SRI SATHYA SAI ANNAPOORNA TRUST

REPORT

2016-17

NOURISHING THE NATION

THROUGH NUTRITION

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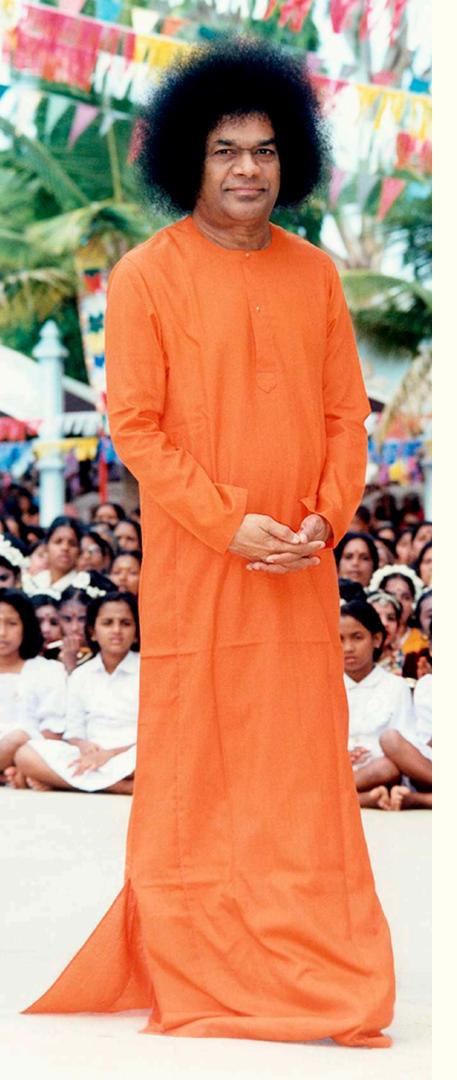
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Chikkaballapur Taluk and District, Karnataka, India

Phone: 080 - 26765623 Mobile: +91 9845 351 249 Email: info@annapoorna.org.in

DEDICATED TO

the thousands of children who have given us a greater purpose in life.



OUR INSPIRATION

Love All, Serve All and Help Ever, Hurt
Never – these simple yet profound
teachings of Sri Sathya Sai Baba
are our guiding light, inspiration and
standard. How much love are we
putting in each step of the way? Are
we serving every single child from the
goodness of our heart? Are we grateful
for the opportunity to serve? These
are questions we ask of ourselves
every moment and strive to answer.

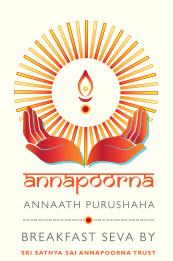
It is our earnest desire to continue this legacy of Baba's love and message through our work.

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VISION

Let no child go to school hungry ever!

MISSION

To nurture school-going children in rural India and disadvantaged sections of the society with nutritious breakfast, while also catering to their emotional and spiritual needs.

To expand presence to all government and government-aided schools in the country.

To enable rural uplift and transformation, and help make Indian villages ideal in terms of sustainable growth and development.

ANNAPOORNA BREAKFAST PROGRAMME

Nourishing the Nation through Nutrition

FROM THE **DESK OF THE CHAIRPERSON**

The simplest way to secure a healthy future of the nation is to invest in our children now. But sadly, child malnutrition is a haunting reality for us. At Annapoorna, we work towards alleviating hunger and undernourishment in rural and underprivileged school-going children by providing them with a nutritious breakfast.

Providing breakfast may be a simple concept but it has a far-reaching impact. Since we started, we have been a fortunate witness to the transformative power of the indispensable breakfast. Higher attendance, lower dropout rates, improved health parameters, marked increase in academic performance and attentiveness - and the list goes on. But the most gratifying impact of the breakfast programme has been the transformation it has kindled in these children. Inspired by the volunteers and their dedication, the children have on multiple occasions expressed their desire to pay it forward to the society when they grow up. While our reach has grown tremendously over the years, I reckon it is the inner transformation, in both the children and us, that's our biggest achievement.

While our work spans across nutrition, health, water and sanitation, the unifying focus remains the child's well-being. Setting a child on a holistic path with good daily nutrition and the ability to attend and succeed in school is our collective social responsibility, and one, which will go a long way in nation building.

It is our dream to build a nation, where no child goes to school hungry ever.

We're here until then. Sincerely,



Narasimhachari Sampath





My mother goes to work in three houses. She leaves early in the morning and hardly stays at home except the night time. My father is a rickshaw puller. I don't see them both much.

I have been coming to school since the last two years. Before the Annapoorna team came, I never got any food till the middle of the day. But now I get very good food like milk, biscuits, bread, and banana in the school. I don't feel hungry and sleepy in class anymore. I study well and have more energy. My teacher also appreciates me more now. I love my Annapoorna uncles and aunties, and I know that they love me too.

Anita Mridha

Kindergarten student Amodi Shishu Bhavan, Kolkata



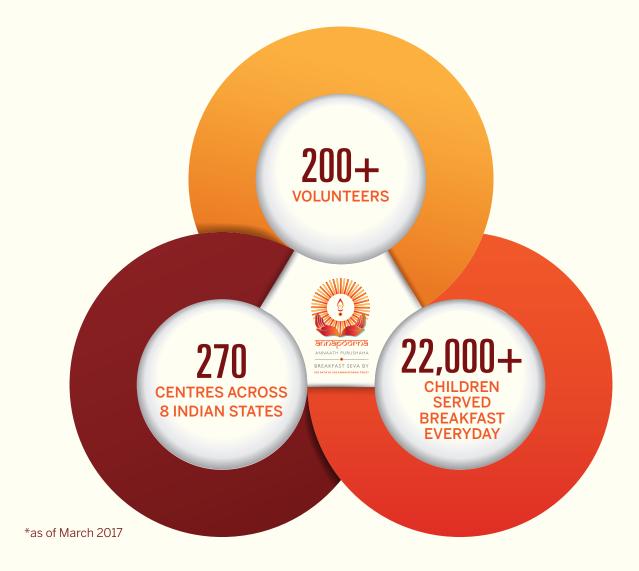
Let no child go to school hungry ever!

THE ANNAPOORNA BREAKFAST PROGRAMME

India is home to the largest number of children in the world. But unfortunately, not all our children have access to well-balanced and nutritious food. The Annapoorna breakfast programme was conceived as a solution to this. In July 2012, a handful of individuals came together and started the programme by serving breakfast to about 50 children at a school in Doddabele, near Kengeri,

Bangalore. Over the years, more schools and children were added to the breakfast chain.

Today, more than 200 Annapoorna volunteers serve freshly-cooked breakfast to more than 22,000 children every day across its many centres spread across the country.



SRI SATHYA SAI ANNAPOORNA TRUST

The Sri Sathya Sai Annapoorna Trust was set up in November 2015. A charitable trust, headquartered in Sathya Sai Grama in Muddenahalli, it primarily oversees all the activities and obligations of the breakfast and allied programmes.



A SCIENTIFIC APPROACH **TO BREAKFAST**

Our breakfast menus are prepared under the guidance of our expert nutritionists' panel and are designed to meet the calorie requirements of growing children. It contains a variety of foods, such as, milk, whole grains, proteins, and fruits and vegetables, to help keep students energetic and ready to learn until lunchtime.

The entire process from planning the menu to sourcing of vegetables and milk, to training of the cooks is meticulously planned to ensure that the breakfast is wholesome in its nutrition quotient and meets the quality standards and cost checks. It is also scientifically calibrated with the prescribed percentages of carbohydrates, proteins, and fibre components, as suggested by nutritionists.

Annapoorna menus are planned to meet the typical nutrition gap of growing children in rural India. They are designed to appease the children's palates as well as achieve a basic blend of nutrients quintessential for their overall growth and development.

Ms Vidhya R

Chief Nutritionist Cloudnine Hospitals, Bangalore (Jayanagar)

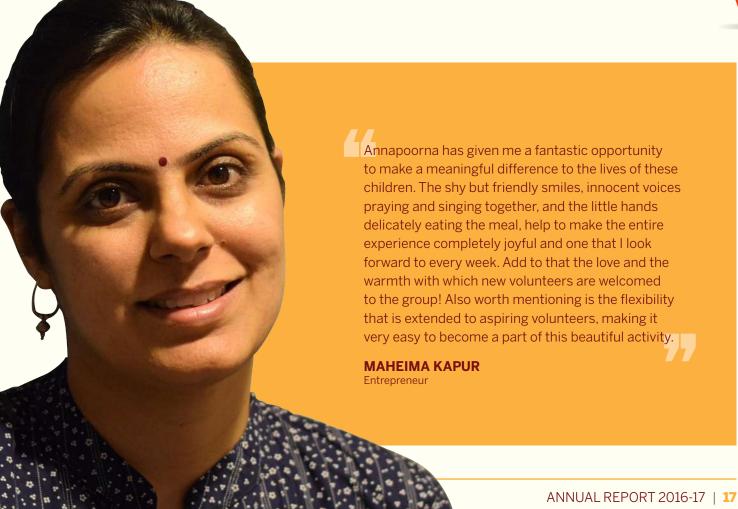
The entire week's offering put together meets roughly about 20-30 percent of the weekly nutrition requirement of a school-going child. This is in keeping with the standard norms worldwide.

QUALITY CHECK AND CONTROL

A check on quality of ingredients is maintained by working closely with the local vendors from whom milk, vegetables and fruits are sourced. This helps to positively engage the villagers in the programme and empower them economically, while keeping a tab on overall costs.

Cooks, who are the backbone of the entire programme are carefully selected to ensure that the breakfast not only meets the nutrition needs of the young bodies, it satisfies their little taste buds too.





FOCUS ON WELL-ROUNDED GROWTH OF EACH CHILD

Annapoorna started out as a breakfast only initiative. But over the years expanded its scope to include health, education, water and sanitation in its ambit to address children's overall well-being and health in a holistic way.



My second daughter, Sanjana, was suffering from severe anaemia. But after she started receiving regular and healthy breakfast in centre, her health has improved a lot. The children are served healthful breakfast every day, with a good mix of fruits, vegetables and milk, rich in protein and vitamins every morning. And if the little children have trouble eating on their own, the volunteers step in, feeding them with their own hands.

VASANTHA B.C.

Mother of a child who receives breakfast at the centre in Doddabele, near Kengeri, Bangalore, Karnataka



HEALTHCARE

Annapoorna conducts regular health screening and dental camps for the children in the schools. The screening tests are designed in line with the guidelines of United Nations and aligned with the specifications of the Rashtriya Bal Swasthya Karyakram, Ministry of Health and Family Welfare, Government of India.

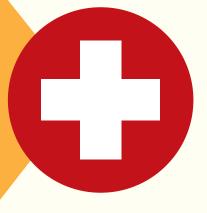
With a focus on the 4Ds in children - Defects, Deficiencies, Diseases and Developmental Delays, we aim to contribute to the children's health through timely detection, prevention, education and medical management.







6,000+**CHILDREN SCREENED** FOR HEALTH **DEFECTS**



*as of March 2017

SAIWHEELS

Societal Advancement & Improvement by Water, Healthcare, Educare, Energy, **Love & Service**

A special bus, equipped with the latest medical devices and applications to screen and diagnose diseases at an early stage is used to conduct health camps at nearby villages and schools.





EDUCATION

True education should enrich the heart and nourish the soul. In keeping with this spirit, the volunteers work closely with the children, parents, teachers and school authorities to ensure that the children are nourished holistically. Through story-telling, group singing and other such interactive activities, children are taught the importance of the secular and universal human values of truth, righteousness, peace, nonviolence and love.

Computer skills, spoken English lessons, environment awareness and other such useful and practical classes are also undertaken for the children after school.

We also sponsor higher education of children who show a keen interest in academics. Till date, over 40 children have received such a sponsorship.

WATER & SANITATION

Access to clean drinking water and good sanitation is a basic human right. In schools and villages that lack these basic comforts, Annapoorna executes drinking water projects and constructs toilets.

Simple and cost-effective RO water plants, biosand filters and other such solutions are developed on a need-basis in the villages. From concept to completion, the entire project is executed in a seamless and scientific manner. On completion, each family is given a smart card that enables them to receive 20 litres of potable water every day.











CORPORATE SOCIAL PARTNERSHIF

Good work always finds company. In the last couple of years, Annapoorna has garnered support and patronage from many corporates and institutions, who are equally passionate about child nutrition and well-being.

Employees from companies such as Oracle India, Sapiens and Cisco, as part of their corporate social responsibility, have put in many hours of volunteering with us and have always come back wanting for more. With each passing year, we have continued to add more corporate partners.







I became aware of Annapoorna during the Oracle Volunteer event. We were interacting with a group of school children in a village on the importance of health and hygiene. But Annapoorna had gone many steps ahead and procured toothbrushes, toothpastes and even set up water filters for the children! Their work in the field of child nutrition is aweinspiring and I hope to continue volunteering with them. Thanks to Annapoorna and my employer, my dream of working for the less-privileged children has come true.

KAVYA MISHRIKOTI Bid Office Support, Oracle India

have been a volunteer with Annapoorna for the past couple of years. A few months back, there was a CSR Competition held in my organisation. Employees were encouraged to present the work and impact of the NGOs they were involved with. I chose to talk about Annapoorna and the impact it was having on the rural children and communities. Out of 31 presentations, Annapoorna was adjudged the best and won the first prize! While I wish more such prizes and recognitions come our way, the smiles and love we receive from the school children will always remain the best reward.

YOGESH SHETTY

Application Developer, Intel



The breakfast programme has transformed the students in more ways than we could ever imagine. One of the Headmasters of a Government school in Chikkaballapur once shared with me that the Annapoorna volunteers had become role models for the students. Some of the students had told him that they wanted to emulate the volunteers when they grow up and serve breakfast to needy students for free! It was both humbling and satisfying to know that we were inspiring the future generation of our country to walk the path of service.

SUNIL TG

Advisor – Service Delivery, Dell EMC

Annapoorna has been a life-altering experience for me. Being caught up in the corporate life, in an imaginary race towards a high-flying position, and limiting my relationships to only close family members was not something I had envisioned when I returned to India from the US after my higher studies. There was a constant sense of incompleteness and shallowness inside. Until one day when I joined a friend in the distribution of breakfast to school students in south Bangalore in 2014. Seeing the satisfaction on the faces of the students, their parents, and the volunteers, inspired me to adopt a slum near my house to serve hot breakfast to the children. Three years later, and having helped served lakhs of hot meals to those children, my life seems more meaningful and is enriched with tremendous positivity.

DR GIRISH SURYANARAYANA



I am always amazed to see children smile and shower us with so much love. I realise that I have received much more than I have given in the entire process. Overall, volunteering with Annapoorna has made me more grateful to the Universe. It has given me a platform to serve the society and pay it forward.

SUMITA DEB

Client Service Representative, CISCO

FINANCIALS

AUDITOR'S REPORT - III

Audit Report under section 12 A (b) of the Income-Tax Act in the case of charitable or religious trusts or institutions.

We have examined the balance sheet of Sri Sathya Sai Annapoorna Trust, AAQTS 3439P as on 31st March 2017 and the Profit and Loss Account for the year ended on that date which are in agreement with the books of accounts maintained by the said Trust or institution.

We have obtained all information and explanations which to the best of our knowledge and belief were necessary for the purpose of the audit. In our opinion, proper books of account have been kept by the head office subject to comments below.

- (i) In the case of the Balance Sheet, of the state of affairs of the above Trust as on 31st March 2017.
- (ii) In the case of the Income and Expenditure Statement of its accounting year ending on 31st March 2017.

ITTA RAGHUNANDAN AND COMPANY

Proprietor M.No. 204929 Firm Reg No. 007467S

BALANCE SHEET AND INCOME AND EXPENDITURE ACCOUNTS

	2016-17	2015-16
INCOME		
Donations	6,736,056	335,001
Interest and other Income	29,367	137
TOTAL INCOME	6,765,423	335,138
EXPENDITURE		
REVENUE		
Amount spent on providing services to students	6,244,504	429,647
Administrative & Maintenance	249,654	-
Total	6,494,158	429,647
CAPITAL		
Water plant	710,238	
UPS	113,725	
	823,963	-
OTHER EXPENDITURES	6,943	700
TOTAL	7,325,064	430,347
*all numbers are in Rs		

SRI SATHYA SAI ANNAPOORNA TRUST

INCOME AND EXPENDITURE

2015-16 2016-17 **SOURCE OF FUNDS** Corpus Fund 918,376 744,791 Current Liabilities & provisions **TOTAL** 918,376 744,791 **APPLICATION OF FUNDS** Fixed Assets 823,963 Investments **Current Assets** 94,413 744,791 Total 918,376 744,791

BALANCE SHEET

GET INVOLVED

There are lots of different ways you can support us. We're a charitable trust and we could do far greater things together.

INDIVIDUALS

Believing that within each of us is the ability to change the world by changing ourselves is the first step in making a difference. Get in touch with us for volunteering opportunities and explore how we can together herald a healthy future of our children.

OTHER INSTITUTIONS

We believe in partnering and joining hands with all like-minded institutions. After all, why work in silos when together we can effect a better change! Besides we can each learn a lot from the other.

You can reach us at Info@annapoorna.org.in

CORPORATES

Corporate social investment is the need of the hour. Active involvement of socially-responsible corporate institutions can give the much-needed impetus to building a well-nourished and healthy India. Through the CSR wing, firms can support any of the causes.

ADOPT A PROJECT

You can adopt a project of your choice from any of our service initiatives in the nutrition, health, education, water & sanitation space or tell us about an area of your choice where we can help. No matter what your heart's calling, together we can find a way to make it happen.

*** EMPLOYEES' DAY OUT**

You can select a day when employees from your organisation can come and spend time and interact with the children at our schools, hospitals or breakfast centres. Tell us what you want and we will organise the entire day's schedule for you. Employees can also help with specific areas of interest that align with the Trust's working model.

SPREADING AWARENESS

As corporates, you can use your brand's presence to help create awareness and support for our breakfast programme. A good word about us from you to your clients, partners, suppliers and associates will go a long way in helping us serve up many more plates of breakfasts every day.



ANNAATH PURUSHAHA

BREAKFAST SEVA BY SRI SATHYA SAI ANNAPOORNA TRUST















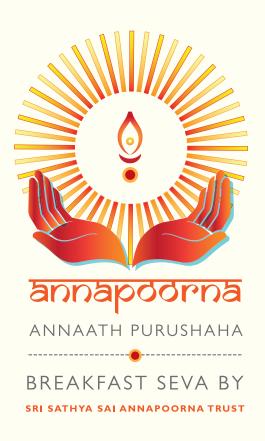












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