

# NEWSLETTER DECEMBER EDITION ••• ANNAPOORNA THE CIFT OF NUTRITION

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Sri Sathya Sai Annapoorna Trust, Muddenahalli, Karnataka, India

# TABLE OF CONTENTS



# LAUNCH OF SAISURE AT BHATKAL, UTTARA KANNADA DISTRICT

**1ST DEC 2022** 



Annapoorna Morning Nutrition program was launched in Bhatkal taluk of Uttara Kannada district on 01 Dec 2022. SaiSure Health Drink would be provided to 601 government schoolgoing children in 8 schools. The Trust already has a presence in the district in Karwar taluk serving morning nutrition to 2200 children across 60 schools. This is the second taluk in the district where Annapoorna would be providing morning nutrition.

The launch event was held in Sri Ganesh Auditorium in Muttalli in the presence of Sri Govind Naik – President of Western Ghats task force, Sri Devidas Mogera – BEO, Bhatkal and Sri Sheshagiri Naik – Gram Panchayat President, Muttalli. Also gracing the occasion were the Chief Guest for the event, Sri Mahendra Hegde – Chairman of Sri Sathya Sai Ananya Niketanam



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Gurukulam, Udupi and Sri Madhusudan Naik - Principal of Sri Sathya Sai Ananya Niketanam Gurukulam, Udupi. Representing the Trust, Sri Kiran B P - Regional coordinator of Annapoorna Trust, Karnataka, Sri Ram Shanbhog, who is taking lead in smooth execution of Morning Nutrition in Bhatkal, and Sri Prabhu, who is coordinating entire Karwar region supported by active Annapoorna Trust volunteers, participated in the event.

Sri Kiran B P - Regional coordinator of Annapoorna Trust, Karnataka shared with the gathering about
 how the morning nutrition program started with just 50 children in the year 2012 in a village on the outskirts of Bengaluru, and how it has expanded to serving over 1 million children in 23 states and 4 union territories. He further stated that in Karnataka alone, 500,000 government school-going children are being served with morning nutrition in 13 districts across 34 taluks. Due to the COVID-19 pandemic, he said the Morning Nutrition had to be stopped in Uttara Kannada district, however he assured that it is restarting in the district now, with distribution of SaiSure Multi Nutrient Health Mix to the children.

| School Name         | No. of students |  |
|---------------------|-----------------|--|
| GLPS Kasalagadde    | 21              |  |
| GLPS Moodbhatkal    | 80              |  |
| GHPS Taland         | 92              |  |
| GHPS Hadeena        | 124             |  |
| GHPS Muttalli       | 59              |  |
| GMKG School Bhatkal | 82              |  |
| GHPS Mannailakeri   | 53              |  |
| GMHPK Boys Bhatkal  | 90              |  |
|                     | 601             |  |

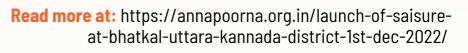
The details of number of children receiving SaiSure in the district would be -

SaiSure is а malt-based multi-nutrient supplement, specifically designed for the growth of children. It meets the protein, vitamin, mineral requirements and designed to meet 50% of the recommended daily allowance (RDA) of most of the Micro-Nutrients. It is easily scalable and is well received by children due to its delicious taste. The marked improvements post consumption of SaiSure in children besides improved health parameters is multi-fold, like reduction in drop-out rate of children and increase in punctuality and attendance, thereby resulting in better academic performance. Towards a vision of India that is free of stunting,

wasting and anaemia, and until no child goes to school hungry ever, Sri Sathya Sai Annapoorna Trust continues to address the nutrition needs

at various rural hinterlands of India. Setting a child on a proper course with good daily nutrition and the ability to attend and succeed in school is our collective social responsibility and one which will go a long way in nation-building.

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# **2** MORNING NUTRITION EXPANSION IN JAGTIAL DISTRICT, KODIMIAL MANDAL, TELANGANA 3RD DEC 2022



Subsequent to the launch of Morning Nutrition in Jagtial district, nearly 4 months back in Anantharam village serving 2500 children, and further expansion in November 2022 in Korutla municipality benefiting 9800 children, Annapoorna Trust launched Morning Nutrition in Kodimial Mandal of Jagtial district on 3rd December 2022. A total of 6,500 children studying in 87 government schools in Kodimial and Mallial Mandals, would be benefited. Annapoorna Trust is now serving 20,000 children across 200 schools in the entire district.

The launch event was held in ZPHS Kodimial in Kodimial Mandal and gracing the event were Sri Sunke Ravishankar – MLA Choppadandi, Mr Srinivas – MEO, Mpp Swarnalaya Rajnarsing Rao, Mr. P Krishna Rao – Forum President, Mr. Puli Venkatesh Goud – BRS Mandal President Sarpanch, and Mr. N Mallesham – Headmaster. From Annapoorna Trust, Mr. Srikanth Vooturi – Jagtial District Coordinator, participated.

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Sri Sunke Ravishankar – MLA of Choppadandi launched a new sticker of the Annapoorna Morning Nutrition programme, which will be put on view in every school. With this expansion of serving 6,500 more children in Kodimial and Mallial mandals, the Trust has reached a total of 20,000 children across 200 schools in the entire district. Sri Ravishankar spoke to the gathering about how this nutrition drink will eradicate malnutrition and notably increase blood hemoglobin levels. Hence, he urged the children to have the health drink on a daily basis and thanked the Trust for the noble initiative.

Mr. Srikanth Vooturi – Jagtial District Coordinator from Annapoorna Trust, said it was a pleasure to have such a dynamic leader in the constituency who is very caring about every student and appreciated the way he spends time with the children joyously with fun and laughter. Hence, all the students have learned the importance of the nutrition drink and accepted it joyously.

The MEO – Mr. Srinivas further said there will be blood tests conducted on students to study the difference in hemoglobin levels, before and after consumption of the health drink. "SaiSure – Raagi Variant" (Finger Millet), will be given to the children studying in all government schools in Kodimial and Mallial Mandals of Jagtial district. Each child will receive 150 ml of hot delicious and nutritious "Ragi Malt" drink, prepared by adding 10 grams of Ragi and 5 grams of Jaggery to 150 ml of hot water. "Raagi Cereals Health drink" contains significant amounts of vitamin C and E. It is also high in B complex vitamins thiamine, riboflavin, niacin, folic acid, calcium, magnesium, iron, and phosphorus. With the introduction of this milletbased health drink, Annapoorna Trust aims to reduce undernutrition or 'hidden hunger' in children. The U.N. General Assembly recently adopted a resolution, sponsored by India and supported by more than 70 countries, declaring 2023 as the International Year of Millets with the intention of increasing public awareness of the health benefits of millets. The UN dedicates the year to greater efforts in producing millets, given their nutritional properties and resilience in adapting to climate change.



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# **BARNON CONTRIBUTER OF MORNING NUTRITION IN PEDDAPALLI DISTRICT, TELANGANA** 5TH DEC 2022

Sri Sathya Sai Annapoorna Trust launched the Morning Nutrition program for government schoolgoing children in the district of Peddapalli in Telangana, on 5th December 2022. The launch event



took place in Elkalapalli village in the presence of government officials and school staff. 30481 students in 549 schools, spread across different mandals in the district like Antargoan, Elgaid, Dharmaram, Jullapalle, Kamanpur, Manthani, Mutharam, Odela, Palakurthy, Peddapalli, Ramagiri, Ramagundam, Srirampur, Sultanabad, would receive "SaiSure – Ragi Variant" (Finger Millet).



The launch programme was graced by the presence of Smt. Deshpande Madhavi - District Education Officer Peddapalli, who was the chief guest for the event. Also present were Sri. Jali Rangareddy -BC Welfare Officer, Sri. Madhu - Sectorial officer, Smt. Laxmi - Mandal Education Officer, Sri Ragunandhan Rao - District Science Officer, and Sri A Laxminarayana - Headmaster. From Annapoorna Trust, Mr. Mahadev Naresh -Executive Operations and Mr Kannam Ramesh -District Nodal Officer and District Coordinator Karimnagar, were present.

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- Addressing the gathering, the Chief Guest, Smt. Deshpande Madhavi said, "Annapoorna Trust has come forward to support the entire district of Peddapalli by providing Morning Nutrition in the form
- of Ragi Cereals Health Drink to 30481 students in 549 schools." She further said that it has started currently in Peddapalli and Palakurthy mandals, and very soon would start in all the remaining 12
- • mandals in the district.
- Annapoorna Trust has introduced a Millet-based health drink to more than 500,000 government school children in the states of Andhra Pradesh and Telangana. In line with POSHAN Abhiyaan, the Trust targets to reduce undernutrition, stunting, and anaemia among children, women, and adolescent girls, and also aims to reduce the instances of low birth weight. Till March 2020, Annapoorna Trust had been serving over 470,000 school children in Karnataka, Puducherry, and other states by providing SaiSure health mix that complements the respective State Govt. Sponsored Milk Schemes. "The U.N. General Assembly recently adopted a resolution, sponsored by India and supported by more than 70 countries, declaring 2023 as the International Year of Millets. The resolution is intended to increase public awareness on the health benefits of millets and their suitability for cultivation under tough conditions marked by climate change."

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From September 2022, the Trust started introducing "SaiSure – Raagi Variant" (Finger Millet) in many government schools which has been rapidly expanding in Telangana and Andhra Pradesh. Each child will receive 150 ml of hot delicious and nutritious "Ragi Malt" drink, prepared by adding 10 grams of Ragi and 5 grams of Jaggery to 150 ml of hot water. Introduction of "Raagi Cereals health mix" can be either made into a sweet drink or a salty one or even made into solid balls. It can be mixed with curd or rice or even milk.

"Raagi Cereals Health drink" contains significant amounts of vitamin C and E. It is also high in B complex vitamins thiamine, riboflavin, niacin, folic acid, calcium, magnesium, iron, and phosphorus. Raagi-based chikkis are also prepared and supplied to children. With the inclusion of the above model of morning nutrition, Annapoorna Trust is now able to reach out to over 1,100,000 children spread over 23 states and 4 union territories.





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## MORNING NUTRITION IN COLLABORATION WITH AMAZON WEB SERVICES TO 5000 CHILDREN IN RANGA REDDY DISTRICT, TELANGANA 6TH DEC 2022



Annapoorna Trust collaborates with Amazon Web Services to provide Morning Nutrition to 5000 government school-going children in Ranga Reddy district of Telangana state.

On 6th December 2022, the Annapoorna Morning Nutrition programme was launched at Zilla Parishad High School (ZPHS) campus at Meerkhanpet in Ranga Reddy district. The government school-going children hailing from Shabad, Yacharam, and Kandukur Mandals will receive Morning Nutrition. The chief guest, Smt. Sabitha Indra Reddy – Minister for Education,



Telangana along with representatives from Amazon Web Services were present at the event. From Annapoorna Trust, Mr. Anand K Kadali – Executive Secretary and Trustee, Dhananjay Rao Ejapu – Telangana coordinator and Mr. Srikanth Vooturi – Jagtial District Coordinator, were present.



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 The collaboration with Amazon Web Services (AWS) will benefit 5000 children with Morning Nutrition in Ranga Reddy district. The children will be given Ragi Cereals Health Drink along with peanut chikki (a traditional Indian sweet generally made from nuts and jaggery) for all 6 days. Different varieties like peanut chikki, peanut-millet chikki, and peanut-millet-sesame seeds (til) chikki will be provided every day. AWS has been involved in improving the infrastructure and upgradation of school facilities of the ZPHS campus at Meerkhanpet, to provide a positive environment for their physical and mental well-being.



Sabita Indra Reddy – Education Minister of Telangana state spoke as, "Today I want to tell the children importance of Nutritious food. They need to be habituated to nutritious food instead of junk ones. Ragi Cereals Health Drink will give energy. Previously people used to eat only Rice. Nowadays people & children are getting to know the importance of millets & energy rich foods. Am very happy Annapoorna Trust have included Ragi cereal health mix as part of Morning nutrition in Government schools."

Chris Vonderhaar, Vice President of Data Center Planning, Delivery, and Operations at Amazon Data Services, Inc. who was present at the event said, "The Meerkhanpet Zila Parishad High School renovation, breakfast program, and the AWS Think Big Space represent our larger commitment to the community in Telangana. Over the last three years, AWS has renovated several pre-primary and primary schools, and hospitals and constructed rural libraries. AWS hopes that these initiatives will benefit the community and help keep children fully engaged in the world of learning."

Breakfast is the most important meal of the day. By serving a balanced and filling breakfast, Annapoorna Trust seeks to meet the nutrition gap in children from rural India and disadvantaged sections of society. As research has shown, this Morning Nutrition program has shown a lasting effect on the health of children and aids in their physical and mental well-being, academic achievement, and cognitive development.

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- From September 2022, the Trust started introducing "SaiSure Raagi Variant" (Finger Millet) in many government schools which has been rapidly expanding in Telangana and Andhra Pradesh. Each child will receive 150 ml of hot delicious and nutritious "Ragi Malt" drink, prepared by adding 10 grams of Ragi and 5 grams of Jaggery to 150 ml of hot water.
- •

The simple and humble finger millet is a superfood that offers a bounty of nutritional benefits encompassing all the essential macronutrients, along with a noteworthy level of key micronutrients.
The cooks need to just mix this Ragi Cereals health mix in the boiling water along with jaggery to give the sweet taste. Easy to prepare and tasty to drink, this health mix has received positive feedback from teachers, cooks, and children. It is considered one of the best foods for growing children.



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# MEET WITH CHIEF MINISTER OF KERALA IN LEGISLATIVE ASSEMBLY 6TH DEC 2022



On 06th Dec 2022, Annapoorna Trust represented by Mr. Santosh Allath – National Manager, and Mr. Sunil T G – Hon. Consultant in CSR Partner Alliances met the Hon'ble Chief Minister of Kerala, Sri. Pinarayi Vijayan. They apprised him about the Morning Nutrition program carried out by Sri Sathya Sai Annapoorna Trust in 23 states and 4 Union Territories serving more than 10,00,000 Govt. school children.

Provided detail of SaiSure multi-nutrient health mix which has added value to Annapoorna Trust's efforts in collaboration with State Governments to bring nutrition to the doorstep of school-going children and has enabled a far greater reach to the unserved remote geographies of rural India. Discussions ensued with the Education Minister, Sri V Sivankutty regarding starting SaiSure multinutrient health mix along with milk, as part of Morning Nutrition in Government schools in the districts of Thiruvananthapuram, Wayanad & Idukki.

The Chief Minister assured that he would further discuss this program with the Education Minister, Sri V. Sivankutty, and work towards National Nutrition Mission. Annapoorna Trust looks forward to continued support from Kerala Government in Building the Nation Through Nutrition.

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**Read more at:** https://annapoorna.org.in/meet-with-chiefminister-of-kerala-in-legislative-assembly-6th-dec-2022/



# MORNING NUTRITION EXPANSION IN PUDUCHERRY 12TH AND 14TH DEC 2022



Morning nutrition expansion took place in the Karaikal, Mahe, and Yanam districts of Puducherry Union Territory on 12th & 14th December 2022 where SaiSure multi nutrient health mix is provided to Govt school children. Previously, in June 2022, official launch had taken place in Raj Nivas, in the presence of Hon. Lt. Governor of Puducherry Dr. Tamilisai Soundararajan. With this expansion in all 4 districts in Puducherry Union Territory, Annapoorna Morning Nutrition now has its presence in 267 schools serving 27,575 children.



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13

- The health mix will be provided on all 5 days a week, along with milk provided by the Puducherry government. The launches were held in Karaikal and Mahe districts on 12th December 2022, and in
- the Yanam district on 14th December 2022, both presided over by government officials and school staff.
- •

On 12th December 2022, SaiSure Multi Nutrient Health Mix was launched in Government Middle School, Thirunallar in Karaikal district. A total of 7961 children in 90 schools will receive Morning
Nutrition. The event was attended by the CEO - Mr. K Rajashekar, the Mid-day meal in charge - Mr. Vijayakumar, the HM, organizers, and cooks. From Annapoorna Trust, Mr. Saravanan - Regional coordinator of Tamil Nadu, was present.

On the same day, 12th December 2022, another launch in Mahe district was held in Government Lower Primary School, attended by CEO – Mr. Uttamraj and Regional Administrator – Mr. Shivaraj Meena. From Annapoorna Trust, Mr. Santosh Allath – National Manager, and Mr. Jaya Krishnan – Regional Coordinator of Kerala, and volunteers – Mr. Satishan, Mr. Rajesh, and Mr. Ranjeeth, were present. In this district, 1462 children from 8 schools will receive SaiSure Multi Nutrient Health Mix on all 5 days a week.

At the event, the Regional Administrator – Mr. Shivaraj Meena said, "Annapoorna Trust has brought out a wonderful Morning Nutrition programme for the benefit of children. Request each one of you to partake SaiSure every day, make the best use of the opportunity and come out as healthier beings. Some of the children would get a small packet of other health and nutrition mixes available in the market, to school to mix with the milk provided by the government. Now those children will save at least Rs.100/- every month instead of spending on health and energy powders available commercially. We also request the Trust to start for lower and upper kindergarten children in the entire Puducherry Union Territory."

On 14th December 2022, SaiSure Multi Nutrient Health Mix was launched in Dr. Zakir Hussain Govt. English Medium Primary School, Yanam district. It was held in the presence of dignitaries like the CEO- Mr. Praveen, and the Regional Administrator – Mr. Muniswamy. From Annapoorna Trust, Mr. Santosh Allath – National Manager, was present. A total of 2,000 children across 18 schools in this district will receive Morning Nutrition.

SaiSure Multi Nutrient Health drink was provided by the dignitaries to the children. They absolutely relished the taste. Total of 27,575 children across 267 schools in the entire Puducherry Union Territory – Puducherry, Karaikal, Mahe & Yanam districts will receive SaiSure Multi Nutrient Health Mix on all 5 days a week. This health mix is scientifically designed to provide vital nutrients, meets the protein, vitamin, and mineral requirements, and is designed to meet 50% of the recommended daily allowance (RDA) of most of the Micro-Nutrients, acting as a wholesome meal in itself. With the Trust's constant endeavour to ensure that no child goes to school hungry ever, SaiSure is indeed the solution to the 'hidden hunger' of several children.

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## RELAUNCH OF SAISURE MULTI NUTRIENT HEALTH MIX IN MANDYA DISTRICT 19TH DEC 2022



On 19th December 2022, the re-launch of SaiSure Multi Nutrient Health Mix post-COVID pandemic was held at Maradevanahalli village, Marachakanahalli grama panchayat in Mandya district. A total of 860 children in 15 schools will receive the SaiSure Health drink.

Previously, SaiSure was provided to children in schools around the Sri Sathya Sai Sharadaniketanam campus (located in Maradevarahalli, Mandya district) before the COVID pandemic. Now with this relaunch, 6 government schools comprising of 200 children are provided SaiSure Multi Nutrient Health Mix. Milk is provided by the government under the Ksheera Bhagya Scheme.



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SaiSure is a multi-nutrient supplement, a malt-based composition for pregnant women, toddlers, preschool, and school children. It meets the protein, vitamin, and mineral requirements and is designed to meet 50% of the recommended daily allowance (RDA) of most of the Micro-Nutrients. It is an example of Annapoorna trust adding value to the Ksheera Bhagya scheme of the Government of Karnataka, where the government provides milk to children, while Annapoorna trust adds the nutritional element in the form of the health mix. The tasty and highly nutritious SaiSure health mix augments the milk provided by the government to the school children in the morning making it a wholesome drink.

The event was held in the presence of Sri C S Puttaraju – MLA of Melukote. From Sri Sathya Sai Sharadaniketanam, Sri Jayaramareddy – Secretary and Founding member, Sri Rajashekar – Chairman, and Sri Jeevan – Vice Chairman, were present. Also present were several members of Gram Panchayat, senior citizens, school children, and staff.

Addressing the gathering, Sri C S Puttaraju – MLA of Melukote spoke about how treatment for any illness was through home remedies in the olden times. He said the responsibility of the physical and mental well-being of children, who are future citizens of the country, lies on all of us. Sri Sathya Sai Annapoorna Trust, which has taken this responsibility performing selfless activities around the country, is highly appreciable. Stressing the importance of nutrition for pregnant mothers and growing children, he explained SaiSure Multi Nutrient Health Mix is a health powder providing vital nutrients and micronutrients acting as a wholesome meal in itself. 'Collaborating with the government, the Trust has reached the far corners of the country to provide Nutrition to the children. Reaching our village, Marachakanahalli, by the Trust, is our fortune!' he said.

This event was covered in the media as well.

The efforts of Annapoorna Trust have brought nutrition to the doorstep of school-going children, even in the unserved remote geographies of rural India, with the dream to build a nation, where no child goes to school hungry ever!

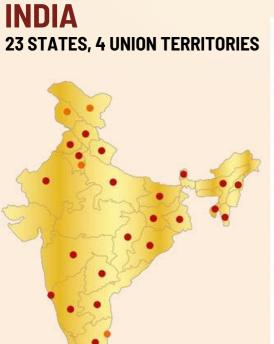




### **A QUICK OVERVIEW**



# **ANNAPOORNA FOOTPRINT**



ANNAPOORNA

😑 Union Territory

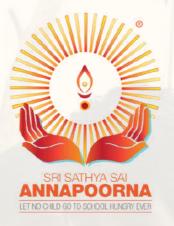
| State                  | No. of Students | No. of Schools |
|------------------------|-----------------|----------------|
| Kamataka               | 467,613         | 5,682          |
| Telangana              | 249,464         | 2,204          |
| Andhra Pradesh         | 202,695         | 2,230          |
| Rajasthan              | 25,000          | 200            |
| Puducherrry (Ut)       | 16,152          | 151            |
| Tamil Nadu             | 8,695           | 109            |
| Uttarakhand            | 7,735           | 130            |
| Mizoram                | 4,000           | 20             |
| Uttar Pradesh          | 3,897<br>3,286  | 40             |
| Delhi (Ut)             | 3,286           | 9              |
| Tripura                | 3,000           | 24             |
| Maharashtra            | 3,000           | 30             |
| Nagaland               | 2,624           | 72             |
| Jharkhand              | 2,489           | 16             |
| Bihar                  | 2,000           | 11             |
| Sikkim                 | 2,000           | 80             |
| Himachal Pradesh       | 1,429           | 15             |
| Haryana                | 1,288           | 9              |
| Goa                    | 1,076           | 65             |
| Punjab                 | 1,018           | 9              |
| West Bengal            | 1,000           | 10             |
| Ladakh (Ut)            | 1,000           | 10             |
| Chattisgarh            | 1,000           | 5              |
| Jammu And Kashmir (Ut) | 343             | 6              |
| Assam                  | 200             | 10             |
| Kerala                 | 120             | 1              |
| Odisha                 | 26              | 1              |
| Grand Total            | 1,012,150       | 11,149         |

#### AS OF DECEMBER 2022



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17







Muddenahalli – 562101 Chikkaballapur District, Karnataka, India