note books, 5 pens, and a 16 gb pen drive to 50 poor Brahmin distinction students at Raghavendra Swamy Mutt, T.C Palya.

The volunteers also distributed 3 sarees each to 12 Asha workers who are with the Divine Mother and Child Health Programme in Mittemari.



5100 Masks Distributed in Yeshwantpur.

Bengaluru, Karnataka

October 16th

Nayonika Charitable Trust distributed around 5100 masks in Yeshwantpur, Bengaluru on the 16th of October to all the truck drivers and cleaners from Karnataka and other states as well. This happened in the Karnataka Goods Transport Association premises.



Dinner Packets Distributed in Jamshedpur.

Jamshedpur, Jharkhand

October 17th

Coinciding with the World Food Day on 16th Oct and International Day for the Eradication of Poverty on 17th Oct, Sri Sathya Sai Annapoorna Trust in association with Sri Sai Surya Panchajanya Trust, Jamshedpur started distribution of dinner packets to one attendant of admitted patients in general wards of Mercy Hospital at Baridih, Jamshedpur from 17th Oct 2020 with the motto “No one goes to bed on hungry stomach.”

The inauguration function was held at Mercy Hospital on 17th Oct 2020 at 7.30pm. Dr.Maheshwar Prasad, Retd Civil Surgeon was the Chief Guest. Sister Jessy, Administrator and James Davis, General Manager of Mercy Hospital were present on the occasion. Sister Jessy lauded the efforts of Sri Sathya Sai Annapoorna Trust in mitigating the suffering of the poor during the Covid pandemic times. Mr.James David appreciated the timely effort of Annapoorna Trust and drew the attention of all to the latest Hunger Index released on 16th October in which India is ranked 94 among 107 nations and expressed hope that such initiatives will go a long way in mitigating hunger. Dr. Maheshwar Prasad in his talk mentioned that 17th October marked the beginning of Navarathri festival and prayed to Maa Annapoorneshwari for her blessings on this noble effort by the Annapoorna Trust. He urged everybody present to pay back to society as per individual’s capacity and capability. He also requested one and all not to waste food as the same can be used to fill the stomach of somebody else.

A total of 100 dinner packets containing 3 rotis, sabji, pickle and sweet were distributed by Dr.Maheshwar Prasad, Sister Jessy, James Davis, Dr.Vatsala, staff of Mercy Hospital and Annapoorna Volunteers. This service will continue daily with different items like, Upma, Fried Rice, Idly, Puri etc.

Covid-19 Support



Grocery Kits Distributed in Vishakapatnam



Vishakapatnam, Andhra Pradesh October 19th

Annapoorna volunteers in Vishakhapatnam in Andhra Pradesh state reached out to 10 needy families with grocery kits containing 12 daily essential items needed for a month.



Grocery Kits Distributed to Poor Families.

Jangam, Telangana
October 23rd



Annapoorna volunteers distributed groceries to poor families and daily labourers in Bachannapet mandal, Jangam district, Telangana state on 23rd October on account of Dusserha Festival.

Essentials Distributed in Jamshedpur.

Jamshedpur, Jharkhand

October 25th

On 25th October as part of Navarathri Celebrations, Team Annapoorna along with Sri Sai Surya Panchajanya Trust, Jamshedpur distributed Bhagwan's Love in the form of Grocery Kits, New Clothes and Sweet Packets to 36 families at Sabar Tola in Lupungdih on the outskirts of Jamshedpur.

Sabar Community: Sabar community belongs to particularly vulnerable tribal groups (PVTG) of Jharkhand which is fast disappearing. They mostly fish in close by streams and rivers. Their only concern is the next meal and nothing more. They are in extreme poverty. Hunger and illness hover over every family. Sabar families eat rice when they can afford it; otherwise, they survive on forest products. Many of them, by their own admission, drink a good deal of handia, perhaps it is the only way to feel on top from time to time, in these dire circumstances. Their only possession are a few pots and some sort of thin bedding. Most of the Sabar in this area survive by selling wood, hacked from the surrounding forests.

Sabar Tola, Lupungdih is 20 kms from Tata Nagar Railway station in East Singhbhum district of Jharkhand near Jamshedpur, with a total population of around 150 people from 36 households. Moved by this dire situation of this community, Team Annapoorna decided to distribute the following essentials to these households.

Grocery Kits: 5 kgs Atta, 1 Kg, Masoor Dal, 700 gm, Mustard oil, 250 gms Salt, 1 Biscuit Packet, 2 Washing soaps and 2 Bathing soaps.

Clothes Kit: 1 Dhoti, 1 saree, and 1 Gamcha (Towel).

Sweets: Each kit consisting of 8 Balusahi local sweet and 250 gms Namkeen.

Sri. Diamond Sinha, Head Statutory Compliance and Societies, Tata Steel and his wife Smt. Swetha Charan Sinha were the Chief Guest couple at the function. They were gracious enough to spend time with Annapoorna Volunteers and distribute Swami's Love to all the beneficiaries.

Covid-19 Support



Support provided to the needy.

West Bengal October 31st

During the Festive month of the Auspicious Durga Puja , traversing in different districts of West Bengal, Love on Wheels offered 831 On Ground Consultations for Rural patients with Medicinal support amid Covid Controls. In these pandemic situations, 209 Rural Geriatrics beneficiaries have been supported. Nutritional Supplements have been extended to 40 needy families. 113 Rural School Children have been supported with a malt based protein supplement- Sai Sure with Milk packs.

Chronic Diabetic Rural patients have been monitored with Telemedicine with the support of trained Community Health Workers. As always, all services have been rendered completely free of cost, with love.



